



# The SOUTHEAST EXAMINER

SEPT  
2017

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"Your Neighborhood News Source"

Vol 28 No 9 Portland, OR



## Franklin High School Re-Opens Reinvented

BY NANCY TANNER

Thanks to the \$482 million school building improvement bond the citizens of Portland voted for in 2012, Franklin, Roosevelt and Grant High Schools and one K-8 have had or will have a complete makeover, while 63 other schools will receive classroom upgrades.

In SE Portland, Franklin High School reopens for class this fall to a fully modernized school where old and new architecture has been woven together to provide a building for the best possible learning institution for teenagers in the state.

David Mayne, Communications Manager for the Bond Program at Portland Public Schools, has been overseeing these

projects since 2013. This fall he is glad to see both Franklin and Roosevelt are finished and reopening to what he believes is a good use of our tax dollars.

The Franklin Alumni Association also privately raised money so the brick on the new Performing Arts Building (SE 52nd & Woodward) matches the rest of the school. Nike provided funds to pay for the new track and athletic field.

Planning for the Franklin remodel began in 2012 first by forming the Design Advisory Group and Master Planning Committees comprised of parents, teach-

ers, students, service providers and the community. Before beginning, they held over twenty meetings to help define the design and figure out what would work and what wouldn't.

"The prime directive was to preserve the iconic essence of the building," Mayne said. Portland Public Schools (PPS) worked with DOWA / IBI Group Architects and SERA Architects.

Karina Ruiz, Principal Education Planner, and Tonie Esteban, Project Architect at DOWA IBI, both spoke with *The*

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## Affordable Family Housing and Apartments Coming to Powell

BY MIDGE PIERCE

A project that will likely be the largest affordable complex in SE Portland is slated to replace an aging strip club at 30th and Powell.

Portland Housing Bureau (PHB) may have scored a win-win in its plans to purchase the Safari show club property across from Cleveland High School in order to provide rentals for those below 60% of median family incomes and possibly, temporary shelter for families without housing.

The site of the long-standing strip club in the Creston-Kenilworth neighborhood

is big enough to provide a mix of housing types that may include homes for purchase.

At 40,000 square feet, the lot is bigger than a typical City block and is zoned for up to 300 housing units. PHB Chief Kurt Creager said the number may be reduced to something closer to 200 in order to include affordable single family homes along with apartments.

Creager expressed optimism that neighbors won't complain about the removal of the strip club and its replacement with a complex in which the community can take pride.

"The site offers the highest and best use as mixed use urban development," he said in a recent interview. He added that the project, being built through a 20-year bond, has to last a long time.

"It's not unreasonable for residents to expect a project to add value to their neighborhood with open spaces and amenities."

Facing Powell, the project could rise five stories. Closer to residential areas, scale may be reduced for neighborhood compatibility.

Community engagement officer Michelle DePass indicated notifications to the Creston-Kenilworth neighborhood and SE Uplift are beginning. She plans to notify all segments of the population from homeowners to the homeless. "I have not heard one negative comment so far," she said.

Bureau staff understand it is not easy to satisfy unmet housing needs. In its efforts to provide housing for all, some City goals of providing affordability have misfired. Private developers are driven by profit and sometimes find work-arounds to rules like Inclusionary Housing.

Currently, the City boasts a glut of

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## Portland Map App

BY DON MACGILLIVRAY

Many people in Portland are concerned about the building boom currently underway within the inner city neighborhoods.

Recently Portland's Bureau of Development Services (BDS) has made it easier for citizens to find out about the new developments and related issues going on in their area.

It is a customized search tool connected with Portland Maps ([portlandmaps.com](http://portlandmaps.com)). There are records concerning: Land Use Reviews Early Assistance, Public Registry, and Final Plats that will give the user a "heads up" regarding development changes in Portland.

The City has given many presentations to community and business organizations on how to use these new tools. City staff continues to be available to meet with those wishing to learn more about these new features.

The basic instructions on how to use these new features are as follows. Go

to [PortlandMaps](http://PortlandMaps) and then to "Advanced" at the top of the page. This is a pull down menu and pick "Land Use." Then pick either a specific area or the "Review Milestone Status" and select "All."

This gives you a list of all the Land Use Reviews in progress.

By clicking the number in the circle on the map above you can drill down and find the any specific application number in progress. By clicking on "View in PortlandMaps" you will find the application as submitted.

Portland Maps is a rather complex and large data base and the lay person might need some directions about how to find what they are looking for.

Go to [portlandoregon.gov/bds/article/649215](http://portlandoregon.gov/bds/article/649215). This link gives instructions for using it. The contact person at BDS is Ross Caron at 503.823.4268 or email [Ross.Caron@portlandoregon.gov](mailto:Ross.Caron@portlandoregon.gov).

Another useful feature has recently been added to Portland's Map App. While public responses and testimonies are avail-

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## SE Updates

BY MIDGE PIERCE

Peacock Lane is on track to be the first of three SE Portland neighborhoods considering a National Historic District designation to actually receive it.

State Historic Preservation Officer Ian Johnson is optimistic the iconic Christmas street's nomination is solid enough to sail through the national process.

Pre-approved by the state, once in the

National Park Service queue, it could take as few as 45 days for the park service to review it and reach a final decision.

Johnson says the Peacock Lane nomination was well-supported by neighbors despite of, or because of - a new-build on a recently split lot. With that exception, all houses on the block are 1920s English cottage-style structures

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## Local Seahorses proprietor co-authors book

By JACK RUBINGER

It's a cliché to say Don Hudson is a born salesman; he's more of a consultant. As a matter of fact, he almost immediately offered me valuable insight into being the dad of a teenager – be an advisor, offer some ideas and suggestions – see what happens.

Coming from another dad with four kids ages 2 - 25, that insight was helpful as my son is about to enter high school.

"Teens are Know-it-alls," Hudson explained. "We teach them everything from 0 to 13, so they have that knowledge base. They just lack the wisdom to put it all into place. We have to allow them the opportunity to fail."

This type of thoughtfulness is reflected in just about everything Hudson sells at Seahorses, a kids/dads store that's been on Hawthorne for about two years and growing wonderfully.

Hudson was a stay at home dad for five years and has conducted extensive research into dad's buying and shopping preferences.

"If asked, most dads will say that they are buyers, not shoppers," explained Hudson. "They go into a store with a specific item in mind, they give themselves a time limit, they get it and they leave."

Hudson believes that dads are in fact shoppers given the right environment. They just need to feel comfortable shopping, especially when it comes to items to engage with their kids.

A tour of the store showcased a number of cool items you don't typically see at mom-type kids



Seahorses owner and author Don Hudson

stores: wooden cars and trucks, a play coffee machine and what Hudson calls a sibling dispute settlement device: a soft dueling stick that kids can whack each other with without hurting one another.

"Dads tend to bond with their kids in two basic ways – play and imitation. So many of the things we carry enable dads and kids to do these things such as matching dads and kids t-shirts and toys that a dad would likely want to play with.

"A dad would more likely want to play with a wooden coffee set rather than a plastic tea set, but the end result is the same: bonding time with the kiddo," said Hudson.

Hudson finds merchandise at expos and toy shows where there is a lot to pick over. Whatever he chooses, it's got to be innovative, durable, functional and fun.

Customers love the baby strollers/carriers by car rack manufacturers like Thule, and a collapsing shot glass that's not necessarily for that "emergency shot of bourbon". Rather it's so adults can use it to allow their toddlers to get a better drink from a water fountain.

Another example that seemed unusual for a kids store, but not a kids/dads store was the array of fine shaving accessories – brushes, safety razors, old fashioned razor blades, oils and shaving cream.

"When I was at home with the kids, it was such a luxury to take an uninterrupted shower. Getting into the ritual of shaving gave me a boost when I needed it," said Hudson.

Hudson's deep dive into the world of dads was driven into a book he co-authored called, "Dadly Dollars," which was written to educate businesses, advertisers and parents about an untapped consumer – dads.

In some ways, it is a political book that endeavors to create a greater understanding about the role of dads in families, which in turn strengthens the whole family unit.

What Hudson learned through working on this book and running Seahorses is that dads are capable of displaying a broad range of emotions and feelings about their families. They're not limited to simply feeling just exuberant or angry.

Earlier in his life, among other lines of work, Hudson was a professional musician, built elevators, and served in the Navy.

"Advertisers can do more than just change tag lines," he said. "It's time to rethink the audience and see dads as multifaceted human beings.

"For example, dads are typically very tactile. So to appeal to that sense is important. This shift benefits both moms and dads. Dads really aren't marketed properly or at all."

Meanwhile, Seahorses continues to evolve as a community center, performance stage and testing ground for cool and innovative products and services for the entire family, with a strong focus on dads.

Seahorses is at 4029 SE Hawthorne or online at [seahorsespdx.com](http://seahorsespdx.com).

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Serving residents of Hosford-Abernethy, Kerns, North Tabor, Laurelhurst, Montavilla, Mt. Tabor, Richmond, Buckman, South Tabor, Sunnyside neighborhoods. Circulation 26,000 (including 21,500 mailed copies). Founded in 1990

Published the last Saturday of each month.

PO Box 33663, Portland OR 97292-3663

Phone 503.254.7550

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[www.seexaminer.com](http://www.seexaminer.com)

Business Directory: [www.inseportland.com](http://www.inseportland.com)

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# Portopia eclipse effect: watching whales or nirvana

By MIDGE PIERCE

For a brief cosmic moment last month, moonshadow banished discord from the Land. Through first bite to rainbow-like sunbeams, daytime turned into the unifying magic of total eclipse.

If you weren't on the path, day turned to "meh." You are so over it. Maybe you've sought asylum in Oregon City, mocking umbrella-filers and monument-topplers with impunity. Deep down in your scaredy-cat soul you feared having a flat in Boring, missing symbiosis at the geek fest in Prineville or actually seeing another car over Santiam Pass.

True Portopians – ignoring dire warnings – sought science, revelations, sparkles, unicorns, awe. Around me, all were mesmerized. Dysfunction vanished in afterglow for hours. Toddlers, immobilized in car seats for a chunk of childhood, were perfectly behaved. Throngs of fellow travelers (eventually finding each other) discovered Zen in post-event traffic. Some abandoned vehicles to foot the final 47 miles back to Portland, yet nary a car horn beeped. Would that the world and family were always so.

I am no neophyte to celestial events since coming of age during Aquarius. Years ago I traversed four states for a solar eclipse wasted on youth and questionable substances. I know retellings are obnoxious. So for 2024, I'm only packing grandmotherly advice:

Close is not good enough.



Small eclipses from a leaf shadow in Portland

Between partiality and totality, an astronomer said, the difference is like a peck on the cheek vs. a night of nirvana.

When in doubt, follow NASA. A discrepancy in online path data led my group deep into a canyon casting X-file-ish shadows under dimming skies. Every step gained us extra seconds of silver-lined wonder.

Know to look for lunar snakes, Bailys beads, big horizons and diamond rings. Have Kleenex ready when coronas dance around cyclops moon.

Roosters, friends and loved ones nearby are mandatory. They will crow.

Do not question folks heading Southwest when the moon is racing Southeast.

Avoid doomsayers; but do carry a three-day supply of food and water.

Unless you crave endless amber waves of grain enroute home, ignore the map app. It will misguide you – and 30,000 other

fellow travelers off the feast of highway onto 8-hour backroad gridlock featuring roadside attractions like lounge chairs bearing sketchy witnesses holding signs announcing the End is Nigh. Ignore hot potato children taking nature breaks out car doors.

Do not compare videos, share visions or start moon 'splaining, per family dysfunction. Later, pound memories into kneecaps running Hood to Coast's 199-mile relay.

Adjust expectations that eclipses melt ice caps, purge White Houses or forgive college loans. Accept that whether your experience lasts 44 seconds or 200, it is not enough. Too soon, dementors, climate deniers and flat earthers will again obscure clear views.

Finally, pass up metaphors but do redefine our tiny place in the world. Yes Portopia. Just beyond totality's reach, your perspective needs a reboot. That observation another day...

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# Representatively Speaking

By Rob Nosse, STATE REPRESENTATIVE

### Looking back on the Session

I’ve had some time to reflect on the 2017 session since it ended in July, and it’s safe to say things were harder this time around than they were in my first term. We started with Donald Trump installed as our President, M 97 failing at the ballot, and a budget deficit of \$1.6 billion short of what we needed to fund schools and avoid deep cuts in the services we offer.

In spite of tougher working conditions, we accomplished more than a few things that I am proud of.

Just about every Oregonian has health insurance. We are almost at universal coverage. We found a way to generate enough savings within the Oregon Health Authority and among the Coordinated Care Organizations that deliver the Oregon Health Plan

as well as raising enough taxes on hospitals and insurance plans to cover the cost of the Medicaid expansion under the Affordable Health Care Act. We can afford to continue to offer 1 million Oregonians – a quarter of our state’s population – health care via the Oregon Health Plan.

Given the make-up of the US Supreme Court we are likely to see an attempt to roll back Roe v. Wade. Knowing such a threat is looming, we passed the Reproductive Health Equity Act, insuring that access to all reproductive health options including abortion services would be available for all Oregonians, regardless of a person’s ability to pay.

We passed a transportation package so we can maintain roads and bridges and make meaningful state investments in transit and “Safe Routes to Schools” – a first in our state’s history. There have been a number of high profile traffic deaths in our district. The funds this bill raises will go a long way toward protecting Oregonians on the road and pedestrians who walk on the sidewalks.

We also passed a bill to lower the speed limit on the residential streets in our fair city. Who knew that ODOT pre-empted a local jurisdiction’s ability to lower its speed limits?

Despite laws on the books that clearly say it is illegal to discriminate in pay and benefits based on gender, we know that women still earn up to \$.30 cents less per hour than men. In recognition of that problem, we passed one of the most aggressive pay equity bills in the Country.

We passed the most progressive legislation of its kind in the United State regarding scheduling for workers in the service, retail, and hospitality industry. No more “just-in-time” sched-



Representative Rob Nosse

uling. Workers in these sectors will be given an actual schedule a week in advance and up to two weeks in advance starting in July of 2020 that cannot be changed without their consent.

We made it easier for a transgendered Oregonian to change their identity documents – driver’s licenses and birth certificates.

**With that said here is what needs to get done and is still worried about.**

We did not reform our business tax structure, and thus we did not raise the revenue we need to shore up state services and make investments in our K-12, and community college and public university system. We could not find the one Republican vote necessary for a 3/5 majority in either the House or the Senate. I hope the 2019 session will be different.

While we improved funding for statewide housing programs, we barely made a dent in this problem. HB 2004 was weakened to the point of almost being meaningless, and we still could not pass it in the Senate. As long

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# Neighborhood Notes

## North Tabor

By Gabe Frayne

Sgt. Randy Teig of the Portland Police Bureau’s Neighborhood Response Team presented at the August meeting to address concerns about the visible increase in homeless encampments and related activities in North Tabor and surrounding areas over the past year or so.

In a nutshell, the problem is complex. Teig spoke of a “tone of incivility,” which he described as disorder without serious crime. Yet the appearance of tents, discarded needles, human waste, abandoned vehicles and other detritus clearly creates an atmosphere of incivility for many residents.

Teig spoke repeatedly of “separating the homeless from the criminals” out on the street, but this seems to be a gray area where property crimes are concerned. He estimates that “about 70 percent” of Portland’s homeless (at least living on the street) are addicted to either heroin or meth, which obviously incurs property crimes such as car prowls and bike thefts.

Much has been made of the increase in Portland’s homeless population in recent months. In June the Oregonian reported that the homeless population now exceeds 4,000, a 10 percent increase in two years, while fewer people are actually sleeping on the street - 1,688 - a 12 percent drop from two years ago. Teig cautioned that no one factor – be it addiction, mental illness, or unaffordable housing –accounts for the increase.

Another factor mentioned by Teig was the chronic shortage of patrol officers on the Portland police force. Although the city government has reversed its policy regarding camping on public spaces, it may take several days for the police to clear an encampment, and the delay is even longer on ODOT spaces such as highway embankments, which are outside of PPB jurisdiction.

The PPB has now established a “one point of contact” system to report illegal encampments or prolonged camping in vehicles, using the webpage ([www.portlandoregon.gov/campsites](http://www.portlandoregon.gov/campsites)) or PDX Reporter App from an iPhone or Android smart phone. Those without access to the internet may call and report non-emergency concerns to 503.823.4000.

All residents are welcome to attend the monthly North Tabor Neighborhood Association meeting on Tuesday, Sept. 19 in the basement of the Community of Christ church at 4837 NE Couch. Residents are urged to attend the annual meeting on Tuesday, Oct. 17 at which board elections will take place. There are currently six vacancies on the board and any North Tabor resident is eligible to run.

The Providence Portland/Laurelhurst/North Tabor Neighborhood Association, joint annual neighborhood meeting will be Monday, Oct. 11, 7 pm in the Social Room at Providence. One of the agenda items will be how the hospital is planning for an emergency (i.e., the Big One), and one of our Neighborhood Emergency Team representatives is on the agenda too.

## Richmond

By Jonathan King

Richmond Neighborhood Association held its monthly meeting August 14 at Waverly Heights Church. Sheila Parrott, Program Specialist at PBOT, gave an update on Lincoln-Harrison Greenway improvements aimed at addressing speed and volume deficiencies on the greenway. \$170,000 in project costs will be used to fund speed bumps, speed cushions, semi-dividers and crossings, etc. The next steps will be to hold Open Houses in October (venues to be determined) and to send notification letters to SE Lincoln residents.

Brian Hochhalter requested a letter of support from the RNA addressing speed and volume issues on 32nd Ave. The Board agreed to prepare a letter. Allen Field introduced a proposal to improve the SE 45th & Woodward Trail. The RNA decided to request SE Uplift to be a fiscal sponsor. If funded, the project would be completed during the summer of 2018. Another application is pending for a planter project and should combine with trail improvements.

Publication of the quarterly Richmond Neighborhood News will resume this November. Board member Rob Mumford will be the new Editor.

James Ofsink of Just Energy Transition, requested the RNA’s support of a ballot initiative addressing climate change to generate \$50 million in revenue with a potential \$200 mission including investments. The RNA agreed to write a letter of support and to invite the presenter back when the approved ballot language is prepared.

A motion to purchase a 70 inch monitor for RNA monthly meetings was briefly discussed. A vote will be taken after discussing insurance and usage issues with the Waverly Heights Church.

The Graffiti Task Force continues its monthly meetings on the 4th Tuesday of each month at 7:30 pm at D Street Village. Volunteers interested in helping keep our neighborhood clean can contact Adam Meltzer at [richmondgrtf@gmail.com](mailto:richmondgrtf@gmail.com). A small monthly expenditure was approved for a Squarespace Platform.

The next RNA meeting will be Monday September 11, from 7-9 pm at the Waverly Heights Church, SE 33rd and Woodward St. Meetings are held in the church basement with the entry door on the east-side. Additional info can be found at [richmondpx.org](http://richmondpx.org).

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# Community News

## Automobile Recycling

BY BONITA DAVIS, MASTER RECYCLER AND SUNNYSIDE RESIDENT

Cars really do come to the end of their road. That is what led me to Metro Metals in NE Portland to learn what metal recycling is all about, specifically for an automobile.

Metro Metals Northwest, Inc. is the largest industrial-based scrap metal company in the region. Surrounded by massive bins of neatly sorted metals, ferrous and non-ferrous (aluminum and copper), I was struck by the enormous scale of the metal recycling operation that covers some 25 acres and 75,000 sq. ft. at the Columbia Blvd. site alone.

Oversized cranes and specifically designed machinery moved everything from piping, fencing, automobiles and appliances to their next processing station.

Thanks to a guided educational tour with Charlie Neal, Metro Metals Northwest Buying Manager, I was able to follow an automobile through the shredding process. An impressive 99% of steel in a car is reused, and recycling is more environmentally friendly than extracting ores.

The process begins with making sure all documentation is in order, and all fluids drained from a vehicle. Fluids are safely contained for reuse, recycling and transport. Vehicle parts such as radiators, catalytic converters, etc., are removed, flattened, baled and grouped.

Next, flattened vehicles and other scrap are transported to Vancouver where they form a huge mound of scrap metal. The blue car I was following was dwarfed, hardly noticeable as an object in the enormous pile of metal that was ready for shredding.

Specialized cranes with oversized claws and huge magnets made quick work of scooping up

the car and everything else around it and delivering it to an oversized conveyor system that dropped it into the shredder.

In less than 10 seconds, the shredder literally tore the metal into fist sized pieces creating a mountain of valuable metal destined for domestic markets, SE Asia or India.

Sorted from the metal and forming a smaller mountain was a greyish ASR, or Automotive Shredder Residue from the non-metal parts of the car included plastics, foam, upholstery, etc. Referred to as "fluff," this material is used as 6" cover material for landfills. The blue car was now new manufacturing material.

Time to part with a car? Sell it, trade it in, scrap it or consider the benefits of donating to a local non-profit that accepts all forms of vehicles and craft.

Some may use the donation for their program, recondition it for resale, sell it auction or scrap it. Your favorite non-profit may advertise that they have a car donation program, or a quick internet search will produce at least 3 dozen local charities that will accept your car.

The process is simplified by the provision of towing, help with the DMV paperwork, and assigning a donation value amount for tax purposes.

Learn more at [oregon.gov/ODOT/DMV/pages/vehicle/sell](http://oregon.gov/ODOT/DMV/pages/vehicle/sell). The IRS has a helpful site, at [irs.gov/pub/irs-pdf/p4303.pdf](http://irs.gov/pub/irs-pdf/p4303.pdf) that guides how you assess a charity asking for the donation, determine if you qualify for a tax benefit, how to set the value of your vehicle, and your responsibilities as a donor.

Go to [thebalance.com/how-are-cars-recycled-2877944](http://thebalance.com/how-are-cars-recycled-2877944) to see video of the car recycling process.

*Learn more about Metro Metals Northwest, Inc. at [metrometalsnw.com](http://metrometalsnw.com), 5611 NE Columbia Blvd., 503.287.8861*

## LWV discuss Oregon's budget

The League of Women Voters of Portland's kick off the Civic Education Program for 2017-2018 with a panel discussing how Oregon will thrive in the current fiscal environment, despite the defeat of Measure 97 last November.

The panel includes: Michael Dembro, Oregon Legislative Senator SE/NE Portland; Jeremy Rogers, Oregon Business Plan (Oregonbusinessplan.org); and someone from Oregon Department of Administrative Services. Barbara Dudley, League member and Adjunct Professor, Hatfield School of Government, Portland State University, will moderate.

This free and public meeting will be held on Sept. 12 at 7 pm at the Multnomah County Boardroom, 501 SE Hawthorne Blvd. The program will be recorded for rebroadcast and online streaming by MetroEast Community Media, shortly after the panel presentation, at [lwvpdx.org](http://lwvpdx.org). League office 503.228.1675, [info@lwvpdx.org](mailto:info@lwvpdx.org)

## Laurelhurst Park

Friends of Laurelhurst Park will be sponsoring four work parties in concert with City Parks and Rec to beautify and care for the park by pruning, weeding, mulching, planting as needed and removing invasive species such as ivy and holly.

The events are opportunities to have garden fun and make new friends. During the fall months work events will occur from 9 to noon on September 13 and October 11, 23 and 28.

There have been significant new developments at the park over the past several months:

After several serious incidents earlier in the year, City enforcement has reduced camping in the park and car camping on the adjacent roads. With risk reduced, there are lots of people at the park again. Picnic, play or run your dog in designated dog park areas.

As a result of FLP advocacy following several injuries, handrails are scheduled to be installed on the brick stairs into the park from Ankeny St. The design will match the era and style of the park and contribute to the safety of park visitors.

There is good work to be done and friends to meet. So all are invited to join in FLP work parties.

Find them on Facebook at LaurelhurstPDX.

## Dahlia Festival



This year's Old House Dahlia Festival will be held on September 9, 10 and 16, 17 from 10 am – 5 pm, 11600 Highway 101, 8 miles south of Tillamook. Make a day of it and come to the beach. Walk around the four acres of Dahlia Trails in the beautiful Tillamook County coastal valley close to the Munson Creek Waterfall, a must see in the area.

The fest features 200 varieties of dahlias, and a display garden and sunflower fields. Pre-order your tubers for 2018! Mark will be serving Pelican Beer, Blue Star Coffee and lots of space for a picnic.

Call Mark 503.741.8543

## Occupied vehicles

In addition to increased reports of abandoned vehicles, PBOT has experienced a significant increase in the number of occupied vehicles reported by residents or encountered by the bureau's Inspection Officers.

It is important for the public to understand that the handling of these cases require different tools and approaches than those used for unoccupied abandoned vehicles.

One of the key differences is that state law (ORS 811.195) prohibits towing of vehicles that are occupied. In cases where there is personal property in or around the vehicle, Inspection

Officers legally do not have the authority to remove or otherwise handle this property and there are separate procedures and responsible parties for cleaning the public right-of-way.

PBOT Inspection Officers follow different procedures when encountering occupied vehicles. PBOT's approach is to balance the needs of people living in vehicles who may be in need of social services or other support services with the desire of residents to address safety and neighborhood livability issues that may be associated with these vehicles.

If there is an immediate or

imminent threat to public health or safety, Portland Police will be called to address the situation.

The Police Bureau is able to tow vehicles in very limited circumstances, to address any immediate safety and health threats to the community created by a vehicle. These are known as Community Caretaking tows.

If there isn't an immediate public safety or public health concern, but instead a concern about the vehicle inhabitants, or if the vehicle is creating nuisance or livability issues, PBOT's Inspection Officers will refer the case to One Point of Contact, who then coordinates with social service providers. One Point of Contact will coordinate the clean-up of trash and belongings around the vehicle.

For information about PBOT's abandoned auto program, go to: [portlandoregon.gov/transportation/71693](http://portlandoregon.gov/transportation/71693)

The number to call to check on the status of a previously reported abandoned autos complaint (not to re-report) is 503.823.6814.

PBOT staff remind complainants that all issues relating to public safety should be directed to the Portland Police Bureau either via their non-emergency line at 503.823.3333,



## BUSINESS BEAT

**THE MUSICALITY NETWORK** is a local network of music teachers who come to your home for lessons. Open to all ages and all instruments are available. Visit [musicalitynetwork.com](http://musicalitynetwork.com) for more information and arrange a free lesson at 971.227.4222, or email [info@musicalitynetwork.com](mailto:info@musicalitynetwork.com).

**BEGINNING CALLIGRAPHY CLASSES** – Rock Paper Calligraphy offers classes in South Tabor beginning in September. Learn the versatile art of Italic lettering and Modern Calligraphy in a small class setting. Morning and evening class times available. Good handwriting not a requirement. Three 2-hour classes. \$85 which includes all supplies. Please call or text 503.432.1021 for information and to register. Look for the October 21 one-day workshop at Artist & Craftsman Supply. Learn to make fresh pasta by hand. September 9 from 10 am – 1 pm. Call for details and to register.

## Volunteers needed for Tour of Untimely Departures

Volunteers are needed now for the annual Tour of Untimely Departures at Lone Fir Cemetery.

All positions are available; starting now and up to the evening of the event, Saturday October 28. Volunteers are needed to make this popular Halloween event amazing.

Help protect the cemetery while learning about Portland

history and having fun.

Volunteer positions include: set up, actors, tour guides greeters, ghouls, logistic volunteers, gate, and musicians entertainers. Sign up with family and friends for a fun-filled night.

For more information and to sign up contact J. Swofford at [jswofford@abnormalimage.com](mailto:jswofford@abnormalimage.com).

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# Community News

## Friends of Mt. Tabor walk/run

The 6th annual Friends of Mt. Tabor Park 5k walk/run and 10K run will be held Sunday, October 1, to celebrate autumn in the park.

Prices for the races remain the same at \$25 for the 10K, \$15 for the 5K, and \$5 for kids 12 and under entered in the 5k. The race is a fundraising event to benefit Friends of Mt. Tabor Park. Over the past five years the race has raised over \$7,000 for the organization.

Mt. Tabor Park has a well-designed forested trail system consisting of three trails – the Red Trail, the Green Trail and the Blue Trail – that circumnavigate Mt. Tabor. The Red Trail is a 1-mile loop running counter-

clockwise; the Green Trail is a 1.7-mile loop running clockwise; and the Blue Trail is a 3-mile loop that runs counter-clockwise. The 10K utilizes all three trails, while the 5K utilizes the blue loop.

The 10K race begins at 9 am and the 5K race begins at 9:05. For check in and same-day registration, come to the parking lot near the caldera between 8 - 8:45 am. After the race mingle with other runners and enjoy post race snacks donated by local businesses. There will be a raffle after the race for donations.

To register online or by mail, and to learn more about the race, go to [runannie.net](http://runannie.net).

## Pod closure update

If all good things must come to an end, as a food cart manager at SE 28th Place and Division St. said, things are ending too quickly for the pod along SE Division.

“We had a good three-year run, but we had expected five,” he said.



The food carts known by locals as Tidbit must close or relocate by October to make way for more mixed use development on Division St.

“This is so sad. This was a draw for neighbors, families and tourists,” said Chris Theison of Doghouse PDX as she served grassfed beef creations to long lines on a so-called “slow” weekday.

Doghouse is one of the luckier carts in the pod since it has a second location at SE 42nd and Belmont St. Plus, it may have a berth reserved up the street at 50th and Division courtesy of Joe St. Martin of Scout Brewery and Tavern on Hawthorne, and the Beer Garden that currently serves as the heart of the Tidbit community.

St. Martin is working with a property owner near the Plaid Pantry to establish a brick and mortar tap bar as well as indoor and outdoor locations for a handful of other vendors.

“We were hoping we’d last longer (at the 28th Place site),” said St. Martin, “But anyone who looked at that property and guessed its worth knew this was a short-term location.”

At another cart, a manager said she was scrambling to line up enough special events and pop-up meals to get through the winter. At still another, the employees were unaware of the coming closure.

Residents will feel the loss keenly. “Tidbit food truck pod is so wonderful. These carts are more than just a place to eat, they are a community gathering spot,” writes Richmond resident Lori Hawthorne who had hoped to find a way to stop the closure.

“On any day it’s busy, kids are running around, families and friends are dining, musicians are often playing.

“If you talk with the food truck owners, they admit being very worried about where they’ll go come end of the year as there just isn’t anything else like Tidbit; citing they’ll never be able to earn the income they were able to at this successful pod.

“To have this taken away for another apartment/condo complex, just like everywhere else on Division – it’s devastating.”

The good things that put Portland on the map – its charm, civility and food cart pods – seem to vanish all too soon. *MP*

**EASTSIDE PORTLAND AIR COALITION** is organizing a community meeting with Oregon Department of Environmental Quality about the clean up plan for the contaminated soil and ground water around Bullseye Glass Company (SE 22d off Powell Blvd). Bullseye has filtered their stacks so air is 99% cleaner than it was. However, 42 years worth of toxic heavy metals washed off their roof into their drywells contaminating local soil and reaching the water table. Bring your questions and complaints: September 7, 6:30 - 9 pm, TaborSpace, 5441 SE Belmont St.

**PREPARE FOR ALL TYPES OF DISASTERS** – Thursday, Sept. 14, 6 to 7:30 pm at the Belmont Library, 1038 SE César E. Chávez Blvd., 503.988.5123. Registration required – [multcolib.org/library-location/belmont/events](http://multcolib.org/library-location/belmont/events). Learn about Emergency Preparedness and how to develop social resilience in your neighborhood. A lively, interactive workshop will be presented by local Sunnyside Neighborhood Emergency Team (NET) members. Whether you’re a renter or homeowner, this workshop will provide you with knowledge of the tools and materials needed to take the next steps towards preparedness. After you register, pick up a free copy of American Red Cross *Prepare! A Resource Guide*.

**HEALING 101 LECTURE** – September 21, 6 pm. This lecture focuses on what happens in the inflammation, repair and remodeling phases of healing and how specific exercises throughout each stage benefit proper healing. [newheightstherapy.com](http://newheightstherapy.com). at New Heights Physical Therapy, 5736 NE Glisan St., 971.339.3405.

**RESERVE SPACE FOR THE NEW YEAR’S EVE DANCE** at The Laurelhurst club, 3721 SE Ankeny St. Dance to the John Bennett Orchestra to celebrate 2018. Early reservations are encouraged, as space is limited. Evening attire (Black Tie/Formal Gown or Dark Suit/Semi-Formal). Social hour begins at 8:30 pm. Cost: \$40 a couple if payment received by October 1, \$50 later. Contact Gerry Hubbard at 503.206.4076 for a registration form.

**VIKING PANCAKE BREAKFAST SEPTEMBER 10** – Bring the family to our Pancake Breakfast and start the day with delicious all-you-can-eat Viking pancakes, scrambled eggs, sausage, fresh fruit, strawberry compote, lingonberries, orange juice and coffee or tea served in our charming Bergen Dining Room at Norse Hall. 8:30 am to 12:30 pm. Adults \$8, Children ages 5-12 \$4, Children under age 5 are free. 111 NE 11th Ave. Parking is free.

**CREATIVE WRITING CLASS FOR WOMEN** – Write from prompts that may lead to new stories, poems or essays. Mondays, 10 am – 11:30 am., September 18 - November 6, at TaborSpace, 5441 SE Belmont. \$12 to drop in for a class or \$80 for all 8 weeks. All experience levels are welcome to join this encouraging class. Taught by Pushcart-nominee Linda Ferguson. For information, email [ljdferguson@gmail.com](mailto:ljdferguson@gmail.com).

**PARK(ING) DAY RETURNS TO PORTLAND SEPTEMBER 15!** – Park(ing) Day is your chance to create a mini park! It happens once a year in September and gives Portland the opportunity to re-envision how our public spaces are used. Participants temporarily turn street parking spaces into parklets. An international event since 2006. Park(ing) Day creates opportunities for citizens, artists and activists to create more public spaces. The program inspires creative placemaking and to highlight different uses of the public right-of-way. PBOT wants to encourage you to rethink how streets can be used. See the website for an application and requirements: [bit.ly/2wJ77li](http://bit.ly/2wJ77li)

**SOLVE BEACH CLEAN UP SEPTEMBER 23** – This year’s event will be held in commemoration of the 50th anniversary of the Oregon Beach Bill, which placed our iconic beaches under public ownership in 1967. Thousands of Oregon volunteers come together for the SOLVE Beach & Riverside Cleanup, presented by the Oregon Lottery. Enjoy the outdoors while making a difference this fall as a SOLVE leader at the Beach and Riverside Cleanup, presented by the Oregon Lottery. Get involved today and make a difference for tomorrow. Contact [solveoregon.org/volunteer-beach-riverside-cleanup](http://solveoregon.org/volunteer-beach-riverside-cleanup).

**FREE SUSTAINABLE LANDSCAPE WORKSHOPS** – CEU’s available! Dig it up. Mulch it down. Love your garden, all year ‘round! It’s easy to landscape for clean water and healthy habitat. East Multnomah SWCD offers free classes to help you discover simple steps to creating an attractive, low-maintenance landscape that conserves water, reduces pollution, and attracts beneficial wildlife. All classes are free, and everyone is welcome. Register online at [emswcd.org/workshops](http://emswcd.org/workshops), 503.935.5368. In September, **Native Plants** – discover Portland’s most common native plant communities, learn which species do well in similar growing conditions, and get tips to help them thrive. Wednesday, Sept. 27 from 6:30 - 9 pm at Woodstock Community Center, 5905 SE 43rd Ave.

**VOLUNTEER TAG BUSTER** – Join the Richmond Neighborhood Graffiti Task Force. As an official subcommittee of the RNA, the Graffiti Task Force is always looking for volunteers to help remove graffiti/tags and stickers from street signs and utility poles. Cleanups are held once a month for a two-hour period on a Saturday or Sunday. The next clean up will be Sunday, September 17. from 10 am – 12 noon meeting in front of Safeway at SE 27th & Hawthorne. Meetings are held at the D Street Building, 3050 SE Division, in the 2nd floor conference room. Scheduled for the 4th Tuesday of the month at 7 pm, they talk strategy and tactics, and brainstorm ways to get the word out. For more information or to join the email list, contact Volunteer Outreach Coordinator Nina Silberstein at [nsilberst@hotmail.com](mailto:nsilberst@hotmail.com).

**CREATIVE MEDITATIVE PLANT ART**, Saturday, September 23, 1:30 – 4:30 pm at People’s Coop 3029 SE 21st. To register go to: [peoples.coop/events-calendar/2017/9/23/creative-meditative-plant-art](http://peoples.coop/events-calendar/2017/9/23/creative-meditative-plant-art). We lead hectic, disconnected, and busy lives. Even when we are supposed to be relaxing it can feel like we’re just trying to check something off our to-do list. Creating Meditative Plant Art is a practice for getting out of that “always-going,” goal-oriented mode and slowing down to notice the Sacred all around you.

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**Sunday, September 17, 3-7 pm**

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Contact: buckmanpicnicteam@googlegroups.com

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# Girl Scouts keep busy supporting their SE Community

By MICHELLE FROST

Girl Scouts of America is the preeminent leadership development organization for girls, with programs from coast to coast and across the globe.

Nearly 2 million girls and 800,000 adults participate in Girls Scouts today. GSA believes in the power of every G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader) to change the world, offering scouts the chance to practice a lifetime of leadership, adventure and success.

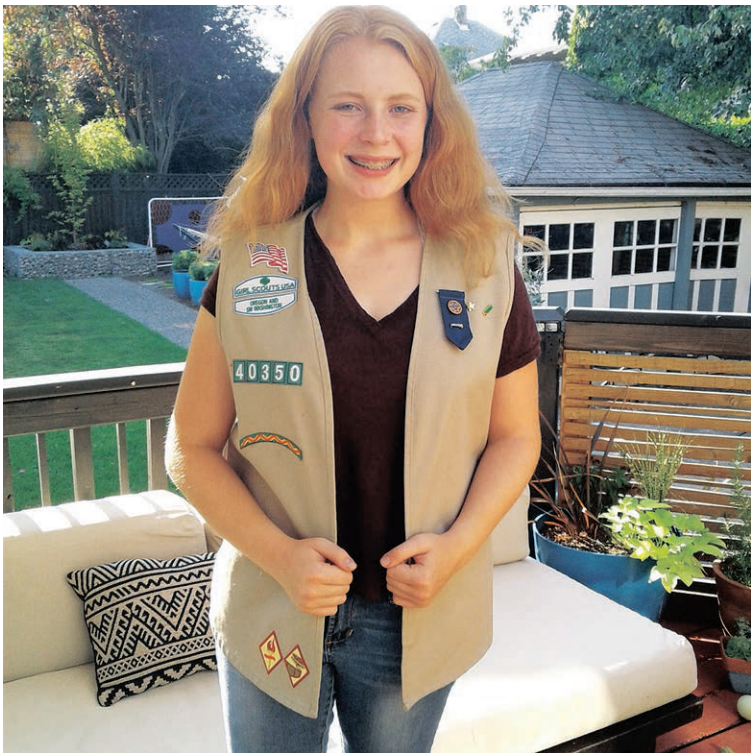
One local scout, Myla Janssen, 14, resides with her family in SE and keeps active in Troop #40350 helping to make her community a better place for everyone, especially pets.

Myla's love of animals led her to choose the Pongo Fund as her 7th grade service project. She is working to achieve her Silver Award, an accomplishment of 50 or more hours of volunteer service, awarded with a pin and badge to wear proudly on her uniform vest.

Janssen currently works with her friend, Emmy, facilitating the For Paws donation box, a drop box for pet food donations, at 3340 SE Division. She is excited for the Silver Awards ceremony happening in late September.

In addition to her GS meetings and activities, Janssen is involved in theater and soccer. She begins as a freshman at St. Mary's High School this school year.

Her interest in Girl Scouts was inspired by friends and her mother when she was in kinder-



Myla Janssen

garten. "I was in the same troop from kindergarten until 6th grade when I transferred to a new troop," she explained. "It's the same six girls since then so we have a lot of fun."

Janssen describes her troop leader, Rachel Shields, as being "so supportive and so nice. It's really hard to get her angry," she chuckles, "We're all friends."

Leading Troop #40350, Shields confesses, "I was a Girl Scout myself growing up. I went all the way through high school, completing my Gold Award, and, as an adult, I got back into the GS organization as a Board Member of Columbia River Council (our council here in Portland before we expanded to a state-wide council) for about 10 or 11 years."

She later became the leader of her daughter's GS troop, which started when the girls were Brownies in first grade. "The girls are all in high school now. It's a lot of fun and I really like this age."

Besides working full time at AWS Elemental, an Amazon company, Shields volunteers at the Children's Book Bank, and serves on the Girl Scout Council's Teen Awards Committee.

That committee approves and awards projects that girls work on for their Gold Award, the highest award in girl scouting.

"Girls are required to meet with the committee to present their project proposal. Their project must be approved by the committee before they can start working on their Gold Award, and once they have finished their project, usually in a year or so, they come back and present to us again to be approved for the award."

"I really enjoy this committee, and find it uplifting to see so many young women have such passion and interest in bettering their community," she explains.

Regarding Myla Janssen's volunteer service, Shields reports, "I am so proud of the work Myla has done to accomplish her Silver Award. She was the sole driver and leader of the entire project."

"She chose the project herself, met with members of the community, like Larry at the Pongo Fund, and figured out how she could help. She was very motivated by her love of animals and her strong ties to the Pongo Fund."

"It has been a delight to see

her flourish and accomplish her goals. I can't wait to see what she does in her very bright future."

Juliette Gordon "Daisy" Low organized the very first Girl Scout troop 105 years ago on March 12, 1912, in Savannah, Georgia. Her vision was to help girls build courage, confidence, and character to make the world a better place.

This welcome note, found on their website, invites young girls everywhere to join in the fun of scouting:

"When you unleash your inner G.I.R.L., you can accomplish anything! At Girl Scouts the next opportunity to stand up, speak up, and take the lead is never far away."

"With us, you'll discover the G.I.R.L. in you, and watch her shine, again and again. Will you find a sustainable solution to a problem in your community? Will you explore the great outdoors? Build a robot? Learn to code? Conduct an experiment? With us, the possibilities are truly endless."

"Discover all you can be and everything you can accomplish when you have the right tools and a safe space to shine and work together to change the world."

"It's no coincidence GSA is 2 million members strong! Girl Scouts are keeping busy all around us every day with award-winning projects that improve the community we share. If you know a young lady who might be interested, see girlscouts.org."

### Girl Scout Promise

On my honor, I will try:  
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### Girl Scout Law

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courageous and strong, and  
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and to  
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respect authority,  
use resources wisely,  
make the world a better place,  
and  
be a sister to every Girl Scout.





Dr. Vino (Rory Olson) is the proprietor of Portland Wine Merchant located at 1430 SE 35th just off Hawthorne Blvd.

## THINK PINK!

If you are so politically correct, why are you so prejudiced against Rosé? Just because a bunch of guys in California got rich selling “Blush Wines” that taste like semi-sweet watermelon juice doesn’t mean that you should dismiss a whole category of World Class Wine without even tasting them. Bone Dry, crisp, full-flavored Rosés are often the ultimate solution to our Northwest-Franco-Japa-Mediterra-Mex-Italian cuisine; not to mention these wines can (and should) be enjoyed all year round.

**The Skinny:** Rosé wines are crafted by taking red grapes and crushing them but then removing the skins after one to three days depending on the color desired. Rosés are almost never aged in oak but rather in stainless steel to ensure freshness. Most importantly, the belief that Rosé wines *need* to be consumed within the first year is almost blasphemy. In fact, most Rosé wines really come into their own in their second year.

**The Classics:** Almost every region that makes wine makes a Rosé, but some of the more popular and easiest to obtain

in the states are from southern France and Spain. Arguably, the best non-sparkling Rosé are made in two French villages; Tavel in the southern Rhone Valley and Bandol on the Mediterranean coast. Rosés from Tavel are produced from the Grenache grape and are darker and bolder than the Mourvedre-based Rosé from Bandol and both being the best, are priced at a premium.

The savvy buyer might seek out Rosé from the Cotes du Rhone (which encompasses Tavel or Rosé bearing the appellation Cotes du Provence in which Bandol lies) offers the same great flavors at a fraction of the cost. Spain produces some of the best valued Rosé in the world and the ones from the Navarra region made from the Garnacha (Grenache) rank among their best. As an added bonus, they are a great base for Sangria.

Offering the same flavors as their Red counterparts but with the benefit of being served ice cold for the hot days of summer Rosés just *rock!*

Experiment with Rosés from other regions and remember: many of these wines can stand up to just about everything from planked Salmon to a grilled Ribeye to Pok Pok’s Ike’s Chicken Wings... You get the idea...

## Rep Speak

from page 4

as the state preemption exists, some form of rent stabilization or rent control will remain elusive.

The Bullseye Glass issue is still fresh in my mind. I am disappointed that we did not provide the funding we need for the Cleaner Air Oregon initiative. Industry lobbyists convinced too many of my peers that the modest fee needed to run the program was too much. Hopefully we can fix that in the short session in Feb-

ruary of 2018.

Finally I am worried about the funding for the Oregon Health Plan. Some Republican lawmakers are pushing a measure to repeal the carefully crafted tax package we passed with bi-partisan support to stand up and fund our state’s Medicaid Program. If this gets on the ballot, we are going to have a divisive campaign over the holidays that could put this program and federal matching dollars at risk, potentially causing over a million Orego-

nians who use this plan to lose health care.

Candidly, the election season of 2018 is already looming large in my mind. If we want to make progress on all of the things that stalled, people in SE Portland are going to have to join up with others around the state and help change the makeup of the legislature.

Watch for future columns about what I hope to prioritize in the coming short session in February of 2018.



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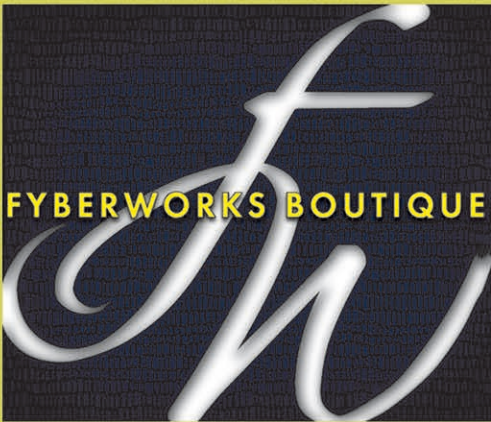
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# BELMONT STREET FAIR

Saturday, September 9 - 11 am – 7 pm

The Belmont Street Fair takes place from SE 33rd to Caesar E. Chavez Blvd. along Belmont and along 34th Street between Belmont and Morrison. Over 200 vendor booths will join dozens of popular Belmont businesses for in-the-street eats, live music, hand crafted goods and a green grass lawn at the center of 34th and Belmont.



## Live music!!

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Triple Nickel at 37th  
and near 33rd.



## For kids!

Portland's favorite clowns, Dingo and Olive, kick off the fair at the 33rd Street Stage 11 - 12:15.  
Free bouncy house near Caesar Chavez all day long sponsored by State Farm Insurance.



## New this year!

Fundraising beer garden at the Caesar Chavez side of the fair sponsored by the Oregon Brewers Guild. Donated kegs from Basecamp Brewing, Rogue Ales, Lucky Lab and more help raise funds for the Sunnyside Neighborhood Association and volunteer run Belmont Business Association. Come have a drink and help fund community.



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Jerry Seinfeld



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Going Out

Restaurants

By Nancy Tannler



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Exuding southern hospitality, Sharon Santucci welcomed *The Southeast Examiner* into the newly opened Russell St. BBQ at 4246 SE Belmont St. There's something about her slight southern accent, broad smile and the enthusiasm for barbecue that made it easy to settle in and listen to her story about the restaurant she and her wife Diane started here in Portland years ago.

Sharon grew up in eastern Texas in a town called Gladewater. Her family was given a land grant there two years before the Revolutionary War and they've remained on the land ever since. She had an uncommon and idyllic childhood. They had all the modern conveniences plus there was enough land and family members to raise almost everything they needed to eat. What they couldn't get on their own they traded with neighbors.

They were truly a self sufficient family living off the land. "It was a lot of hard work picking okra, plums, apples and then canning and storing everything in the cinderblock storage my grandpa built. One of my first DIY projects was a smoker," Sharon said. "I built it with a screwdriver and big cans." Slow cooked barbecue was standard faire in their lives.

Diane came from Bethesda, Maryland and on her families regular jaunts from their home through Virginia to the beach, her mother had to stop at every barbecue joint on the way. She was a foodie and loved to try the different pulled pork sandwiches and slaw. Diane grew up with the taste for barbecue too and long before they started the restaurant she made her own special barbecue sauce to use and give away as gifts called Classic. Since the opening of the restaurant, she has expanded the repertoire to include four more barbecue sauces.

As with all adventurous kids, they both left home and landed in Seattle at about the same time where they met, fell in love, married and then started to think about what to do next. They both worked in the food industry, Sharon in the front of the house and Diane turned her culinary passion into becoming a chef. They moved to up state New York for awhile before deciding on returning to the west coast, this time to Portland.

They both had food industry day jobs while they made a business plan to open a restaurant. Experienced in fine dining, they decided they wanted to do something more simple. Barbecue was a natural for them considering their roots. They opened the first Russell Street BBQ in January 2004 barbecuing pork, briquet, baby back ribs, turkey, spare ribs and fried chicken.

"There's a few things we don't serve at our SE location due to the size of our smoker," Sharon said. At the time of the interview one of the cooks had already been there since five in the morning preparing the meat for the 7 -12 hours it requires to smoke the meat in their new wood burning smoker.

Diane has five different flavors of her sauce to choose from when ordering barbecue. The original Classic, Kind, North Carolina Vinegar, Killer and Derby Mustard. The sides include all Sharon's childhood favorites: chow-chow, tomato gravy, slaw, mac-n-cheese, mashed potatoes and gravy, yams, fries, beans, greens, potato salad and chili. With today's carb conscious crowd, a housemade slaw topped with barbecue is becoming a favorite.

"One of our favorite appetizers is a southern favorite: the pimento cheese spread," Sharon said and they use an old family recipe. For dessert, there is always a seasonal fruit pie, which is cherry now, pecan, root beer floats, fried chocolate pie, fruit crisp and more. You won't be left lacking a choice. There is also a full bar.

The aroma of the slow roasting meat is tantalizing and will whet your appetite to savor the many different flavors of barbecue and sides available at Russell Street BBQ.



Sharon Santucci

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## Going Out

## Restaurants

By NANCY TANNER

### Saké Izakaya By Thai Orchid

3272 SE Hawthorne Blvd.  
503.239.3909

The United States is truly a melting pot of different people. We have become familiar with the face of the different nationalities that make this country home, and still some origins remain a mystery to many of us. Fortunately here in Portland we can at least experience the exotic flavors of these faraway worlds in our restaurants. No place is this more true than at the newly opened Saké Izakaya By Thai Orchid located at 3272 SE Hawthorne Blvd.

The owners, Na and Penny (Prapapen) Saenguraiporn, both came to the US to attend the College of Las Vegas, Nevada. Na is Chinese Thai and was raised in Bangkok, Penny came from Udon in northern Thailand. During their years in college, they worked full time while going to school. They married in 1978 and started a family. Upon graduation, Na used his civil engineering degree to land a job at a firm in Las Vegas.

They stayed three more years before the allure of the northwest and a job opportunity brought the family here. Na worked in a Beaverton firm as an engineer until the day Penny convinced him to start a restaurant with her.

"The only experience I had in a restaurant was as a bus boy during college," Na said. This was back before very many people had the idea of opening a Thai restaurant. Eventually, he decided to change careers and enter into the restaurant business, a surprise to himself and his colleagues.

They opened their first Thai Orchid Restaurant in Portland on West Burnside in 1992. Instead of trying to second guess what their customers might like on the menu, they decided to serve just what they ate.

"We like the food we have always eaten," Na said. This includes some of the finest quick fix street food dishes as well as more traditional and complex recipes. Penny is a masterful chef and was able to blend her culinary instincts with the flavors of her Asian heritage to come up with a consistently good, healthy, fresh and flavorful menu. It didn't take long before the word got out that this was good Thai food.

One of the keys to their success when they decided to open more Thai Orchids was to use Penny's recipes at all of the restaurants. The consistency made a difference. Diners knew they would get the same delicious Ma-



Na Saenguraiporn



kimon (drunken noodles) each and every time and at any location.

They offered over 50 dishes, many with a choice of meat, vegetarian and vegan options. Quinoa can be substituted for rice upon request. The various levels of spice meet the tastes of the northwest palate while maintaining authenticity. Fresh ingredients make the food healthy and they use high quality vegetable oil and no MSG.

By 2002 there were nine Thai Orchid Restaurants in the Portland metro area. Their serendipitous meeting at college plus their sense of adventure, talent and work ethic empowered them to take the risks and make the sacrifices to build a successful business and provide opportunities for other along the way.

In 2005 they realized they had done enough, it was time to slow down a little and they de-

cided to downsize. Their niece bought their Vancouver location and one by one they sold the rest except the Barbur Blvd. location and the most recently acquired Saké By Thai Orchid on Hawthorne.

The previous owners at this location and a personal friend to the Saenguraiporns served Thai and Japanese food, so when they first opened, the plan was to do the Thai Orchid menu. Popular demand by the public for sushi and ramen had Penny and Na rethink this decision. Their niece in Vancouver served sushi and Thai so they decided they would do that here too.

"Since this is a smaller location, the menu will be more abbreviated to include the sushi and ramen," Na said, "It will be fresh, well-prepared and our customer's favorites." Now Thai Orchid diners can enjoy the exotic taste of the Orient.



### Sushi



### Ramen



### Thai



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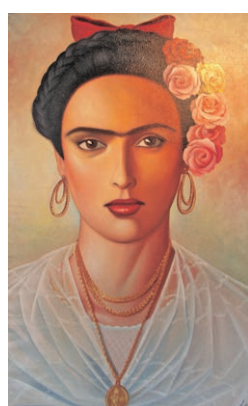
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# Neighborhood Notes

from page 5

## South Tabor

By Sandra Hay Magdaleno

Ute Munger reported that August National Night Out was a success with many more young people than adults attending this year. The water events in the heat were the prime attraction.

Our next big happening is Harvest Festival 2017, September 10 from noon to 4 pm in the Trinity Fellowship parking lot at 2700 SE 67th. There will be door prizes, veggie, tool, and plant swaps, live music, and on-site fresh squeezed apple cider, barbecued corn on the cob, face painting, vendors, informational booths and much more. We hope to see you there. Thank you Duane and all volunteers and benefactors for this great community event where there is fun for all.

The Mt. Tabor Yard project is still in discussion. There will still be an entrance to the park from 64th and Division with construction likely to take place in 2018 or 2019. There has been much talk about the long block going into the park from SE 60th and how it should be utilized. We are in favor of keeping as much park as possible accessible to the public while supporting the needed upgrades to the Mt. Tabor Maintenance Yard. We should know more by the next issue of *The Southeast Examiner*.

Ute Munger is revitalizing the welcome committee whose function is to drop off a gift or two with a bit of information about STNA to our new neighbors as they move in. As a reminder, there are no fees to join STNA (South Tabor Neighborhood Association). Qualification for membership are that you live or work in a business located within our borders between SE 52nd and SE 82nd, between Division and Powell.

STNA was designed to be a forum for fostering livability, diversity, open lines of communication, as well as a liaison and mode of participation with each other and with city, county and state agencies for the health and wellbeing of all.

George Kepnick reported that the Communications Committee is working on revamping our website, making it easier to access and to become a member. We're excited so look for changes at SouthTabor.org within the next month or two.

The 62nd and SE Powell Self Storage application is still in process. There were 30 or more responses by the neighborhood. Many issues are being addressed by the city, PBOT, etc. Currently, we are waiting for a response from the developer and the city. The Land Use Committee, chaired by John Carr, will continue to monitor the progress and work for a viable solution.

The Kellogg School Bond passed. If there are ideas or concerns to make the construction process a win-win for all, email: LandUse@SouthTabor.org

Emergency Preparedness tip for the month by Duane Hanson: Keep an extra bag of pet food on hand. Cycle through the old bags, replacing each time with new bags just as you are doing for you and your family. There are now four people in the neighborhood who are NET trained.

Check out the Montavilla Food Co-op and become a member at: montavilla.coop. Currently there are 600 members. Once they hit the 750 mark great things will happen.

STNA's next committee meetings will be held on Tuesday, September 19 at 7 pm and the next board/general meeting will be held Thursday, September 21 at 7 pm. Both meetings are at Trinity Fellowship with entrance from the parking in the back at 2700 SE 67th. All are welcome. See you there.

## Mt. Tabor

By Laura Smith

Campsites are now a common sight in our city. At the August meeting of the Mt. Tabor Neighborhood Association, officers from the Portland Police Bureau informed attendees that campsites cannot be located in public right of ways, driveways or planting strips. You can report illegal campsites using the City's "One Point of Contact Campsite Reporting System" by going online to portlandoregon.gov/campsites.

Officers reiterated that posting crime information on Nextdoor doesn't get into the City's system, so report non-emergency crimes using the City's website which helps them prioritize and direct resources (portlandoregon.gov/police/cor/).

By now, you've probably driven over the new speed bumps along SE Thorburn which are calming traffic in that area. The Thorburn Safety Project is now focusing its efforts on a crosswalk project. A fiscal sponsorship account through SE Uplift has been set up to help fund the project. If you'd like to make a tax-deductible contribution to this project (or others that SEUL sponsors), go to seuplift.org/donate.

A few land use notices were mailed to MTNA recently that may be of interest. One is for an approved sideyard setback relief for the property located at 1825 SE 50th Avenue where a 4-story, 19-unit apartment building is planned. Another notifies neighbors about the replacement of existing and the addition of new handrails along the existing staircase in Mt. Tabor Park that begins at the intersection of SE 69th Avenue and Mt. Tabor Drive. Also, a short-term rental located at 1714 SE 54th Avenue was approved by the City.

The Weed Warriors have started up again in Mt. Tabor Park. They meet monthly and would love you to volunteer to help. Check the FMTP website for info: taborfriends.org.

The next meeting of the Mt. Tabor Neighborhood Association will be Wednesday, September 20, at 7 pm at Mt. Tabor Presbyterian Church at SE 54th and Belmont, with social time and homemade cookies starting 6:50 pm. For more information, visit mttaborpdx.org.

## HAND

By Susan Pearce

We at Hosford-Abernethy Neighborhood District (HAND) continue following and responding to proposals regard changes in zoning, street designations and greenways/bikeways, as well as the proposed Division Transit Corridor plan.

HAND will next meet on Tuesday, September 19 at 7 pm at Carvlin Hall on the St Philip Neri Campus. The Land-use committee will meet at 6:30 prior to the board meeting if there is a land-use issue for discussion. On Saturday September 23., we will host our annual Clean-up at the Cleveland High School parking lot.

## Buckman

By Susan Lindsay

2017 Buckman Picnic is Sunday, September 17, 3-7 pm at Colonel Summers Park. This year in conjunction with Portland Parks and Recreation, we will have the Grand Opening of the new Buckman Water-World Splash Pad so bring a towel and the little ones to try it out

turn to page 23

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## Going Out

arts • performance • food

## Dance to Pa'lante for Tanzania

Pa'lante is a band for folks who love to dance to salsa, cumbia, and merengue. Once your feet find the music it is difficult to stop and it's a great way to spend an end of summer evening. This month the band is playing in a benefit for the Rafiki Village Project a non-profit whose mission is to improve health, and increase literacy in Tanzanian villages. Read all about it and break out your dancing feet for a good cause and effect. See page 17 for more.

THE RETURN OF THE SIDESTREET  
MONSTER MASH

This pumpkin wearing kitty painting is by Portland artist Malthip. It's on the wall just in time for Sidestreet Gallery's annual Monster Mash, a group show. The Mash brings together regional and national artists to celebrate all things fall, Halloween, humor, the season's turn and the brilliant colors of autumn. This two month show runs Sept 1 - Oct 29. The Gallery is located at 140 SE 28th Ave. See [Sidestreetgalleryportland.com](http://Sidestreetgalleryportland.com) 503 233 1204

Email your event news by the 20th of each month to: [examiner@inseportland.com](mailto:examiner@inseportland.com).  
Visit [southeastexaminer.com](http://southeastexaminer.com) for all the latest city and  
SE neighborhood news, past issues and A&E.  
"Like" us on Facebook too for news updates and conversation.



## Artichoke concerts resume



Ireland's Eunan McIntyre

Artichoke Community Music is open again in its new location at 2007 SE Powell Blvd, and September brings two fine concerts to town including the first one in their new performance space.

The first Artichoke sponsored evening, Saturday September 23, features the award-winning songwriter from County Donegal, Ireland, Eunan McIntyre (eunanmcintyre.com). The evening begins at 8 pm with a set from special guest Matt Meighan (mattmeighan.com). Tickets are \$15 via Brown Paper Tickets (brownpapertickets.com/event/3059590).

Live music is returning too in the new improved Café Artichoke at 2001 SE Powell Blvd. The first is Saturday September 30 at 8 pm with Dan Weber and Alice Howe. Tickets are \$15 via Brown Paper Tickets (brownpapertickets.com/event/3070964).

Their School of Music launches its Fall classes Monday September 11 including instrument, singing, performance and songwriting instruction. Register online at artichokemusic.org/classes/catalog.php.



**Supreme Court** is an extended mural piece a painting with copper collaged elements and crocheted wire made by Bonnie Meltzer, on exhibit for the month of September at Emerson House, 1006 NE Emerson St. Meltzer's other works are about coal, the wonder of rain, clouds and the growing grass. The gallery is open every day from 11 am - 3 pm. See bonniemeltzer.com for more of her work.

## INGENIO PLAY FEST



Marisela Orta

guests.

Seven other plays were selected for the INGENIO Reading Series. Readings will be held throughout the season, starting next January.

INGENIO is free and open to the public. All readings start at either 7:30 pm or 2 pm, September 8 through September 10. No reservations are necessary.

The four selected plays are:

**Friday September 8, at 7:30 pm – Valentino and the Chilean Heiress by Guillermo Reyes.** A wealthy Chilean heiress, Blanca DeMille, meets Rudolph Valentino in New York in the 1910s when he was struggling to survive as a dancer. His relationship to Blanca forms part of Valentino's early rumor and legend and it is presented in a highly stylized, tango-infused, fictionalized version.

**Saturday September 9, 2 pm – I Kissed Chavela Vargas by Monica Palacios.** A memory play with music revolving around three generations of Chicanas and performing, aging, healing, female sexuality and grace. 70 year old Rosa struts around her world in a black slip and heels proving to her over-protective daughter Petra she's not your ordinary retiree. Petra's daughter Blue is at the start of her singing career and has a deep connection with her eccentric grandmother.

**Saturday September 9, 7:30 pm – Shoe by Marisela Treviño Orta.** Giving up college and life outside her family's double-wide trailer in Texas Marta comes to take care of her manipulative mother. A new online relationship reignites Marta's dreams and curiosity about the world outside but her younger sister has other ideas.



Guillermo Reyes

**Sunday, September 10, 2 pm – Los Dreamers by Monica Sanchez.** Scoobi, is a "Dreamer" who came to the US without papers and is finishing school. She lost her boyfriend at war and got a marriage of convenience. A mother/daughter story focusing on the relationship between the mother's past and the child's understanding and acceptance of the present, the story explores immigration, education, and fighting for what you believe.

All readings are held at Milagro Theatre, 525 SE Stark St. See milagro.org or call 503.236.7253



Monica Palacios

## Paratheatre

Paratheatre: What Is It?, a lecture-demonstration with author/astrologer Antero Alli is presented Wednesday Sept. 6 at 7:30 pm at PerformanceWorks Northwest, 4625 SE 67th Ave (near Foster).

The medium of Paratheatre combines methods of physical theatre, dance, vocalization and standing meditation to access and express the internal landscape of the Body's innate sources of impulse, emotion, power, and grace. This intensely process-based work has proven useful to actors, dancers, singers, performers, and non-performers alike ready to break out of ruts and increase their integrity in creative work while stretching their given talents and skills

Alli has written, designed, and directed numerous experimental theatre works since 1975. In a rare public presentation, he discusses the methods of his Paratheatre work while they are demonstrated by those who have experienced the work firsthand. Performance and non-performance modalities of Paratheatre will be discussed, followed by a Q&A.

Admission is \$5-10 sliding scale. For information see paratheatrical.com/demonstration.html



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## Group Uke lesson studio

There's a new ukulele studio in town. The Woodstock Ukulele Studio offers private and group lessons in ukulele performance for beginners to advanced players. Open house is scheduled Sunday, September 17 from 4 to 7 pm, and will be followed by a concert of ukulele music.

Brian Fergus has taught music for twenty eight years and was professor emeritus of the City College of San Francisco. He is a certified instructor in the only notation-based ukulele teaching methodology created by Canadian virtuoso James Hill and lifelong ukulele teacher Chalmers Doane.

Based on ensemble playing, rather than strumming, the group classes are a way for players to understand music theory while playing music along the way.

The studio is located at the corner of SE Tolman and 46th Ave (entrance on Tolman, behind the house at 6305 SE 46th). More information at woodstockukes.com.

## MEET THE CAST OF

## HAND TO GOD



Caleb Schifano



Sarah Light



Chad Schifano



David Weiss



Colton Hunsicker

And me...TYBONE - don't forget that name!



## 'ABSOLUTELY HILARIOUS'

RADIO TIMES

September 7 - 30

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Claudia Nix and Serena Barton are September's artists at the 12x16 Gallery, 8235 SE 13th Ave. No. 5

As seen above, the landscapes Nix paints reveal themselves to her slowly over time. A perceived landscape compels her to draw, sketch, study, and paint it numerous times – distilling, simplifying, and exaggerating in the hope "I can capture what originally was only dimly sensed in the original landscape."

First Friday Reception is September 1, 6-9 pm and artists' reception is Sunday September 3, from 2 to 4 pm. 12x16gallery.com

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## Going Out

arts &amp; performance

## BENEFIT CONCERT FOR TANZANIA

An evening of danceable music to benefit the work of the Rafiki Village Project is coming Saturday, September 16 with the unstoppable rhythms of Pa'lante Latin Jazz Quintet, featuring Francisco Marmolejo and Nick Gefroh. The AfroFolk Project, led by Jan DeWeese will open.

The event includes a visual presentation about the work of the Village Project and a silent auction fundraiser. It is co-sponsored by KBOO Community Radio.

Pa'lante is a Portland favorite bands, playing latin jazz, salsa, cumbia, merengue and timba for listening and dancing. The band features a combination of original members from the genesis of the band, along with new faces. Started in 1985 by percussionist Nick Gefroh, the band is high energy and contagious.

A Pa'lante set moves from spicy Latin jazz to hot salsa, to cumbia, merengue, bolero, and cha cha cha, all designed for extreme dancing. Get a visual and musical taste at palantepdx.com

The Rafiki Village Project (rafikivp.org) is a 501(c)3 nonprofit, founded in Oregon in 2016 by medical specialist David Newman. Its mission is to improve health, increase literacy, and promote economic prosperity in Tanzanian villages. The project is currently working in Gijega, where poverty, malnutrition, illiteracy, and access to clean water and adequate healthcare are among the challenges faced by a community of subsistence farmers.

The benefit is at the Sweeney-Moran Garagatorium, 1711 SE 40th, and begins at 6 pm. Advance tickets are \$30 through brownpapertickets.com/event/3056351. Delicious African food by Black Star Grill and alcoholic and non-alcoholic beverages available for purchase. For more, contact David at 503.236.6752, or email info@rafikivp.org.

## IRMA AND THE VAMPIRE SPIDERS



Local author Kim Kasch is celebrating the release of her first middle grade novel, *Irma The Inventor And The Vampire Spiders*.

Kasch has written a fresh new S.T.E.M. (science, technology, engineering or math) novel featuring a young female scientist and says, "I wrote Irma the Inventor because I love science and new technology and wanted to share my enthusiasm with young girls in a fun, entertaining way."

Kasch is also the author of *Morgaine Le-Fay and the Vikings*, and *The Cats of Cullaby Creek*. For information on how to order a copy, her website is kimkasch.com

**HAND TO GOD**, a new dark comedy, written by Robert Askins and directed by Donald Horn is an Oregon premiere and opens Triangle Productions 28th season.

After the death of his father, Jason finds an outlet for his anxiety at the Christian Puppet Ministry, in the devoutly religious, relatively quiet small town of Cypress, Texas. Jason's complicated relationships with the town pastor, the school bully, the girl next door, and especially his mother are thrown into upheaval when Jason's puppet, Tyrone, takes on a shocking and dangerously irreverent personality all its own. Hand To God explores the startlingly fragile nature of faith, morality, and the ties that bind us.

The show is presented at The Sanctuary @ Sandy Plaza, 1785 NE Sandy Blvd., September 7 - 30. Thursdays-Saturdays at 7:30 pm, and Sunday matinees at 2 pm. For tickets/information: 503.239.5919 or trianglepro.org All seats are reserved.

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## Under the Influence: All Trumped Up

In 2015 the Fuse Ensemble and OUTwright created *Under the Influence*, a serial musical by Broadway lyricist Ernie Lijoi. A successful show that went on to win the 2015 Drammy Awards for Best Original Score and Best Actor in a Musical, it's now updated and reimagined further and rechristened *Under the Influence: All Trumped Up*. It's presented anew September 15 - 30 at the Funhouse Lounge, 2432 SE 11th Ave.

The production is an unapologetically feminist, irreverent musical, tackling the influences surrounding all of us daily, through the life of heroine, Anita: (Anita Drink, Anita Smoke, Anita Cup, whichever Anita she is that day). Whether it's Juan Valdez pushing us caffeine, Barbie giving us body issues, a cartoon character pushing nicotine, or our bartender sliding us another drink, we're all under the influence of something... even Jesus.

Directed by Rusty Tennant and Sara Fay Goldman, opening night is September 15. The show runs Thursdays, Fridays, Saturdays through September 30 at 7 pm with a single matinee September 24 at 2 pm. Tickets are \$15 in advance, \$20 at the door, online at boxofficetickets.com



Sara Nightingale as Anita, by Greg Parkinson

## Raymond Carver stories onstage at Imago

Fans of Raymond Carver will find four of his earliest works staged in Human Noise, three stories and a poem directed and choreographed by Imago Theatre's Jerry Mouawad.

The stories include *Gazebo*, *A Serious Talk*, *Neighbors*, and the poem *Torture*. All the pieces explore the intimate and unusual struggles and passions of relationships. Two of the three stories first appeared in print in 1980. The earliest, *Neighbors*, was published in 1971.

Carver's narratives expose the veins of Northwest Americans. He was born in Clatskanie, Oregon and spent most of his time on the west coast. He crafted stories with tension, history and an impending sense of conflict to come.

Human Noise is presented at Imago Theatre, 17 SE 8th Ave. for six performances: September 21 through 30, Thursdays, Fridays and Saturdays at 7:30 pm. Tickets at Imago, 503.231.9581, TicketsWest at 503.224.8499, or at TicketsWest.com, or at the door. Ticket prices are pay-what-you-will \$10 to \$20.

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# Just fix it

By SAM ADELMAN O.D.

Many of us have electronic devices living in our closets, basements, and garages that we no longer use. Some are broken, others are just outdated. We know they don't belong in the regular trash, but we're not sure exactly what to do with them.

The Portland nonprofit, Free Geek, at 1731 SE 10th Ave., takes working electronics, refurbishes and resells them. They'll take broken electronics and recycle them.

What about that monitor that won't turn on, or that phone with the cracked screen – can it be fixed so we can keep using it? Does anybody even do that anymore?

Yes, they do, at Bridgetown Electronics, 5020 SE Division St.

In the spring of 2015, Kevin Heberlein and Adrian Avery-Johnson packed up their soldering irons, oscilloscopes and spare capacitors, and took the first road out of Madison, Wisconsin. They were searching for a place to open the electronics repair shop of their dreams.

Avery-Johnson had lots of experience managing computer networks and working at a computer help desk, but was searching for a place where he could have more freedom to interact with people with electronics problems. He hoped for a job with a more human way

rather than the robotic fashion that the corporation he worked for seemed to prefer.

Heberlein wanted to put his electrical engineering background to work for the environment by keeping electronics working instead of them being thrown away and replaced.

Their journey ended and began in SE Portland where they opened Bridgetown Electronics Repair. Their motto at this shop is, "If it's got electrons running through it, we'll fix it."

This has included a crockpot that needed a new power cable, a dishwasher with a broken computer control board, countless computer monitors, and a food dehydrator that someone found on the side of the road and brought in to be fixed.

True to Avery-Johnson's desire to work with computers, they don't charge for diagnosing what is wrong with a electronic device. They only accept payment when they have fixed the device.

Repairs at Bridgetown Electronics Repair are done with original manufacturer parts and come with a lifetime warranty.

Avery-Johnson explains the warranty: "We cover any failure of any parts we install. Of course, if we fix a tablet, and you drop it in the lake, that's not under the warranty, but if it fails because a part we installed goes bad, we'll fix that for free."

On a typical afternoon at

Bridgetown Electronics Repair, Avery-Johnson is at the front desk wearing a pink, Free Geek T-shirt and telling a customer that they'll charge five dollars for each of the six broken capacitors in his computer monitor so it'll be thirty dollars to get it working again.

Heberlein is in the back, his eyes fixed on the rhythmic peaks and troughs of their Tektronix oscilloscope as he diagnoses a problem with a circuit board.


Sometimes they are heroes. "The food dehydrator that someone found on the side of the road turned out to need a fifteen cent part, and it was all good-to-go for fifteen dollars," Avery-Johnson reported.

Some things remain unfixable. They recently had to write a customer with a particularly difficult monitor: "We're out of tricks to get this monitor functioning again. I suspect a power rail issue on the main logic board, but have not been able to pinpoint a specific component or series of components because schematics for the board are not available.

"If you'd like to pick it up, I have it reassembled, otherwise we can go ahead and recycle it to save you a trip."

*Bridgetown Electronics Repair is located at 5020 SE Division St. open Monday through Saturday from 10:01 am to 7:07 pm.*

## Business Association News . .



**DIVISION/CLINTON  
BUSINESS ASSOCIATION**

**DCBA Pres.: Jean Baker**  
**email [mjeanbaker@peoplepc.com](mailto:mjeanbaker@peoplepc.com)**  
**Meetings: 3rd Tuesday**  
**OHSU Family Medicine at Richmond**  
**7:30 am**  
**3930 SE Division**  
**[divisionclinton.com](http://divisionclinton.com)**


More changes are coming to the street. Holly Johannessen resigned as our marketing guru and we'll shortly be looking for a replacement for this part time, on the street position.

Paul Stevens has taken over Night Light Lounge at the corner of 20th and Clinton. He says they are revamping the food and drink menus and will open again soon.

The former Serenity House at 35th will be replaced by apartments, five will be affordable. There will be no commercial space in the building. The completed Division Design guidelines will be available in September.

Clay's Smoke House is returning to Division Street. Tidbit Food Farm will close October 8 and everyone will have moved out by the end of October. Housing is going in. Demolition has begun at 33rd and Division, the former Guitar Crazy and Rip City Remedies, on another apartment building. Shanghai at 28th will soon become apartments. Construction will begin soon at the SE corner at 50th and Division, former home of Green Zebra. An arm of the French School is moving into the school rooms in the brick annex at St. Philip Neri. Division Medical Clinic at 41st and Division is in early planning stages, more apartments? Rumor says that Tom's is definitely not for sale. Still nothing definite about the future of the Rite Aid across from Tom's.

Cats Paw Saloon opened at 3565 SE Division. Michael Reyes and Emily Griffith have returned a storage shed to a commercial use. Congratulations. Secret Forest, a used bookstore and Spiritual Shop, opened at 3561 SE Division. Their hours are evenings and weekends.



**HAWTHORNE BLVD  
BUSINESS  
ASSOCIATION**

**HBBA Pres.: Hilda Stevens**  
**[explore@hawthornepdx.com](mailto:explore@hawthornepdx.com)**  
**Meetings: Second Weds. at 8 am**  
**Western Seminary classroom**  
**5511 SE Hawthorne Blvd.**  
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34th Annual Hawthorne Street Fair vendor comments: "Just wanted to thank you for letting us be part of the Street Fair yesterday. It was a good experience and a nice introduction to PDX for my wife and I who just moved here last month from Denver. Many thanks for the exposure! Todd" ([jxrxkx.bigcartel.com](http://jxrxkx.bigcartel.com))

"Thank you for putting on such a well-organized event. We had a great show and connected with people from all over the world who came out for the eclipse festival. We connected with people from Australia, Italy, Montreal, France, Cuba and all parts of the US. Hope to do it again. Danusia" ([feathersbydanusia@gmail.com](mailto:feathersbydanusia@gmail.com))

Thank you to all involved: our sponsors, the 6 am and all volunteers, the 190 retailers, non-profits and information-sharing participants, the Hawthorne businesses that ventured into the Boulevard or had special activities in front or inside, our local newspapers, Annie at Hawthorne Theater, the banner hangers, the State Farm Bounce House, Jane Norberg's Lego Robotics students, Fred Meyer, the fancy campers group, the three young men who took care of the trash all day and into the evening, Katie Meyer's company, Block Party Barricades, who started earliest (5 am) and finished latest (11:30 pm) and the person who took the sod away.

The Toffee Club, Hotlips Pizza, New Seasons, Fernie Brae, Hawthorne Hophouse, Portland Pet Supply and HI Hawthorne's Hostel all hosted activities, too.

Watch for Jackpot Records 20th Year Anniversary Party and Record Show Sept. 30.

Welcome to new HBBA members: 4PDX, 3202; Peaks Coffee, 3340; Hello India, 3500; Seven Virtues, 3538 and Postal Annex, soon to open at 3439 and to our returning members: TeaScape, 1413; Road to Tibet, 3335; Crossroads Trading Company, 3736; The Fernie Brae, 4035; Hawthorne Hophouse, 4111 and Pam Olson's Farmers Insurance, 4828. We appreciate your support!

Thank you also to article sponsors: Hawthorne Vision Center and Rivermark Community Credit Union and to 2017 Benefactors: Jiffy Lube, Fred Meyer Hawthorne and New Seasons Market.



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**BELMONT AREA  
BUSINESS  
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**BABA President:**  
**Constance Ihrke**  
**Email: [cli825@msn.com](mailto:cli825@msn.com)**  
**Meetings: Second Thur. 9 am**  
**Historic Belmont Firehouse,**  
**900 SE 35th**  
**[belmontbusiness.org](http://belmontbusiness.org)**

Looking forward to all the great vendors and district businesses participating in the 22nd annual Belmont Street Fair on Saturday, September 9. Vendor spaces are full. Wait list for vendor spaces through Ticket Tomato at [tickettomato.com/event/4702](http://tickettomato.com/event/4702)

Up to the day of the street fair and for a week after, purchases at 15 Belmont district businesses including Horsebrass Pub, Laughing Planet, Silk and Stone Spa, The Triple Nickel, Saint Cupcake, Rendez Vous and Belmont Eco Laundry are stamped onto passport cards available at participating businesses that count towards gifts and prizes picked up by turning in Passports at the corner of 34th and Belmont during the Belmont Street Fair or at Laughing Planet. Check at BelmontDistrictPDX on Facebook for more Passport details.

Monthly BABA business meetings for the Belmont Area Business Association are the second Thursday of the month 9-10:30 am at the Belmont Firehouse: 35th and Belmont.

BBB events – Belmont Business Beverage networking gatherings – are held at different locations around the district on the fourth or fifth week of the month and posted on the Belmont Area Business Association Facebook page.

More details about the Belmont Street Fair, BABA's Trinkets and Treats event coming up on Halloween, membership, meetings and networking events, contact Karen Hery, BABA marketing and communications rep at [info@belmontdistrict.org](mailto:info@belmontdistrict.org) 503.407.2667.

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Memory is a complicated thing, a relative to truth,  
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*Barbara Kingsolver*

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## Wellness Word

*Editor's note: Wellness Word is an informational column which is not meant to replace a health care professional's diagnosis, treatment or medication.*

### Acupressure and Essential Oils For Stress Management

We are living in uncertain and challenging times. You don't have to look far to find news filled with fear, violence and heartbreak. It is hard to not feel deeply affected by all of this. So many of us are suffering from anxiety, anger, depression, chronic stress and nervous systems that are frazzled and frayed. We need tools that can support and nourish us as we move through our own and our collective growing pains.

By slowing down and taking time for self-care we can use these challenges as opportunities to learn more about ourselves and begin to develop and create strength from within. Essential Oils and the ancient, energetic wisdom of acupuncture and acupressure are powerful allies for us during these times.

It's likely that you've heard the same recommendations from western medicine doctors over and over. Take this pill; try to reduce your stress levels; let's run some more blood tests; let's schedule an appointment with a therapist. Maybe nothing's coming up abnormal, or maybe you've gotten an alarming diagnosis. Either way, you know it's time to start learning better methods of taking care of yourself.

There are so many ways that stress affects our health and wellbeing. Modern science has shown that chronic stress causes health problems, such as high blood pressure, heart

disease, obesity and diabetes. In my practice there are four main areas that I have witnessed stress play itself out on the body causing pain, digestive, sleep and immune issues. It is likely that you have experienced at least one of these and maybe all four.

The good news is that there are simple, safe, accessible alternatives; ways of caring for ourselves through stressful times that we can begin practicing right now. Essential oils and acupressure are two of these ways. Below you will find a few protocols to start using today that will support your nervous system, your sleep, your digestion and immune system.

Aromatherapy uses essential oils extracted from every part of certain plants, flowers, roots, and bark. Even just inhaling the scent of these oils can stimulate brain function and bring about feelings of relaxation and comfort. When placed on specific acupuncture points, essential oils have the added bonus of transmitting a directed message to a targeted area of the body. These oils when used properly can be very safe with minimal side effects.

For great safety information check out The National Association for Holistic Aromatherapy at [naha.org](http://naha.org).

Some suggestions for using oils. Always consult a practitioner.

• Pain/Nervous system tension:

Bergamot Oil on Shen Men – powerfully clears tension from the nervous system. (Place your fingertip lightly in the small triangular indent at the top of the ear) Has a cleansing effect on stagnant feeling as well as limiting beliefs and belief systems. It is a great anti-depressant.

• Digestive Complaints:

Atlas Cedar wood – very tonifying and strengthening for the digestive system. (Three inches below the kneecap in the belly of the muscle on your outer

shin)

Good for people who don't allow support by friends or family, or community. Assists with feelings of belonging, and assists the heart in opening to receive love and support, helps to establish flow in relationships. (Good for people who are constant givers)

• Sleep Issues:

Geranium – when treating sleep issues, it works both on supporting and nourishing as well as releasing any heat that may be agitating the spirit causing restlessness or anxiety. (Three inches above your inner ankle bone in the middle of your leg) Works on the Liver/Heart/Spleen tonifies the blood and Qi and harmonizes the Shen. Also, it's a sweet oil, which makes it a regulating, harmonizing and restoring.

• Immune Challenges:

Rosemary really gives the immune system a nice boost, when you use it, you are helping release the exterior or push out a pathogen.

(In the center of the muscle on your hand between the thumb and pointer finger or with the elbow flexed press on the lower, outer edge of the crease on the top of the arm near the elbow)

Physiologically, Rosemary is a respiratory stimulant, mucus expectorant, anti-infectant, digestive stimulant, detoxicant, CNS restorative and pain reliever.

It is helpful to have tools in your toolbox that will support you through difficult times. Stress may be inevitable but how we deal with and relate to it is a choice each of us gets to make everyday. These simple self-care techniques will have a profound effect on your overall wellbeing and you can begin applying them to your life right now.

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# Portland Map App

from cover

able for citizens to read, it has often been difficult to find and access.

The City Tech Service Team has created this new version of the Map App with an improved system of finding the testimony of others regarding land use issues.

Now there is a way to see the testimony in real time and the user is able to search and sort this information. This is called the

Testimony Reader and currently it has all the comments and testimony about the recommended draft of the Central City Plan 2035.

Any and all testimony entered electronically will be available in the reader immediately, however the testimony submitted by e-mail, regular mail, or in-person will be entered manually and this could take up to ten days to appear in the reader.

Your selections can be starred and/or organized into personal lists. Additional features

are available by signing into your portlandoregon.gov account.

These tools are especially valuable to neighborhood association advocates that wish to follow the land use developments and changes within their communities.

Being able to see what others are saying with their testimony can be important as it allows everyone to see and learn about different issues and the complexity of initiatives that are reviewed by Portland's city leaders.

# Affordable Housing on Powell

from cover

expensive apartments beyond the reach of many Portlanders. With average rents at \$1970 across all apartment types, including studios, Creager admitted that new builds, for the most part, have been what he called "the wrong kind of apartment, not serving the mainstream."

To adjust the imbalance, PHB delivers programs to "increase the supply of affordable housing, preventing and ending homelessness, and promoting stable home ownership." A draft plan is currently in the works for \$258 million bond package passed in 2016.

Responding to criticism that the cost of subsidized housing is unnecessarily high, Creager said his department is bound by prevailing wage agreements and a state bidding process that can push costs beyond public expectations - up to \$108 K per unit.

The high cost of subsidized housing can impact the design and quality of materials which must be weighed against the demands of affordability. He challenged development partners to step forward with innovative ideas for the Powell Blvd. project.

Adjustments could be made to the existing building that would provide critically needed temporary housing. Since the former strip club is licensed for commercial use, it could be converted into a winter shelter for women and children - a way to keep families together, out of the cold and out of harm's way or domestic violence.

Creager said the housing bureau looked at approximately a dozen other large sites such as bowling alleys, but settled on the Powell site because of its proximity to services and transportation.

No site was perfect. The rapid transit projects' reconfiguration from Powell Blvd. to Division St. is a setback. Environmental remediation is needed to remove dirt fill. Creager called the fill a low level hazard that enabled the City to negotiate a below market purchase price of \$3.7 million and excavation may leave room for underground parking on the property.

Closing is set for the end of September. Permits could begin to get pulled in early 2018 with possible construction starting in 2019.

Some 32 affordable housing projects are in the Bureau's pipeline to chip into the need for 24,000 housing units under 80%

MFI. Homeowners' willingness to add attached dwelling units can also help meet housing needs. The City posited that about 3000 new ADUs would emerge over the next 30 years. The current rapid pace of conversions may increase that number.

Creager called ADUs a good utilization of property to meet projected housing needs. To encourage long-term rather than short-term rentals, ADU pilot projects are currently planned for North and NE Portland in connection with Prosper Portland (formerly the Portland Development Commission).


Other projects on the drawing board include the YMCA site at 60th and Powell formerly owned by the Parks Department. That redevelopment will likely move forward in 2020 with promises to retain a daycare center. While the existing building will be torn

down to make way for a three or four story structure, Creager said the charming exterior could be emulated in the new build, perhaps by reconstructing the existing frontage.

The Clinton Triangle area that includes the Portland fire and rescue property will also be subject to redevelopment at some point, according to Creager. The bulk of new development will be in Lents and in "good geographic areas" East of I-205.

Creager is particularly proud of inroads the bureau has made to help mitigate exorbitant costs of flood insurance that threaten to push families in the Johnson Creek area out of their homes.

A somewhat dubious sign of housing success is the recent point-in-time homeless counts that show an "only" 10% rise in homelessness in Portland, compared to a 30% rise in Seattle.




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John Lennon

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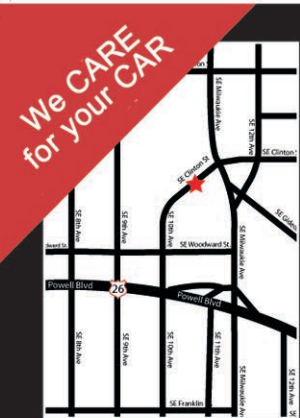
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# Franklin HS ready for the Next Century

from cover

*Southeast Examiner* about the development of the project, the challenges and the final outcome. “We began building just as Franklin was celebrating their Centennial anniversary,” Ruiz said. “We wanted to bring out the old building while eliminating and replacing structures that no longer work for today’s learning styles – a home for students for the next 100 years.”

Esteban was the principal architect from the firm who followed the project from the early planning stages through to the finish. DOWA / IBI has a reputation for remodeling schools and SERA, the other architectural firm involved, are experts at historic preservation and renovation. “This was a big, complicated project,” she said. The combined experience made the outcome as spectacular as it is.

Franklin was first built back in 1915, modeled after the Colonial Revival architecture. It is one of Portland’s most beautiful high schools but the interior design was a formulaic factory model with the teacher at the head of the class and the students lined up as audience. Learning styles have changed and the remodel at Franklin reflects these changes.

Today’s students no longer learn best by the one size fits all model. There is more collaboration, connectivity, project-based learning and personalized instruction. The newly-designed classrooms intermingles career paths, so rather than just funneling a student through a program, they are introduced to other possibilities and choices for expanding career ideas.

The new west wing houses the performing arts center with an auditorium that can seat all of Franklin’s students and a couple of smaller stages, which provide state of the art lighting and behind the scenes technology training.

It is also where the CTE / Career Preparedness classrooms are. These include: engineering robotics, metal manufacturing, woods/construction, industrial technology, Black Box (stage), performing arts, science and math classrooms.

“One of the ways we brought the campus together was to shift the playing field 90 degrees. Now the new gym, the biomedical science and the culinary arts building are right next to the outdoor fields,” Ruiz said. Plus, the track was never regulation size so they couldn’t hold track meets and now, thanks to Nike,



The new arts building



First to register



Tonie Esteban,  
Project Architect



Karina Ruiz,  
Principal Education Planner

it is.

There is an interesting anecdote about the football field, known as “The Bowl.” This space was originally planned as a walkway to the school from Division Street but after a heavy rainfall, it caused a sinkhole twenty feet deep in the spot where the field is today.

“One of the most challenging projects was the reinvention of the auditorium into the library. I wasn’t sure how this was going to turn out, but now looking at the results, it is dramatic, cool and functional,” Esteban said.

The stage became classrooms, the ground floor book stacks and the mezzanine a seating area with lots of natural light. Natural light is an important ben-

efit in an educational environment because of the improved focus, less distraction and better student health. Ruiz said the overall new design brings a lot of natural light into Franklin.

Franklin’s has a strong college preparatory curriculum as well as Advanced Placement (AP) courses. They offer: engineering, architecture design, construction, law/constitution, journalism and other bachelor of arts preparatory courses.

The high school has transitioned into not only college preparatory institution, but also offers vocational training to give all students an opportunity to have a marketable skill once they graduate.

When Franklin was first built, it was the fourth high school in Portland and there were 136 students in attendance. Due to the post war Baby Boom in 1947, the school passed a levy to increase the size to 219,574 sq. ft. with a student capacity of about 1,200. The new Franklin is 280,000 sq. ft with 1,700 student capacity.

Esteban appreciates Skanska Construction and all the sub-contractors who went above and beyond to get this project done on time and on budget; especially since working on a hundred year old building often held surprises.

“Franklin represents the yin and yang of preservation. We reinvented and repurposed some of the historic portions of the building while modernizing everything for today’s learning, plus, we stayed in budget,” Esteban said.

“This is a gem not only to teach the children but also for the community.”

## Old House 12<sup>th</sup> Annual Dahlia Festival

This year’s Old House Dahlia Festival will be held on Sept. 9,10 and Sept.16,17 from 10 am – 5 pm, 11600 Highway 101, 8 miles south of Tillamook. make a day of it and come to the beach and walk around the four acres of Dahlia Trails in the beautiful Tillamook County coastal valley. Close to the Munson Creek Waterfall, a must see in the area. Featuring 200 varieties of dahlias, a display garden and sunflower fields. Pre-order your tubers for 2018! Mark will be serving Peli-can Beer, Blue Star Coffee and lots of space for a picnic. For details call Mark 503.741.8543







## Neighborhood Notes

from page 14

immediately following the ribbon and cake ceremony at 3:30 pm.

Picnic highlights: Kids activities, bouncy house, live music w/Lee and the Bees, Cool Schmool, Alex from Korgi and Bass and more. Delicious BBQ meal served starting about 4 pm, and door prizes to lucky winners. This kid-friendly, family-fun event is free and welcomes all.

We several need short-shift volunteers to help set-up, serve and clean up. Contact Rie Nakata, BCA Picnic Volunteer Coordinator, rie@kanemasu.us or sign up via Next Door and the Buckman Community Association Group Facebook links. No alcohol/drug/smoking at the Picnic per Park rules.

This year's sponsors include: Columbia Credit Union, Venerable Properties, Mill Creek Residential, Sera Architects, Coca-Cola, Michael's Italian Beef and Sausage, Wentworth Subaru, Portland Spirit, Sheridan Fruits,

Market of Choice, Revolution Hall, Orchards Hardware, and many more. Special thanks to Hinson Baptist Church and Janus Youth Programs for their assistance.

Contact the BCA Picnic Team anytime with questions and especially to find out how to easily donate cash or in-kind items/gift certificates for door prizes. All donations are completely tax-deductible and greatly appreciated with oodles of accolades at the event. Contact us: buckmanpicnicteam@googlegroups.com and buckmanpdx.org.

Pre-picnic volunteer park clean up – Help clean up Colonel Summers Park on Saturday, September 16, 9 am. Parks will provide the tools/bags and snacks.... bring some gloves and kids and let's clean up the park, All are welcome.

BCA Meetings resume this fall full-time 2nd Thursdays of each month, Board 6:20-7 pm, and General 7-9 pm, and 3rd Thursdays, Land Use, 7-8:30

pm in the Multnomah County Board Room, 501 SE Hawthorne Blvd. To request inclusion on the monthly agenda, email buckmanboard@googlegroups.com. Our next meeting is Thursday, September 14.

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## SE Updates

from cover

that contribute to the historic significance of the block, not to mention the street's popular holiday lighting display.

Eastmoreland's nomination, by contrast, is in limbo. The contentious nomination for a national district in Eastmoreland was returned by the park service to the state which awaits an Oregon Department of Justice ruling on how to count property owners, objections and the estates of deceased residents.

Once the ruling is made, three interested parties: the neighborhood association, Historic Eastmoreland Achieving Results Together (HEART) and Keep Eastmoreland Free will be notified. Residents can then rehash whether to resubmit nomination paperwork.

Laurelhurst, with advocates careful to avoid Eastmoreland's neighbor-against-neighbor feuding, is not yet officially under consideration.

"They're being smart about reaching out to neighbors first

and being clear about the process and what to expect," observes Johnson.

A national designation is considered a way to slow demolition and to preserve the distinctive character of neighborhoods.

Johnson says no saturation point exists for establishing historic districts despite critics charges that districts are overly restrictive and take away housing options. Cities like Phoenix, he says, have numerable districts designed to both serve the city well and preserve rich history.

Among Portland's districts are several on the Eastside: Ladd's Addition, Irvington, Mt. Tabor Park and its reservoirs.

Johnson explains that while other neighborhoods might meet minimum requirements for the national distinction based on age, it takes more than just a collection of nice homes more than 50 years old. Neighborhoods must go through an extensive vetting process and tell a significant story specific to the time period of its development.

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3429 SE Grant Ct. \$575,000  
1910 Bungalow 4 BD, 1 BA  
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## Community Events Bulletin

**Strut your Mutt**  
**September 9, 8am-12pm**  
**Sellwood Riverfront Park**

Strut Your Mutt is more than a dog walk; it's an annual fundraising festival that saves lives. It is one of the few pet-related festivals raising funds for animal welfare and rescue organizations. There are field games, little dog races, raffles, free samples, food trucks, celebrity judges, and an easy walk for you and your dog to enjoy.

**Belmont Street Fair**  
**September 9, 11am – 7pm**

Bring the whole family for a great day of shopping, food, art, fun and music on SE Belmont Street between SE 33rd and SE 39th Avenue.

**Oregon Independent Film Festival**  
**September 22-26**  
**[oregonindependentfilmfest.com](http://oregonindependentfilmfest.com)**

Devoted to discovering the greatest in new filmmaking, the Oregon Independent Film Festival scans the globe to find the best in new cinema, while promoting the majestic state of Oregon as a global film tourism destination. Ticket Sales begin on August 31st, 2017.

**Oregon Fresh Hops Fest**  
**September 29-30**  
**[oregoncraftbeer.org/freshhopsfest/](http://oregoncraftbeer.org/freshhopsfest/)**

The Portland Fresh Hops Fest festival features Oregon craft beers made with hops that are freshly picked off the vine and used within hours of harvesting. A home brew demonstration will be held on Saturday, 9/30 from 12-5pm and admission and parking is free.

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LEFT TO RIGHT: Chelsie Coon, Kevin Caplener, Caroline Easton, and Jan Caplener



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