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Dave Hillman by a picture of Mt. Tabor in Israel

Mt. Tabor Visitors Center Marks Fifty Thousand

BY NANCY TANNER

The Friends of Mt. Tabor Park (FMTP) held a celebration marking the fifty thousandth visitor to the visitor center since it opened in 2011.

On Saturday, September 15, Don and Anna Wesley from Milwaukie, Oregon brought and their six month old baby and Don's visiting parents from Ashland to Mt. Tabor Park for a morning stroll. Little did they know they would be making park history.

On hand to present a plaque and to hand out cake and coffee, was First Chair of the FMTP, Dave Hillman; long time volunteer Randy Lowler; park photographer Andrew Halliburton and his wife Mel, and a few other visitors at the park.

FMTP was established in 2000 when a group of locals decided to help out the beleaguered park crew by maintaining and improving park conditions using all volunteer help.

Over the past eighteen years, subsidiaries of FMTP has included the Foot Pa-

trol and the Weed Warriors. These services have received the Volunteer Service Award and the Spirit of Portland Award.

It was while attending a park budget meeting at Hoyt Arboretum that Hillman first noted the nice visitors center the park has. His first thought was how much that was what was needed at Mt. Tabor Park. Other members of the FMTP were in agreement as was Portland Parks & Recreation (PP&R).

In 2001 the first official meeting of the Friends of Mt. Tabor Park was held. The building where the visitors center is located now was being used for storage, so PP&R was happy to let them use the space. It was easy to transform with elbow grease and a coat of paint.

The success of the visitor center is due to the evolving relationship between the FMTP, PP&R, the Water Bureau (PWB), the Portland Police and the people who have donated time, talent, money and services.

Jan Caplener has donated a series of his historical photographs that portray a visual history of early Portland and the park. Greg Bunker of KB Frames, has generously framed posters and photos, Rick Slagter of Natural Furniture donated a bookcase and PWB donated office furniture.

Other contributions that have enhanced the presentation of the visitors center/gift shop are the topical brochures available thanks to the contribution of Warner Pacific University and the Caplener Group; stickers and paper imagery from Elena and Jeremy of Ninja Stickers; cards and postcards from Andrew Halliburton; postcards by watercolor artist Georgina Ottaviano, t-shirts, sweatshirts and hats with the Mt. Tabor logo, magnets and a few other items that help support the park. Last year they made \$5k.

"We started out with six brochures and now have around one hundred," Hillman said. For any tourist visiting the park they can find out about local events and activities in the Portland area as well as other parts of the state. There are specific brochures that describe the parks timeline, the geological history of the park, the trees of Mt. Tabor Park and more.

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In-depth Look at the Metro Housing Bonds

BY DON MACGILLIVRAY

The Metro bond measure on the November ballot will authorize \$653 million in general obligation bonds to fund affordable housing in Washington, Clackamas, and Multnomah counties. It is Measure 26-199, titled Metro Housing Bonds.

Property owners in these counties will pay an estimated tax of \$0.24 per \$1,000 of assessed value annually. For the homeowner in the Metro area with an assessed value of \$240,000, the tax will be \$57.60 per year.

If the voters approve, Metro will issue bonds to finance the building of affordable housing through purchase, rehabilitation, preservation of affordable housing, purchase of land for affordable housing, and preventing the displacement of low-

income housing.

A no vote would defeat the Metro bond measure and there would not be any additional funding for affordable housing from Metro, thus keeping property taxes unchanged.

The significant reduction of housing construction during the Great Recession and a rapid increase in new residents has worsened a severe shortage of housing for low-income residents in Portland.

Between 2010 and 2016, the median income for a renter increased 19 percent, while the average rent increased 52 percent. Demand for affordable housing continues to outpace supply, especially for those on limited incomes, working families, seniors, and the disabled.

Metro reports that more than 67,000

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Signs of the Times at PPS

BY MIDGE PIERCE

The needle drop-box positioned on the fence in front of the Sunnyside K-8 school is a sign of the times, and while the park the school shares with the community (and sometimes vagrants) is unusual, drug paraphernalia on playgrounds gives parents, and all Portland residents, pause.

The list of PPS worries is long: stagnant test scores, large class sizes, environmental and earthquake threats and the long shadow cast last spring by Parkland.

Parents of kindergartners coming from preschools with locked and coded doors face particular alarm at the open entries adjacent to their five-year-olds' classrooms.

More shock comes when they learn of lockdown drills during the first few weeks of school.

Some ease of mind came in a recent



A needle drop-box

letter to the PPS Community about security enhancements to make school perimeters more secure and control access to school buildings.

Installations will include video intercoms, system override buttons to provide automatic "lockout" control, additional public address systems, speakers in hall-

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SE Updates

BY DAVID KROGH

Mayor's Bureau Assignments

Mayor Wheeler has been shuffling bureau assignments for City Commissioners as he becomes aware of bureau problems.

Since Portland is the last large city in the nation to have a commission form of government, this shuffling will likely continue until a more efficient system of governance is ultimately put in place.

New bureau and office assignments, along with email contacts for the respective City Commission members are as follows;

• **Mayor Ted Wheeler** (mayorwheeler@portlandoregon.gov) Bureaus: Police, Housing, Planning and Sustainability, Development Services Offices: Management and Finance, Government Relations, City Attorney, Budget and Development Com-

mission

• **Commissioner Chloe Eudaly** (Chloe@portlandoregon.gov) Bureau of Transportation (PBOT) Office of Civic and Community Life (formerly known as the Office of Neighborhood Involvement)

• **Commissioner Nick Fish** (Nick@portlandoregon.gov) Bureaus: Parks and Recreation, Environmental Services

• **Commissioner Amanda Fritz** (amanda@portlandoregon.gov) Water Bureau Office of Equity and Human Rights Open and Accountable Elections Program

• **Commissioner Dan Saltzman** (dan@portlandoregon.gov) Bureaus: Emergency Communications, Emergency Management, Fire (Since Commissioner Saltzman is not up for re-election, his bureaus will be reassigned after November).

• The City Ombudsman operates out of the City Auditor's Office and is not

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ON THE STREETS WHERE WE LIVE

By NANCY TANNLER, EDITOR

Fall has such a sense of orderliness and clarity to me. As long as I can remember, I’ve been most aware of the season change at the end of summer when the air has another feeling, the angle of the sun changes, school begins and we begin to tuck ourselves in for a different journey.

We ended this summer with a family camping trip to one of our favorite spots on Mt. Adams; a place we have been going to for the past twenty-five years. It was recently written up in *Sunset* magazine so it has been “discovered.”

I understand that a lot of people want to experience the magic of nature these days (and who can blame them?), but one thing bothered me that I’ve noticed, not only camping, but hiking as well is that some people don’t seem to notice they are leaving bits of detritus along the way.

I’ve always understood that the unwritten law of the land was to leave it better than you found it, or, as the Native Americans professed, to think seven generations ahead.

So I was disappointed that some people aren’t taking their responsibility seriously. We are all shifting around to make room for the burgeoning population here in the northwest and the impact this has on our natural amenities. My mantra is to tread lightly and

I, like a bumper sticker I saw the other day, consider the idea that “Nature is my Church.”

Moving forward on another more esoteric topic, why do some people have so much conscience when others, well you know, look around. I was recently at a yoga class taught by Signa Cheney and the intent of the class was to stimulate the pineal gland, located in the middle of the brain at the brow point. It is named pineal because it resembles a pinecone.

After class, I came home and researched the pineal gland and came up with thought-provoking information. According to theory, this is the gland that is our conduit for our relationship with the supernatural. When this gland becomes calcified (which I understand is a common occurrence in modern society) we lose our connection to the otherness of life.

It actually relieved me to read there might be some kind of physical manifestation that enables people to make such poor decisions about the welfare of the human race.

Rather than wondering what planet others come from, or how they disseminate information so differently than I do, I can now infer that their pineal gland has become calcified and they need to start treatment ASAP.

And what treatment is available? Well, I think that a great majority of Portlanders are already working on this. No fluoridated water is number one, thoughtfulness in whatever form you understand, is number two and from there the list goes on: encompassing, exercise, meditation, good food, good thoughts, and serving the greater good.

One more thought on this nebulous subject: I think I understand now why in supplication many different religious practices touch their forehead, either to the ground as in Islam or with the fin-

gertips as the Catholic do.

It stimulates the pineal gland that in turn brings a sense of well-being and connection to a person. It was suggested in one of the articles I read that people kiss one another on their foreheads for this stimulation. So Portlander, how about, a kiss on the forehead instead of both cheeks? That will keep us weird.

Technology has always been a part of the human endeavor and ultimately, even high tech really hasn’t changed us all that much. I recently heard a young woman describe some of the inventions of humans as light tech instead of low tech since it really isn’t the opposite of high tech, just a different progression.

Ever since we rubbed two sticks together and created fire we have been using technology. The caveman, just like us, mostly wanted to stay warm, cook food, gather with friends and family, be entertained – just live.

When I asked myself, has the computer, smartphone, iPods, iPads or the web changed the essence of anything we do, I realized not that much. It’s just another roadside distraction that’s gives us more tools in our tool box.

On a final note, last week I commuted everyday to take my grandson to his school. I was driving the commuter routes before and during rush hour and I came up with a question: Why do some people think their commute is more important than everyone else’s as they drive like maniacs, zipping in and out of traffic and generally being a hazard and a nuisance.

Don’t they get it? We’re all more crowded now and sharing the road is just part of every one’s duty. Not that any of us are all that happy about it, but that’s the breaks.

We all need to keep repeating the mantra, twenty is plenty.



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Letters to the Editor

An Argument for the Banning of Gas-Powered Leaf Blowers

Gas powered leaf blowers have become ubiquitous in Portland and the noise and air pollution they cause is particularly egregious and pointless, directly impacting our quality of life. More than an irritant, these machines actually accomplish little while causing a great deal of harm to the environment and our health, especially to children and to the elderly.

This should not be ignored or minimized, as small off-road engines used for residential and commercial lawn and garden will soon exceed automobiles in greenhouse gas emissions.¹

The 2-stroke gas powered engines used by most commercial backpack-style blowers are nothing less than pollution bombs. About one-third of the gasoline that goes into this sort of engine is spewed out, unburned, in an aerosol mixed with oil in the exhaust. It was determined that a half-hour of such "yard work" produced the same amount of hydrocarbon emissions as a 3,887-mile drive in a truck.²

Leaf blowers are inordinately large emitters of carbon monoxide, nitrogen oxides, and hydrocarbons, according to a study conducted for the California Air Resources Board. The two stroke engine fuel is a gasoline-oil mixture, and is thus, especially toxic.

Wind speeds in excess of 180 mph are blasting land-

scapes throughout our city. New growth and developing flowers are damaged and precious topsoil is blown away. Blower winds stress plants causing dehydration, burned leaves, and the suspension of photosynthesis. Blowers effectively distribute disease spores, weed seeds, insect eggs and dried fecal matter throughout the landscape

The common practice by professional landscapers is to simply blow the plant debris with accompanying pesticides and toxins off the property and onto the city streets, while simultaneously polluting the air we breathe. Rains then carry the residue into

our sewers and rivers.

Of the 18 most commonly used herbicides, seven are cancer causing, six cause birth defects, six have reproductive effects, eight are neurotoxic, nine are damaging to the kidney and liver, and fourteen are irritants.³

The poisonous mix of oil and gas pollutants produced by leaf blower exhaust has been linked to cancers, heart disease, asthma and other serious ailments. According to the EPA and the California Air Resources Board, leaf blowers increase the number and severity of asthma attacks, bronchitis or other lung

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Is PSC Turning Deaf Ear in the Name of Profit?

By MIDGE PIERCE

Tens of thousands of residents could be displaced by a rezoning proposed by the Portland Planning and Sustainability Commission (PSC) to allow up to four houses on virtually any single family lot in the City as part of the Residential Infill Project (RIP), according to data analyst Meg Hanson.

PSC’s recommendations would expand so-called upzoning to 96% of single family neighborhoods, a considerably broader densification swath than the 60% proposed by the Bureau of Planning and Sustainability.

The Commission purports the expansion is needed to accommodate more than 100,000 new households in coming years, but Hanson warns it incentivizes demolition that could displace more than 40,000 current residents.

The group is a volunteer commission in which some members have development ties, guides City planning processes. Its recommendations are likely slated for final Commission vote in November, and from there to City Council to approve early next year.

Hanson, an affordable housing activist, tenant’s advocate, researcher, historian, blogger and planning watchdog, has a word for Council: DON’T.

That’s because rezoning single family neighborhoods for multiplexes encourages razing sound, comparatively modest-priced homes with no guarantee of affordable replacements, she says. Turnover and rising housing costs will result, hitting vulnerable, low income tenants hard.

“There is no housing crises,” she contends, “only an affordability crisis.” The City turns “a blind eye and a deaf ear” to legitimate concerns, she adds, for the sake of profit and real estate speculation.

According to Hanson’s analysis, proposals to upzone most of Portland could impact more than 18,500 non-owner occupied single family homes. Assuming 2.5 members per households, that’s 46,350 renters who could be displaced, she says, to make way for costly-to-build duplexes, triplexes or four-plexes that, with bonus allocations, could cover up to 4000 square feet.

“Who is RIP for,” she asks. “It’s not for low-income families and it’s not for communities of color, so clearly it can’t be called ‘affordable or equitable’.”

Expect a new wave of gen-

trification, says United Neighborhoods for Reform’s Margaret Davis. As Portland’s demolition derby continues, she says, the loss of diversity as well as affordability will accelerate. Without affordability requirements, even four-plexes will be beyond reach.

“You never get a cheaper house than the one you tear down,” she says.” This is Robin Hood taking housing from the poor and giving it to the rich.”

Frequent RIP critic Michael Molinaro adds, “As for lowering housing costs, what developer has

Expect a new wave of gentrification, says United Neighborhoods for Reform’s Margaret Davis. As Portland’s demolition derby continues, she says, the loss of diversity as well as affordability will accelerate. Without affordability requirements, even four-plexes will be beyond reach.

“You never get a cheaper house than the one you tear down,” she says.” This is Robin Hood taking housing from the poor and giving it to the rich.”

come forward with a cogent four-plex proposal? None.” The units, he says, cannot be delivered to market for less than \$400k each due to labor, construction and material costs.

“And parking? There are 1.4 cars per household in Portland. PSC is ignoring this reality.”

While PSC chair Katherine Schultz has said RIP will increase housing options, ownership opportunities and a more livable Portland for more people, Molinaro warns that no accommodations are being made for infrastructure, schools, transportation, green spaces.

Facts, adds tenant advocate Hanson, are the only way to stop RIP from moving forward.

Those facts are in short supply according to Rod Merrick, a RIP stakeholder advisor who, like Molinaro, accused the project of developer bias. Citing a failure of due diligence, Merrick says the promised impact analysis from BPS is absent, with no modeling for affordability, displacement, demolition, market and land value impact, environmental waste, tree canopy, livability and tax valuations.

Merrick says the PSC recommendation ignores strong opposition to RIP expressed over

two years at multiple hearings, in written testimony and again during heated PSC testimony.

Crying foul over conflicts of interest, he says PSC members are affiliated with builders and groups like 1000 Friends of Oregon’s Portland for Everyone’s (P4E).

“For them, zoning deregulation unlocks profitable redevelopment opportunities.” False information peddled by pro-RIP paid advocacy equals Portland 4 Sale, he charges.

After pushing for expanded infill, P4E seems elated by PSCs decision to extend RIP’s housing overlays, including into outer East Portland, an area planning staff excluded for lack of services.

Postings on its website praises housing advocates for doing the “almost impossible” by convincing PSC to back multi-unit housing almost everywhere. P4E holds that densification fosters affordability and greater housing options, citing a local realtor who said, “Because land is half the price of a Portland home, cutting lot size down will reduce the purchase price.”

Michael Andersen, a Sightline Institute fellow and P4E blogger, called the September PSC meet a showdown in which housing advocates slightly outnumbered “defenders of the status quo.” He describes RIP as a “re-legalization” of a 1959 ban on plex housing, as well as a way to stop the “mansionization” of Portland and lower housing barriers.

The narrative is convincing for many renters struggling with high housing costs.

Jessica Engelman is an affordable housing proponent who hopes greater options will enable more young people to partake of the American dream.

After a recent SE Uplift presentation on Metro’s Housing Bond by Metro Councilor Bob Stacey, Engelman suggested that the need for housing is so acute, building should be allowed in steep, geographically-exempt westside hillsides.

Passion for housing everywhere is a hallmark of so-called YIMBYs – Yes in My Backyard – now a progressive political party in California. YIMBYs have accused NIMBYs (not in my backyard) of racist practices to protect the status quo.

While no love is lost between YIMBYs and NIMBYs in Portland at least, both share concern about the need for affordable housing. How this is accomplished is the challenge.

Merrick laments that next March an ill-prepared City Council will be asked to approve RIP’s “complex, untested and unwarranted rezoning” that, in the name of profit, will forever alter the face and fabric of the City.

[Editor’s note: *The SE Examiner* has heard from readers critical of its RIP coverage. In response, the Editor believes journalists have an obligation to report contentious viewpoints (often not represented in other publications) that are critical of City policies and proposals in order to hold government and staff accountable.]

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Cancer Crushers – survivors and 2018 Hood to Coast team members.
(L-R): Becky Roth, Carolyn Sliney, Janice Dunlap, Anne Crispino-Taylor, Jessica Bugge and Luke Stager.

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Community News

Nonpartisan information for November elections

Want to know what is going to be on your ballot? Check out Vote411.org with nonpartisan information on candidate and ballot measures that appear on your ballot. Want a paper Voter’s Guide with all Oregon and Multnomah County nonpartisan voter information? They are available in English and Spanish in early October at League of Women Voter Election Forums, at all branches of the Multnomah County Library, Multnomah County Elections Office, New Seasons, college/university and community college campuses, Gresham City Hall, and other locations.

Want to hear directly from candidates and about ballot measures? Attend nonpartisan Election Forums at Multnomah County Board Rm, 501 SE Hawthorne Blvd. Videos will be available on lwvpdx.org a few days later that you can watch from your home. Forums are:

Tuesday, October 2, 7 pm, Portland Commissioner, Position 3, JoAnn Hardesty and Loretta Smith; **7:50 – 8:20 pm**, Oregon Ballot Measure 103, Prohibits tax/fees for groceries; **8:30 – 9 pm**, Local Ballot Measure 26-201, Portland’s retailer surcharge for clean energy projects.

Tuesday, October 9, 7 – 7:30 pm, in Partnership with City Club of Portland, Multnomah County Auditor, Scott Learn and Jennifer McGuirk; **7:40 – 8:20 pm**, Metro Ballot Measure 26-199, Metro affordable housing bonds, and Oregon Ballot Measure 102, Allows local bonds for affordable housing with nongovernmental entities; **8:30 – 9 pm**, Oregon Ballot Measure 105, Repeals law limiting state/local enforcement of federal immigration laws.

To arrange a speaker for your organization in October, contact the League office at 503.228.1675 and leave a message or speakers@lwvpdx.org.

Other Election Information online at oregonvotes.org and lwvpdx.org. October 16 is the last day to register to vote. October 17 ballots are mailed to voters. Change of address on existing Oregon Voter Registration can be corrected up to election day.

Metro Auditor report

The Office of the Metro Auditor released its Annual Report for FY 2017-18.

The highlights for the year were:

- 85% of audit recommendations were implemented five years after they were made.

- Progress was made in re-balancing audit coverage among Metro departments.

- Reports to the Accountability Hotline were resolved in a timely fashion.

- The Office is finishing an audit of emergency preparedness that will be released next month.

- Audits of solid waste service equity, ethics, and the research center are scheduled to begin later this fiscal year.

- Follow-up audits on minority, women and emerging small business contracting, and capital planning are scheduled to begin this year.

The full report is available on the Metro website at oregon-metro.gov/regional-leadership/metro-auditor/about.

A hard copy may be obtained by calling the Office of the Metro Auditor at 503.797.1892.

Searching for a donor

According to medical information, people with one kidney have few or no health problems, and have a normal life expectancy, according to the National Kidney Foundation. If you are living with no kidney function, your highest hope is that someone will share a kidney of theirs.

A *Southeast Examiner* reader asked that we put a notice in the paper about her need. Monica Sherman’s kidneys have failed and she needs a transplant in order to live a life free of dialysis. She has been coming to treatment three times a week since April of 2015. A healthy person with Type B or O blood willing to donate one of their kidneys will give Monica a brand new lease one life.

If you are interested and think you might be a match, contact Legacy Kidney Transplant Services to learn more: 403.413.7349 or 503.413.6555.

See legacylivingkidneydonor.org. On Facebook: @monicaneedsakiney

Recycling tip

BY BONITA DAVIS, MASTER RECYCLER AND SUNNYSIDE RESIDENT

Recently, I opened a box to remove a new household appliance and there it was: formed Styrofoam.

Not wanting to give it space in my once-a-month garbage roll cart, or storage space in the house, I had to find a way to reuse or recycle it.

Two weeks earlier, I had participated in a group tour of the Agilyx Corporation facility in Tigard as part of the Master Recycler ongoing education program(masterrecycler.org).

I learned that Agilyx has successfully created a process to chemically recycle #6 plastics including Styrofoam or polystyrene, into high-value synthetic oils and chemicals and then back into the basic monomers that can be used to create more polystyrene – a complete recycling process, and it happens right here in the metro area in an environmentally sensitive process.

Most of the polystyrene they process comes from the construction industry and retail businesses, but they provide two, free-to-the community drop boxes on a 24-7 basis. Located at 7904 SW Hunziker St (dropbox off Wall St. beyond the Dog Park), more information can be found on their website at agilyx.com.

Back to my two Styrofoam blocks. It didn’t make sense to travel twenty miles round trip to recycle the material. Inspired by all the new neighbors I met at our Summer National Night-Out BBQ, I decided to do a mini Styrofoam round-up.

After setting a date and time, I knocked on doors and left information on Styrofoam recycling and the pick-up event in an eight block, two street area.

Neighbors had a lot to say about polystyrene; some stopped using it years ago, others talked about Portland’s Styrofoam ban (portlandoregon.gov/bps/article/591797).

Some spoke of use of alternative packing materials such as air pillows, and the impact of polystyrene particles can have on wildlife and the environment if left to scatter on the ground or breaking up in the tides.

Results: About three roll-carts or the back of a station wagon full of white block polystyrene went to Agilyx. The most frequent comments were about relief. The conversation has begun about what type of collection event we might try next.

Seven Corners Grand Opening



The new office building at 20th & SE Division, the Seven Corners Collaborative, had their Grand Opening in September. The celebration began with a ribbon cutting, drinks and hors d’oeuvres and an opportunity to explore all four floors of the new “flatiron” building. These offices contain six like minded non-profits agencies that serve people with disabilities and their families and a gorgeous universally designed kitchen with an amazing view of the City.

The project was spear-headed by Community Vision, founded in 1989 by Joe Wykowski as a way to provide an independent, yet community-connected life for people with disabilities. Over the years they’ve had many successful projects working with Multnomah County renovating foreclosed properties and providing homeownership and rental opportunities for individuals and their families. In 2014 Multnomah Co. offered them this piece of property that has stood empty for almost twenty years.

Where others saw an engineering nightmare they saw opportunity. The Collaborative was built as an accessible building where clients could experience a one-stop-shop to explore an array of services to help them live a more complete life and function in their community.

The services available at Seven Corners are inclusive:

- Community Vision is a person-centered support system tailored to the needs of each individual and their family.

- The Assistive Technology Lab helps the individual in developing six necessary life skills: communication, seating and mobility, learning and vocation, environmental controls, daily living and leisure. This state-of-the-art service helps people navigate through daily routines and teaches them how.

- Community Pathways is a support services brokerage that helps the individual set a reasonable goal for themselves and helps keep them on track to realize those goals – kind of like high school and college programs.

- Oregon Council on Development Disabilities advances social and policy change for people with developmental disabilities.

- FACT Oregon empowers families experiencing disability in their pursuit of a whole life by expanding awareness, growing community and equipping families.

- Northwest Access Fund provides funding to people with disabilities in Washington and Oregon.

- Credit builders Alliance helps organizations move people from poverty to prosperity through credit building.

Nossa Familia Coffee is located on the ground floor and has gotten on board making their space accessible to people with disabilities.

Community Vision’s mission is to make Oregon a place where people with disabilities can live, work, and thrive in the communities of their choice.



Joe Wykowski

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Community News

5K Walk/Run Event for CJD

There will be a 5K walk/run event to raise awareness and money for research into a cure for Creutzfeldt-Jakob Disease (CJD), October 13. CJD is a neurodegenerative brain disease. It is rare, difficult to diagnose, quick acting and at this time, always fatal. Initial effects of the disease include loss of muscle coordination, progressing into impaired brain function, paralysis and death; all within the period of just a few months.

This event is co-hosted by family members of two separate victims of CJD. One of these victims lived locally in SE Portland, Derek Moore. Derek was a Franklin HS graduate, had married, and was working at Wells Fargo. He was an ardent Deftones and Trail Blazers fan, but in 2012 at only age 33, he was afflicted by CJD and passed away in just a few months. Both of the victims’ families and friends hope that such events as this will help fund research for a cure of this terrible disease.

The CJD 5K walk/run event is being held on Saturday, October 13, at the Huston Sports Complex at Tryon Creek State Park, 10120 SW Boones Ferry Road. Registration begins at 9 am and the walk/run starts at 10 am. There is a suggested donation of \$25, and kids come in free. If you wish to donate but not participate, do so online at prionalliance.org/.

Additional event information can be found at tinyurl.com/yamonnx5.

Trinkets & Treats on Belmont

Trick or treating families can get an early start this Halloween with Trinkets and Treats, a holiday event of the Belmont Area Business Association. Join the event and your business will be mentioned in local publications. Businesses up and down Belmont from 33rd to 47th will be sharing more than candy and alternatives to candy from 4 - 6 pm.



Montavilla South Sewer Repair

Environmental Services is starting construction on the Montavilla South Sewer Repair Project to repair or replace approximately 5,765 feet (over one mile) of deteriorating 90-year-old public sewer pipes in the Montavilla Neighborhood (south of Stark St). These improvements will help protect the public and our environment by reducing the possibility of sewage releases to homes, businesses, and streets.

Construction will have several phases and is anticipated to take up to 10 months to complete. It is anticipated to begin in October. Work hours are 7 am to 6 pm, Monday-Friday.

Prior to construction, there will be activity in the neighborhood. Crews will be in the area to videotape, inspect, and clean sewer lines, mark utility locations on the street and sidewalks, trim trees, install tree protection and install erosion control measures. Equipment and supplies may be moved into the area.

The city’s goal is to keep businesses and residents informed before and during construction. The latest project information is available through several ways: **Mailings** – Project updates will be mailed periodically during project construction. **Website** – The latest construction schedule and project updates will be posted at portlandoregon.gov/bes/MontavillaS. **Email Updates** – Sign up for email updates on the webpage or email: Stefanus.Gunawan@portlandoregon.gov with “Montavilla South” in subject line

Learn About Sewer Construction Methods: portlandoregon.gov/bes/methods

63RD ANNUAL ALL SAINTS HOLIDAY BAZAAR – Saturday November 3, 9 am-4 pm. Forty plus local artisans and crafters showcasing amazing handmade goods for that perfect gift for the holidays. The Treasure Table is brimming with antiques and collectibles. The Children-Only shopping room helps little ones to find special presents for friends and family. Homemade baked goods for sale and the Café is open all day. Buy a \$1 raffle ticket to win wonderful prizes. Contact the parish office for information-need not be present to win. There’s something for everyone! 3847 NE Glisan St. 503.232.4305. allsaintsportland.org

22 DAY VEG CHALLENGE KICKOFF – Meal Planning with Emily Forbes on October 27 from 2 – 4 pm at People’s Food Co-op, 3029 SE 21st Ave. Do you get frustrated over what to eat? It’s a lot easier to stick to your commitments when you make a plan. Learn how to create a meal plan the vegan way. Emily’s mission is to empower you to make healthy choices and feel confident in the kitchen. She offers a number of services including nutrition coaching, cooking classes, and meal planning and show you how to create a workable meal plan to fit your schedule, budget, nutritional needs, and include foods you already like or that you think you’d like to try. She will demonstrate how to prepare the key components of your new plan. Event is free but reserve your space at nwveg.org/22-day-challenge.

PORTLAND SINGS! Community sing, Sunday October 21 from 2:30 – 4:30 pm. A reminder that we are in a new location; Artichoke Music, 2007 SE Powell Blvd. The new space is wonderful. Sliding scale \$8 - \$15. For more info PortlandSings.com

VIKING PANCAKE BREAKFAST, OCTOBER 21. Start your day with delicious all-you-can-eat Viking pancakes, scrambled eggs, sausage, fresh fruit, strawberry compote, lingonberries, orange juice and coffee or tea served in the charming Bergen Dining Room at Norse Hall, 111 NE 11th Ave. 8:30 am to 12:30 pm. Adults \$8, Children ages 5-12 \$4. Children under age 5 are free. Parking is free.

ANNUAL PROVIDENCE/NEIGHBORHOOD MEETING – Providence Portland Medical Center hosts an annual meeting for residents of Laurelhurst and North Tabor neighborhoods 7 pm, Wednesday, October 24, in the Cancer Institute Amphitheater at Providence Medical Center. Portland Medical Center, Laurelhurst Neighborhood Association and North Tabor Neighborhood Association have had a Good Neighbor Agreement for more than 15 years, and one of the benefits of the agreement is an annual meeting for updates. The agenda this year is an overview of hospitals services and programs. The hospital is located at 4805 NE Glisan St.

WEATHERIZATION WORKSHOP – Free workshop where participants learn how to stop drafts in their home, especially around doors and windows to save energy and increase comfort. It’s great for renters too. Qualified participants receive a free kit of weatherization supplies. Register for the workshop at communityenergyproject.org or call 503.284.6827 x108. In SE Portland: *Tuesday, October 16, 6-8 pm*, Community Energy Project 2900 SE Stark St, Suite A; *Thurs., Oct. 18, 5:30 – 7:30 pm* SEPTL SE Portland Tool Library, 1137 SE 20th Ave.; *Thurs., Oct. 25, 6:30 – 8:30 pm* East Portland Community Center, 740 SE 106th Ave.

LEAD POISONING PREVENTION WORKSHOP – Learn how to prevent lead exposure in your home at this free workshop. Great for households with children or pregnant women in housing older than 1978, or those concerned about lead exposure. Qualified participants receive a free kit of safety and testing supplies! Register for the workshop at communityenergyproject.org or call 503.284.6827x109. In SE: *Wednesday, October 3, 6:30 – 8 pm* and *Wednesday, October 17, 6:30 – 8 pm*, Community Energy Project, 2900 SE Stark St. A.

CITIZEN JANE: BATTLE FOR THE CITY – Friday, October 19 at 7 pm, this acclaimed film, will be shown at the NW Neighborhood Cultural Center, 1819 NW Everett St. The urban champion Jane Jacobs had a special relationship with the City of Portland over its evolution as diverse place of mixed uses and walkable neighborhoods. Jacobs championed lively, diverse neighborhoods, and citizen activism to preserve urban communities in the face of destructive development projects. Arguably no one did more to shape our understanding of the modern American city than this visionary activist. The film is free of charge and will be followed by a panel of long-time neighborhood activists discussing Portland’s current housing situation. Citizen Jane is a timely tale of what can happen when engaged citizens fight power for the sake of better cities.

HAWTHORNE GARDENS SPOOKTACULAR – Wednesday, October 31, 6 pm. Bring your children for trick or treating, refreshments, kid’s haunted house, games and activities, bean bag toss, coloring corner and vintage cartoons to Hawthorne Gardens Senior Living, 2828 SE Taylor St. 971.222.0396.

ATTENTION OLDER ADULT HOMEOWNERS! – Attend a free, informative presentation on Accessory Dwelling Units (ADUs/Granny Flats) as solutions for rising costs of living and longer lifespans. Topics of discussion: overview of the issue, challenges and benefits; considerations for modifying your home; building an ADU. The discussion includes financial incentives; costs and return on investment and rental rates for ADU and/or existing house. Presenters include Doug Chambers of Golden Bungalow, Inc., Nancy Dong Certified Aging in Place Consultant, and Kim Dodge, Mortgage Consultant with Nextview Mortgage (NMLS#1502324/1169). This event takes place at the Lake Oswego Adult Community Center, 505 G Ave, Lake Oswego, Wednesday, Nov. 7, 10 am – 11:30 am. RSVP 971.207.2806 as seating is limited.

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A story of horror and hope

By Nancy Tannler

The Lone Fir Cemetery’s Tour of Untimely Departures will not be taking place on Halloween this year, but fortunately for story lovers, Bettie Lennett Denny got the tour and was inspired to write her most recent novel *Burying My Dead*.

This page turner was written during an era when Portland’s population was growing and expanding into the eastside of the river, in the late 1800s, early 1900s.

It was also a time when civil liberties were being challenged especially in regards to Chinese immigrants, women’s rights, people of color, non-Christians, and people with a physical or mental infirmity.

Denny deftly weaves her characters, both past and present, into a solid story that both entertains and educates the reader. She draws on the narration of one of her characters from her novel *Angel Unfolding*, reporter Murphy Gardiner.

In the book, Gardiner has recently moved to Portland and is a reporter working for *The Oregonian*.

He notices a mysterious Chinese woman when on assignment covering the Tour of Untimely Departures at the Lone Fir Cemetery. She is curious why this woman is lying three white roses on the grave of an early white settler.

This relationship is the spring board that launches both a present day mystery and an in-

triguing tale from Portland’s past.

Burying My Dead gives a voice to many early settlers. Her characters interact with famous people like Harvey Scott, Abigail Scott Duniway, Dr. James Hawthorne, Joseph Buchtel, Henry Weinhard and Simon Benson, all easy to know since they are real people from the area’s past, but it’s Denny’s fictional characters that make us want to keep reading chapter after chapter.

She writes about people being given a second chance in life. Regular people like Simeon Small, photographer and the sexton of the Lone Fir Cemetery; Emmerson Asher, divorcee and champion for the rights of women; Zhou Zhen, a young Chinese woman sold into prostitution. These and the rest of her intercon-



Author Bettie Lennett Denny

nected cast of characters are the heart of this novel.

In an interview with the author, Denny remarked that even though she was writing about a hundred years ago, life situations paralleled what is going on today.

The development of the eastside from farms to neighborhoods was a big change. These new neighborhoods created a place where those with a less lucrative career could live.

She notes how even when she moved here twelve years ago SE Portland was much more diverse economically and affordable. Migration and new development has started pushing the marginal people outward again.

On the national stage, immigrants are facing deportation and prejudice, sex trafficking still happens and legal opiates have become the drug of choice – all intrigues the characters deal with

in the novel.

Denny began writing when she was eight years old. Living in Queens, NY where there wasn’t a lot of outdoor activities, she wrote plays with her friend to entertain themselves.

As an adult, she raised her family and worked in communications in Omaha, Nebraska. Using her wordsmith abilities, she wrote documentaries, and trade journals for the FCC in broadcasting and tech production.

“The industry was changing so quickly during those years that even writing technical material never got boring,” she said.

Before settling in Portland, Denny lived in Montana and was inspired to write the novel *Angel Unfolding* about a woman in a Montana jail cell’s retrospection on her life.

turn to page 22

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ONI Changes Clarified

Office of Community and Civic Life (formerly Office of Neighborhood Involvement) Director Suk Rhee responded to last month's *Southeast Examiner* article about Process that questioned open meeting rules and the elimination of coordinator positions, previously filled by two staffers well-respected in neighborhoods. Here is her statement:

"The one (full-time) neighborhood program coordinator position has been re-designed and reclassified as the Community Connections program coordinator, which also has supervisory duties and now integrated with our crime prevention team, which is a 13- member team working daily and closely with neighborhood associations, neighbors, coalitions, etc. Further, the neighborhood associations are also getting more dedicated support from two additional positions—that is, we have re-directed a portion of these two existing positions for that purpose.

"The idea that only certain staff or programs serve neighbors or neighborhoods is not an entirely helpful or accurate one. That is, all neighbors and neighborhoods are served by all bureau and City staff, depending on their need or topic. For example, neighbors and neighborhoods engage with the Information & Referral, noise, graffiti removal, youth commission, immigrant and refugee, disability and other programs. Some neighbors are entrepreneurs and work with our cannabis and liquor licensing, and others serve on advisory board and commissions, including our own bureau advisory committee."

In reference to open meet-

ing concerns raised by Richmond resident Allen Field, Rhee says the City's long-time position that neighborhood associations are "not public bodies" subject to the Public Records and Meetings Law will be re-examined in the coming year. She references the issue as a:

"...confusing requirement that the bureau has required as a matter of policy through the ONI Standards and yet we are unable to enforce it and indeed it does not apply according to Oregon's Department of Justice.

"My statement was in reference to the fact that NAs should not have to follow laws that do not pertain to them and especially if our bureau does not have the ability to enforce such standards. Of course I believe that organizations (of any kind—nonprofit, government, private, etc) should have open, transparent and accessible practices but this is should not be conflated with what are public bodies and who is subject to the Public Records and Meeting Law."

Field, who filed a grievance against his Richmond neighborhood association, may learn more about civic process if, as expected, his complaint goes before SE Uplift, a coalition under the Office of Community and Civic Life. The Richmond board has declined to hear the case.

In an era of civic change, questions swirl. Some may be addressed in a citywide forum on the future of neighborhood associations initiated by *The Northwest Examiner* on October 19. "Citizen Jane: Battle for the City" will be shown at 7 pm at the NW Neighborhood Cultural Center, 1819 NW Everett St. *MP*



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Chef Saied Samaiel

Saied Samaiel’s journey from Syria to Lebanon, Cyprus, Turkey and Greece before arriving in the United States to settle in Portland is one filled with adventure, suspense, fear, danger, rewards and respect.

Chef Saied opened his first Aybla Grill location at SW 9th and Alder St. His newest adventure lands him at the recently opened Aybla Grill on SE Division St.

The name Aybla (or Ebla) originates with an archaeological site near Chef Saied’s home in Syria. It was uncovered in 1955 to reveal a very old civilization which flourished in the 3rd and 5th millennium B.C. He selected the name for his restaurant to remind us of life’s hidden and surprise treasures.

For Chef Saied, work began at age six in Syria.

“I was a country boy. We had no phone or television. We grew our own wheat for bread, we grew potatoes, milked the cows and made our own cheese,” he said. “We used to haul sandbags twice our weight. It was hard work.”

He grew up in a small farming village, as one of many siblings. When he ventured away from the farming village and his homeland, his first real job was dishwashing at the Madera hotel in Lebanon, where he learned his way around a kitchen.

He traveled and worked in Cypress, Turkey, Bulgaria and found his way to Greece where he received his formal training. After more than ten years, he ended up here in 2001.

Once in Portland, Saied attended Portland Community College and landed a cooking job at the Hilton Hotel downtown. It was at the Hilton where he got the idea to open a food cart. His first cart opened in 2004 and was one of the first ten food carts (#9) here. That food cart remains open, today, at SW 9th and Alder St.

Business blossomed and he now owns and operates several food carts in Portland and Beaverton. His catering business is growing and provides catering for movie sets, television shows, large corporations, weddings and parties. His mobile food truck can be seen around the Metro area serving events for OMSI, Moda Center, Mississippi Street Fair and numerous other community events. He has advised and supported budding entrepreneurs trying to get into the food cart business.

Movie catering has been an adventure, including mad dashes in the middle of the night to remote sets on Mt. Hood all the way to Pacific City on the Oregon coast.

On the day I visited, I marveled at the handmade mosaic Turkish chandelier and 100-year-old hand-carved wooden room divider over a cup of authentic Turkish coffee.

The menu at Aybla Grill features classic Mediterranean dishes including Gyros, Falafel, pastas, salads, soups and appetizers with a wide variety of vegetarian, vegan and gluten-free options at budget friendly prices.

“It has to be fresh,” he said.

Believing strongly in giving back to the community and supporting the local economy, Chef Saied hires locally and supports many charities and causes including the Alzheimer’s Association, Find the Children, refugee groups and KBOO radio, to name a few.

This is a casual, family restaurant on a busy corner of SE Division St., with brightly painted walls, lyrical music and a friendly and helpful staff.

Open seven days a week from 11 am to 9 pm, 3003 SE Division, Aybla Grill serves up authentic Mediterranean delicacies made with fresh, local ingredients.





Going Out Restaurants

By JACK RUBINGER



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Super Deluxe, the new drive through burger joint on Powell Blvd. at SE 50th, has been super busy since it opened in July. Its location is at one of the busiest intersections in Portland where 115,000 people drive by every day.

With its vivid turquoise and yellowish color scheme, the brightness gets your attention right away. That’s because the owners were inspired by childhood drive-through memories from the 80s.

With a stripped down menu — no fish, no frills — just burgers, fries, drinks, and coffee, customers have been jamming the drive-through line and inside, so much that the owners have had to make daily multiple orders from local purveyors like SP Provisions.

One of the owners, Matt Lynch, a veteran of some thirty restaurant openings, is enthusiastic about Super Deluxe. Living in Portland for 14 years, Lynch is originally from a small town in Arizona that only had the most predictable fast food restaurants.

“We’ve got customers coming from Salem, Vancouver, Hillsboro and Sandy,” he said, despite one of the lowest key openings he’s ever done.

While there were a couple of new restaurant glitches including a milkshake machine that wasn’t robust enough to keep up with the demands of a hot summer and a telecom system that needed improvements, Lynch and his crew are happy to report that things are going smoothly now.

Team members take orders in the parking lot with a hand-held point of sale system much like Dutch Bros. that gets people talking to customers and having lots of fun.

A handsome wooden patio area which seats about twenty will be set up for colder weather with heaters. The inside area, which seats thirty-two, has these round and smooth booths and tables which reflect light and are comfortable.

“We’re keeping it simple and doing it properly and we’re building our brand around those two things,” said Lynch. The restaurant’s logo was designed by acclaimed Portland artists Aaron Draplin and David Nakamoto.

The area has its roots in the 1950s with Speck’s Fried Chicken and Speck’s Burgers which once stood on the current site. More recently it was home to Taco Time.

Right now, it’s all hands on deck as Super Deluxe customers continue to sit down, drive through and dig into delicious fast food offerings.

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Neighborhood Notes

Richmond
By Susan Beal

Richmond Neighborhood Association held its monthly meeting Monday, September 10 at Waverly Heights Church at SE 33rd and SE Woodward St.

Vice Chair Kat West started the meeting by asking everyone attending to introduce themselves and share their favorite Richmond watering hole for coffee, beer, or any other favorites. Chrystal Brim shared that the Richmond Tree Team will be rebooted, with more info to come, and Treasurer Jonathan King announced that the May 2018 Clean-Up event was a big success, with outstanding neighbor participation, volunteer help, and near-record profits.

Susan Beal shared an update on Richmond Ready, including the plan to put together “supply sets” for neighbors to use, free of charge, to set up water storage and other emergency kit necessities. Susan and Sharon Hatch passed out handouts and information about the Diesel Pollution Town Hall event for September 26, hosted by concerned activists representing many of the SE neighborhood associations, and RNA.

West then announced that the six female RNA board members wanted to share an inclusive, united statement with positive steps for growth and success working together as a board and as a larger community. Each board member shared her personal perspective on re-setting and improving the often difficult and contentious atmosphere that has marked many RNA meetings and communications recently.

Goals shared included creating a safe space for women, and others who have been marginalized by the recently hostile environment, to fully participate on the board; treating others with respect and compassion; an end to power struggles and “winning” on difficult issues; and a call to others to work to become allies to women.

If these conditions are not met, the united female board members, and their allies, will strike until an effective path forward is established. Many neighbors and other board members shared their feedback and thoughts, and a very productive discussion resulted, with common goals of doing good work for the neighborhood.

The next RNA meeting will be Monday, October 8 at Waverly Heights Congregational Church in the church basement, 3300 SE Woodward St., from 7-9 pm, enter from the east-side door. The website is richmondpx.org.

South Tabor
By Tina Kimmey

Thanks to everyone that made this year’s South Tabor Harvest Fest a big success. The weather was great and the cider was delicious! Trinity Fellowship was a great co-host providing numerous kids activities, entertainment and food for all. It was a great time to come together as a community. If you’d like to be involved in next year’s Harvest Fest contact us at southtaborharvestfest.com

Friends of Trees will be planting in South Tabor, Montavilla, and Mt. Tabor neighborhoods Saturday, November 3, from noon-4 pm. They are looking for volunteers to plant, volunteers with trucks, and drivers. Sign up to volunteer from their calendar at friendsoftrees.org. This planting will be hosted at Central Bible Church at 8815 NE Glisan St.

At our September general meeting, we discussed land use issues with a neighbor bringing forward safety concerns on SE Woodward between 60th & 62nd. The area has already been designated part of the Safe Routes to School program, but is currently unfunded. The Land Use committee expressed interest in partnering with neighbors along the route to explore solutions and improve safety especially for pedestrians and bikers along this greenway. If you have any interest in this project, feel free to contact us at landuse@southtabor.org or join us next month. Additionally we had a speaker with Defend Oregon to cover ballot measures 103 & 104.

Join us in October for Land Use meeting October 16, and General meeting October 18, all meetings run from 7 pm-8:30 pm and are held at Trinity Fellowship, 2700 SE 67th Ave, entry on the east from the parking lot.

HAND
By Jill Riebesehl

Fall got off to a rousing start at HAND, with appointment of Linda Nettekoven to liaison with the new city bureau that replaces the Office of Neighborhood Involvement.

HAND neighbors recently heard from the staff at New Day School on SE Clinton St. They gave us alarming and graphic accounts of campers’ increasing use of tiny Avalon Park (off SE 19th) and their incursion across the fence and onto the school’s property. One solution that has risen to the top after much discussion is converting the park itself into a community garden. The board is actively exploring the viability of that idea.

Late this summer, Verizon erected a large, imposing cellphone tower, topped by a complex array of equipment, at SE 25th and Division. Neighbors were not notified, as required by city rules. The HAND board, dismayed, will be contacting all those involved, both to look into aesthetic mitigation if not more drastic steps and to make sure other neighborhoods are duly warned that this could happen to them.

In the process of building Tri-Met’s Orange line, the bridge over the tracks at SE 16 Ave. was removed. The results: pedestrians and bicyclists have risked their lives crossing illegally over the barrier created by stalled freight trains at 11th, 12th and Gideon.

Earlier this year, HAND was pleased to hear that Tri-Met had found money to replace the bridge, but some local businesses have expressed concern about how the current bridge design and placement (crossing from SE 14th to SE 13th) might impact access to their properties. Talks continue and construction is planned to begin early next year.

About one-third of the HAND boundary overlaps with the Central Eastside Business District between which there is often co-operation and coordination. The district is deep in planning for an Enhanced Service District, much like that which exists downtown. It would tax property owners (both businesses and the few residents) to handle security, graffiti, cleanup, parking issues and work force efforts. As part of enhancement, the district has already started a shuttle and hired NW Enforcement to provide non-armed security.

The district’s council is seeking Hosford-Abernethy, Buckman and Kern neighborhood support as it moves forward with a pilot project, which will involve a wide-ranging assortment of civic stakeholders, and to gather property owner buy-in and city approval. Discussion is on HAND’s October agenda.

Hosford-Abernethy Neighborhood District Association meets



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Larson and Pratt at Sidestreet

Sidestreet Arts' intriguing show this month features original founder Reta Larson's series, Women at Work, and these intricately detailed 3D collages are thought-provoking and perfect. This piece is called Good Morning. Also in this month's show are a series of paintings by Michael Pratt. Sidestreet Arts is at 140 SE 28th Ave. The opening reception is Friday, October 5, at 6 pm during First Friday. Read more on page 16.



ROBIN JACKSON AND THE CARAVAN



Robin Jackson and the Caravan features musicians who perform with the Marchfourth! band, Edna Vasquez Trio and the Portland Cello Project. Jackson brings the band to perform new dreamy tunes at Artichoke's new Café for the first time, Sunday, October 21. Details on page 16.

Email your event news by the 20th of each month to: examiner@inseportland.com. Visit southeastexaminer.com for all the latest SE neighborhood and city news, complete downloadable past issues, **Going Out** and **A&E** features. "Like" us on Facebook and join the conversation on news and updates.



Going Out

arts & performance

¡Alebrijes! opens Milagro's 35th season



photo by Russell J Young

Milagro Theatre begins their thirty-fifth season with their annual Día de Muertos celebration and the world premiere of ¡Alebrijes!, written by Georgina H.L. Escobar.

In the story, a young bride and groom-to-be discover the largest Día de Muertos altar they've ever seen. A little

Alebrije, sweeps into the room and takes the bride's imagination for a ride through the layers of time. It's a playful homage to Pedro Linares, creator of the Alebrije, an imaginary creature unique to Mexican art.

Set in present day San Luis Potosí, in Xochimilco in 1936, and in an afterlife that looks like a psychedelic Oaxacan jungle, young Pedro realizes his artistic potential through his relationship to his pets as totems, his love for painting, and a close encounter with death.

Community members are invited to help build a traditional Día de Muertos altar on display in the Milagro lobby during the show. Audiences can bring their favorite traditional offerings to add to it, celebrating things we love in this life and the next.

¡Alebrijes! opens at Milagro Theatre, 525 SE Stark St., Friday October 19, followed by reception catered by Tortillería Y Tienda De Leon's and continues through November 11. Thursdays – Saturdays at 7:30 pm, Sunday at 2 pm.

Tickets available at milagro.org or 503.236.7253.



Karl Kaiser has recently created a new outdoor space for painting to compliment his larger studio and he's inviting the public to visit the weekends of October 13-14 and 20-21. He hosts Encaustic Demonstrations from 10 am to 5 pm each day. Watch him create new works both weekends and tour his art studio at 7046 NE Oregon St.

This painting is "Spin". Kaiser feels it important for art to be accessible and for people to learn, touch and feel what art is all about. His work is represented by the Portland Art Museum's Rental Sales Gallery and Riversea Gallery in Astoria. Find out more at karlwkaiser.com.

Tango Festival 2018

Portland has one of the largest Argentine tango communities in North America. Nearly every night of the week, dancers head out to move the sound of the bandoneon and the evocative compositions born in the 1930s and 40s.

The Portland Tango Festival is 22 this year, the longest-running US festival celebrating the language that is more than just a dance. This year it's October 11-15, at the Norse Hall, 111 NE 11th Ave, a block off Burnside St.

The Fest hosts teachers and performers together with local and Argentinean musicians collaborating on live tango music. The dance teachers are international performers renowned for their art and the musicians all perform in powerful combinations for the tango.

Unfamiliar with the dance? Attend the Bite Size Tango and the Sunday Dinner Concert for an introduction to this passionate and captivating dance. Friday is an introductory tango class and no experience is necessary. The Sunday Dinner Concert has time to socialize with Festival teachers and dancers and the Dueling Duo Concert with a dinner prepared by Vibrant Table Catering. Doors open at 6 pm at The Loft @8th Avenue, 2010 SE 8th Ave. See portlandtangofest.com



photo by Bassel Hamieh

H U R L



Sketch by Jan Baross

Corrib Theatre presents the US premiere of Charlie O'Neill's Hurl. In the story, directed by Tracy Cameron Francis, an Irish team made up of immigrants, refugees, and asylum seekers (from Sierra Leone, Nigeria, Cuba, Bosnia, Vietnam, Argentina, and inner-city Dublin) forms to compete in the traditional and ancient Irish sport of hurling; a 3,000 year-old stick and ball game, played on a grass field with goals at each end.

The production runs October 5-28, at New Expressive Works, 810 SE Belmont St.

Led by an alcoholic priest and a washed-up trainer, the team battles discrimination and bureaucracy to make its way to the All-Ireland finals. With humor, wit, and energy, Hurl explores what it means to be Irish in the 21st Century.

It opens Friday October 5 and performances run Thursday-Sunday at 7:30 pm with Sunday matinees at 2 pm. Tickets are \$25 and \$20 student/group.

Corrib Theatre is named after the river and a lake on the west coast of Ireland. See corribtheatre.org.

Portland Storytellers



Steinberg lower left, Peterson, and the Kapings, top row

Ninety-five year old Pearl Steinberg joins Gretchen Peterson and the mother/daughter team of Kitty and Kriya Kaping to tell stories in **Relationships in Memory**, Portland Storytellers Guild show, Saturday, October 6 at Clinton Street Theater.

When asked how she retained the clear mind she regales audiences with, Steinberg says, "Honestly, I ask myself that question... For one thing, I never gave up using my mind."

A retired college professor, Steinberg added, "It certainly helps to have good genes and I guess dumb luck plays a role as well."

She created and taught classes in subjects ranging from cultural and ethical concerns to comparative religions, but it wasn't until she took a workshop twenty years ago at the Omega Institute in New York that she became a professional storyteller. She is a member of The National Storytellers Network.

Volunteer to tell a brief story of your own and win tickets to a future PSG show. Tickets are \$15,\$12. \$10 for Guild members and guests online at cstpdx.com. The yarns start spinning at 7:30 pm. portland-storytellers.org

David Tyler Fox Bill Davis & Lucas Benoit

David Tyler Fox used to live here in the Rose City. Now he's returning to Oregon for the first time in two years to celebrate the release of his debut album, **Aquarian Dream**.



Fox previously toured with Ken Stringfellow's Band and is on an extended West Coast tour. He's accompanied by the formidable Texas songwriter **Bill Davis**. Lucas Benoit of The Hill Dogs will also be in on the guitar pull Thursday October 11 at The Star-day Tavern, 6517 SE Foster Rd.

Davis' songs have been recorded by Calvin Russell and Porter Davis and his first album is **My Money's on You**. A New Folk favorite at Texas' legendary Kerrville Folk Festival, he performed this year with indie band Big Thief backing him up.



Bill Davis

Fox and Davis are online at DavidTylerFox.bandcamp.com and BillDavisMusic.bandcamp.com



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Sidestreet Arts



Michael Pratt paintings
Reta Larson collage sculpture
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open: wednesday thru Sunday at 11:00

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FEATHERVANES



LANDSCAPES

Songster Kate Power teams up with Irish painter Fiona Marron for an art show titled **Feather Vanes and Landscapes for Refugees in Need**, Friday October 26 through Sunday October 28 at the Rocky Butte House, 3224 NE 89th Ave. *Pictured: Full Flood by Fiona Marron*

Power fashions 3D Feather Vanes, one-of-a-kind mobiles and sculptures of wood, bone, feathers, beads, wire and artifacts.

Marron hails from Clane, Co. Kildare, Ireland and calls her dreamy paintings *The Nature of Things: Landscape Under The Influence... of Climate Change*

The show is presented to raise funds for the Melior Cras efforts created to effect immediate help for the refugees in the crisis in Athens. (See tinyurl.com/y96mzk3t) Details at qualityfolkdojo.com



FOLLIES

Follies, the sketch and physical comedy showcase, opens a new season at The Funhouse Lounge, 2432 SE 11th Ave.

Created and hosted by Italian performer Stefano Iaboni, the showcase says *ciao* to traditional stand-up and improv and highlights the artistic, hilarious world of physical comedy.

Iaboni was raised in Rome, Italy and spent ten years in Barcelona working in theatre companies, movies and commercials, participating in festivals around the world and starting his own sketch comedy cabaret. Saying he's been influenced by Andy Kaufman and Monty Python, that makes sense and every first Sunday of the month at 8 pm is a new and quite unpredictable presentation.

\$10 advance, \$12 at the door available at tinyurl.com/ycuw2ybj

Et In Arcana Ego



May Day Mystery (detail)

Artist **Kat Saturn** exhibits a series of pyrographic (wood-burned) art pieces titled *Et In Arcana Ego*, paying tribute to thirteen mysterious designs; unsolved codes, untranslated languages, and unexplained messages.

Her lifelong obsession with mystery and hidden knowledge, as well as a reverence and curiosity for history and culture is part of her subtext and style. Subjects featured in this series include the Voynich Manuscript, Nazca Lines, Toynebee Tiles and more.

Saturn's works are displayed at Beulahland, 118 NE 28th Ave. throughout October. The closing show is October 30 at 6 pm. See katsaturn.com.

Portland Open Studios

...celebrates its 20th year, October 13-14 and 20-21. Nearly a hundred artists will open their studios to the public for two weekends from 10 am to 5 pm. The event is free. The public can experience demos, try different art and meet local artists at work, in neighborhoods as far south as Oregon City and West Lynn, as far west as Beaverton, north to St. John's, and east to Gresham.

For its second decade, a phone app tour guide is available. The traditional printed guide is now distributed in the October issue of *Portland Monthly* magazine that's already out.

Help commemorate their anniversary at the Art Ball, Thursday November 8 in the Skyline Lounge of the Hilton Hotel at, 921 SW 6th St. from 6 pm to 10 pm. It's a benefit for the Open Studios. Costumes are welcome so come dressed as your favorite artist, art period, or make yourself up as your own work of art. There will be a silent auction, fundraiser, music/dancing and more

For addresses of artists, the app or tickets for the ball, go to portlandopenstudios.com.

Hallowee'en Jass, PGS at CST

Clinton Street Theater, 2522 SE Clinton St. screens amazing and one of-a-kind films daily. The theatre also presents live music events, and this month, there are two big highlights.

Friday October 12 – A Halloween gala with the Ne Plus Ultra Jass Orchestra, a ghostly good time with the spookiest and kookiest tunes of the 1920s and 30s. 7 pm and costumes are definitely encouraged. The Orchestra features tuba, banjo, reed trio, trombone, two cornets, percussion, violin, and piano, along with Vancouver's only professional dance company, Washington Dance Creative. Tickets are \$30 at tickettomato.com/event/5732 (\$26 in advance) and all ages are welcome.

Sunday October 14 – Portland Guitar Society's 2nd Faces of the Guitar, 7 pm. A showcase of West Coast musicians with flamenco music from Spain, bossa from Brazil and classical guitar from around the globe. Artists include Yuri Liberzon, classical guitar; Brenna McDonald and Friends, Flamenco guitar, dance, and voice; and the Caminhos Cruzados Trio with Dan Balmer on guitar, Nat Hulskamp on Flamenco guitar, and Israel Annoh on percussion. [yuriguitar.com; espacioflamencopdx.com; brenna.nathulskamp.com/trio] Tickets \$15 in advance, \$20 at the door for PGS members. Others \$20 in advance, \$25 at the door. pdxguitarsociety.org



Brenna McDonald

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6	THE MYSTERY BOX SHOW	24	OREGON HUMANITIES PRESENTS THINK & DRINK WITH ELI SASLOW
7	DAVID MALLETT	26	NIGHT FLIGHT'S 8TH ANNUAL 'FRIGHT NIGHT' A HALLOWEEN CIRCUS LIVE MUSIC BY FEVER
8	TRACE BUNDY + SUNGHA JUNG	27	
9	KEOLA BEAMER + JEFF PETERSON	28	
10	DAVID WILCOX + KARI NEWHOUSE	29	RICHARD SHINDELL
11	FERRON	30	AN EVENING WITH LUCIA MICARELLI
12	EVIL DEAD THE MUSICAL		
13			

FOR INFO AND TICKETS VISIT ALBERTAROSETHEATRE.COM

Night of the Living Dead



Holocene's Fin Du Cinema series, the Creative Music Guild, and Portland Jazz Composers Ensemble screens the 1968 film *Night of the Living Dead* with a new live score composed by Amenta Abioto, Sage Fisher (aka Dolphin Midwives), and Maxx Katz.

Fifty years ago, this independently produced, small-budget film created the modern lore of zombies as reanimated dead people that eat human flesh. Because of the graphic violence the film contained, it became the center of a debate about censorship in popular culture. Now here's a concept for a great late October evening, part Halloween party (costumes are encouraged), and part classic film screening: the band will be on stage while the film is projected with the original audio muted and English subtitles added on multiple screens around Holocene's two levels, each composer scoring one-third of the film.

See it Thursday, October 25 at Holocene, 1001 SE Morrison St. at 8:30 pm. Tickets are \$25 reserved seated, \$15 general seated/standing, \$10 students. 21+ over, at pjce.org/zombies or at the door.

MISS GLAMOURESSE

Triangle Theatre presents *Pageant*, a hearty, surreal spoof on beauty pageants. The contestants are six men in drag from all over the US vying for the title of Miss Glamouresse 2018. Sign up to be a judge. Each night is different. Who will win the crown this year?

The play features Poison Waters as Miss Texas; Pepe Raphael as Miss Industrial NE; Joe Healy as Miss Bible Belt; Shaun Hennessy as Miss Deep South; Collin Carver as Miss West Coast; Jeremy Sloan as Miss Great Plains and James Sharinghousen as Frankie. Instead of its usual stage on Sandy Blvd, this month's show is at Darcelle XV Showplace, 208 NW 3rd, Sundays in November (with two shows November 4). Doors open before showtime for purchase of dinner packages. Seats are reserved and tickets are \$20. Tickets/information: 503.239.5919 or trianglepro.org.

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An Evening with Linda Ronstadt

A Conversation With Linda Ronstadt is a big screen multi-media journey through the life of this iconic singer with her reflections of a four-decade career, assisted by videos, rare personal photos, and behind-the-scenes events that shaped her many musical styles. There will be a question and answer session with Ronstadt too. It takes place Sunday October 14 at Revolution Hall, 1300 SE Stark St. at 7:30 pm. This event is reserved and a fully seated show open to all ages.

Ronstadt's presentation is fast moving, covering her early years with the Stone Poneys, her association with the Eagles (they were her backup band), friendships with Jackson Browne, Neil Young, Emmylou Harris, Dolly Parton, and Aaron Neville, her award-winning time on Broadway, and her many records of pop, country, American standards and classic Spanish songs.

Ronstadt has sold over 100 million records worldwide and her awards include eleven Grammys, thirty-one gold and platinum records, the National Medal of the Arts, and membership in the Rock and Roll Hall of Fame. Tickets are available at tinyurl.com/ydc9av80

Concerts: Flower and Ainslie, Robin Jackson Caravan



Fingerpicker and blues enthusiasts take note! Artichoke Music presents a not-to-be missed evening of dazzling fretwork and inspiring acoustic blues guitar from two of its finest players – **Mary Flower and Scott Ainslie** in a night of Delta and Ragtime blues Saturday October 13, at 8 pm.

Steeped in traditional music, blues guitarist, singer and songwriter Ainslie has learned southern old-time ballads, banjo and fiddle from musicians in North Carolina and West Virginia and blues from elders in North Carolina, Virginia, South Carolina, Georgia and Mississippi.

Flower's finger picking and lap-slide prowess is a powerhouse – soulful and meter-perfect. Deftly blending the inventive, the dexterous and the mesmerizing, her honey-and-whiskey voice conveys each song's story.

Tickets \$15 via Brown Paper Tickets.

Robin Jackson and the Caravan includes members of Marchfourth!, Edna Vasquez Trio and Portland Cello Project. Together they offer an intimate night of dreamy cinematic soul, whimsical indie folk and jazzy Americana.

Songwriter, teacher, and spirited Jackson has lived and busked from New Zealand to the streets of Europe. He's performed for 10+ years with Vagabond Opera and the March Fourth Marching Band and appeared with Gogol Bordello, and The Decembrists. His newest album is called **Dark Stars**. Listen online at robinjackson.bandcamp.com

Jackson and the Caravan play on the newly built stage at Artichoke Music, 2007 SE Powell Blvd. Sunday, October 21 at 7 pm with opening guest song-crafter Jonathan Brinkley. Tickets are \$15 and all-ages are welcome.

For info call 503.232.8845 / artichokemusic.org

Reta Larson Michael Pratt New Works at Sidestreet



"Lady in White" by Michael Pratt

Sidestreet Arts is presenting a show of work from Reta Larson and Michael Pratt opening First Friday October 7 and runs through the month in the gallery at 140 SE 28th Ave. Sunday, October 14, is the Mimosa Sunday Artist Talk at 11 am.

Larson founded Sidestreet in its original form in 2005. She has been developing this series called Women at Work since 2004.

A master of collage, she uses found and made items to create sculptures representing intricately detailed visions of some of the many aspects of life and work. The multi-armed women become symbols for the many tasks women must juggle every day.

Pratt's new series is captivating as well. He described them for *The Southeast Examiner*.

"The paintings are a series of fifteen pieces, thirteen of them painted in Puerto Vallarta, Mexico.

"I had gotten interested in the painting of Whistler's Mother – the shape of the black dress, the spare feel of the space around her, the stern look on her face.

"I had been working with paintings of cats and dogs with tattoos. That just morphed into cats wearing Dior-like dresses.

"As the series progressed, the images began to express a certain spirituality much like in the Whistler painting."

Sidestreet Arts is open Wednesdays through Sundays at 11 am.

See sidestreetarts.com.

Short takes
...arts news of note

SONGWRITER GRAHAM NASH performs in concert, Tuesday, October 2 at the Aladdin Theatre. The tour celebrates the release of *Over the Years*, a double-disc collection of his best-known songs with more than a dozen unreleased demos and mixes. 7:30 pm door, music begins at 8 pm. See aladdin-theater.com.

SONGS FOR MY CHILD, SONGS FOR MYSELF – A new series of paintings by Jolyn Fry at Ford Gallery, 2505 SE 11th Ave. through October 24. Fry's show of new large scale paintings about the body were created in relation to healing from post trauma dissociations. "The results of this are a storyline of paintings reflecting my experience of being a woman in present day time, a child in the past, and a human being with an ancestral lineage both extensive and world based." See jolynfry.com for more.



Jolyn Fry photo by Migyoung Won

OREGON MUSIC HALL OF FAME's 12th Annual Induction Concert is Saturday, October 13, 7 pm at the Aladdin Theater. This year's concert performers are The Kingsmen, Monti Amundson Trio and Ural Thomas and the Pain. Tony Starlight again MCs the event with a live auction of autographed guitars from Willie Nelson, Jackson Browne, Adam Ant and Echo & the Bunnymen. Proceeds help support OMHOF music education, scholarship programs, and inductions. 2018 Inductees include Andy Stokes, The Freak Mountain Ramblers, Monti Amundson, The Rats and Ural Thomas. Tickets are \$30 in advance or \$35 at the door and on sale at Ticketfly.com and the Aladdin Theater box office. See omhof.org.

ENSO'S THEATER CLASS FOR KIDS THEATER fall session is called **Stories From Outer Space**. Children ages 2-6 embark on a journey with Caitlin and her invisible friend, The Word Elf. Each week students travel to a different planet in the Solar System and create imaginative adventures. Classes culminate in a Theater Showcase, November 10, for friends and family. Classes Saturday mornings, at 10 am, at Homestead Schoolhouse, 4121 SE Woodstock Blvd. Drop-ins welcome by signing up at ensotheatre.com. Students are never refused on the basis of financial need. Email ensotheatre@gmail.com.

THEATRE VERTIGO PRESENTS A MAP OF VIRTUE by Erin Courtney. Thursdays through Sundays, October 19-November 17 at Shoebox Theatre, 2110 SE 10th Ave. 7:30 performances, Sundays at 2 pm. In this 2012 Obie award-winning story, a Hitchcockian swarm of birds descends upon Mark and Sarah's lives. They can't deny the forces that continue to push them together even though it eventually leads to an unstoppable event that changes the rest of their lives irrevocably. It's part interview, part comedy, part thriller and directed by Emilie Landmann. Info at theatrevertigo.org.

YOKE LORE is the New York-based pop music venture of Adrian Galvin (previously of bands Yellerkin and Walk the Moon). He plays at Holocene, 1001 SE Morrison on October 20. A multi-instrumentalist, dancer and visual artist, his new EP is called *Absolutes*. Lore "ruminates on finding balance amid opposition by breaking through the notion that truth necessitates purity". He combines banjo, vocals, and percussion. Doors at 5, show at 5:30 pm. Tickets \$14, \$16 at the door. 21+over. Music at yokelore.com.

PORTLAND SACRED HARP's 27th Annual Pacific NW Singing Convention Saturday and Sunday, October 20-21 at The Laurelhurst Club, 3721 SE Ankeny St. It's a free community event, open to all ages and no singing experience is required. They sing from The Sacred Harp. Learn the early American folk-singing style, known as shape-note singing. Songbooks will be available to borrow for the day. It's 9 am-3 pm. Come and go as you please. Potluck lunch at noon each day. portlandsacredharp.org

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Cost of housing's value

BY DON MACGILLIVRAY

The history of housing affordability in Portland is complex. Thirty years ago, inner city neighborhoods were affordable for low-income tenants. Over time, these areas slowly increased in value making it profitable to build new developments.

A recent report, *Metro Urban Centers: An Evaluation of the Density of Development*, funded by Metro with the help of the Oregon Department of Land Conservation and Development, explains the situation thoroughly.

An important point made in the report is that urban land must increase in value to where it requires a significant investment that justifies its use. Increased urban density requires larger buildings with many people living and working nearby.

This makes the most sense in the central city and in the surrounding neighborhoods. Thus, low income and deteriorated neighborhoods have been "discovered" and are growing as they never have before. The impact of this is to take away affordable housing, displacing the residents, and replacing it with luxury and market rate housing.

When land prices are too low, high density will not occur because small developments are profitable. If land prices are high then it takes a larger development to be profitable.

A large project can provide several times more profit than the smaller project while using less land, but such projects are luxury developments that would not be affordable to those currently living there.

One of the ways to insure high land prices is to constrain the supply of available land. The Portland region does this through Metro's urban growth boundary.

Since the end of World War II, all cities in America have expanded into suburban areas in a way that is generally considered sprawl. This makes the Metro urban growth boundary controversial.

However, without it, much of Oregon's best farm land in the Tualatin Valley would be sacrificed to the bulldozer at much inflated land prices.

With the great influx of people to Portland, housing is scarce. Recent planning decisions have increased the capacity of various zones in and around the central city, making land more valuable and encouraging developers to build larger office and apartment buildings.

While this may be good for landowners and developers, it has been very disturbing to existing neighborhoods, their residents, and much of the affordable rental market. It is, along with stagnated personal incomes, the reason for our housing crisis and why it will not end soon.

One of the leaders and critics of modern urban development was Jane Jacobs who taught and wrote about the need to preserve neighborhoods and create communities for people.

She attacked urban renewal programs and freeway projects

that tore down poor neighborhoods and displaced residents from their homes. She was not against high urban densities if they were properly planned with the needed goods, services, and amenities located conveniently for local residents.

While Portland's new high-rise apartments and offices do not remove entire neighborhoods, they create opportunities for the growth of infrastructure in the surrounding areas so that it be-

On Friday, October 19, the acclaimed film *Citizen Jane: Battle for the City*, will be shown at the NW Neighborhood Cultural Center, 1819 NW Everett St. at 7 pm.

comes pedestrian-friendly and livable in the ways described by Ms. Jacobs.

This "social capital" she talks about must be added to these newly redeveloped areas. It will be interesting to see if this changes the auto traffic congestion and parking concerns as densities increase.

On Friday, October 19, the acclaimed film *Citizen Jane: Battle for the City*, will be shown at the NW Neighborhood Cultural Center, 1819 NW Everett St. at 7 pm.

Jacobs had a special relationship with the City of Portland over its evolution as diverse place of mixed uses and walkable neighborhoods. She championed lively, diverse neighborhoods, and citizen activism to preserve urban communities in the face of destructive development projects.

Arguably no one did more to shape our understanding of the modern American city than this visionary activist.

The film is presented free of charge and will be followed by a panel with long-time Portland neighborhood activists discussing Portland's current housing situation.

Citizen Jane is a timely tale of what can happen when engaged citizens fight power for the sake of better cities.

Another progressive thinker from the late nineteenth century that influenced land development in the public interest was Henry George. His ideas are all but forgotten, but he promoted the idea that the value of the land belongs to the people, not to private owners.

In order to capture this value the government could simply tax the value of the land as rent. All improvements such as buildings, etc. would remain the property of the landowner untaxed. This has the effect of encouraging the owners to improve their properties to its highest and best use. The land value tax would reduce all other forms of taxation creat-

ing greater equity for everyone.

He believed that people should own the value they produce themselves, but the economic value derived from the natural wealth of the land should belong equally to everyone because it is the growth of society that increases the value of the land.

George pointed out that poverty increases amid great economic and technological progress. Perhaps those that achieve wealth and power are not aware of their responsibilities to the culture at large.

These same people react negatively to the regulation of the use of the land in the name of civic fairness. The presence of poverty and homelessness on our streets may be an indication of this phenomenon.

Progress and Poverty was the influential book written by George in 1879. It became a national best seller that was serialized in *Popular Science* magazine and sold over 3 million copies.



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Art on a wall

BY MIDGE PIERCE

Self-taught Eastside artist Laurel McSpadden takes no short-cuts crafting a personal approach to her customized paintings. “I want my painting to feel like receiving a handwritten letter through the mail.”

Her small-form woodblock carvings and traditional watercolors have expanded to wall murals for grown-ups and kids alike. In her artistic imagery that comes from a “rich utopia where sadness and joy co-mingle,” personalization is paramount.

Before starting a project, she sits down with each client, grown-up, child or merely child-like to meticulously review colors, shapes, concepts. The result transfuses magic, fantasy and allegory into something that might be described as transmagorical or, as McSpadden says, a “marriage of feminine dreamscapes, folk, abstract and psychedelic illustration.”

McSpadden, who is just as likely to be found in the stacks of Powell’s Books as an art museum, draws inspiration from street art, light that filters through windows or the curtains of favorite cafés like the Screen Door.

She is especially drawn to children’s illustrations from the likes of Dr. Seuss, Richard Scarry or Maurice Sendak, although her distinctive mix of colors, especially gold that transforms into feathery plumage or fairy wings,



is anything but derivative.

McSpadden’s proudest accomplishment was taking the leap to cover the walls of a baby’s room in a Kerns condo with fanciful forest-like shapes.

“I wasn’t sure I could translate small paintings into mural form. The challenge opened up a whole new perspective for me. Working on a large scale was absolute joy!”

Since then, she has done more children’s rooms, murals for clients such as the Palace store on Burnside St.

She is currently working on the backdrop for October’s

three-day Superwoman Summit downtown. This is the second year McSpadden has used her trademark bright, bold colors to provide visual support for the forum that empowers strong women leaders.

The sparkle in her eye is an indication that wall art is something she loves. On her website she writes, “I have spent years experimenting blindly, transforming mistakes into methods and new perspectives; learning slowly but inexorably how to better express my ever-present longing for love and connection.” Her website is laurelmcspadden.com.

SE Updates

from cover

under any of the City Commissioners. For information on the Ombudsman, see portlandoregon.gov/ombudsman.

Court Rules on Sleeping in Public Spaces

The 9th Circuit Court of Appeals has decided that local police cannot prosecute people for sleeping in public spaces (such as streets, sidewalks, parks, etc.) if they have nowhere else to go.

This is from a case in Boise, Idaho, where six homeless people sued the city for banning sleeping in public spaces. In Boise, there are an estimated 4500 homeless people and only 700 shelter beds available.

The ruling is expected to put considerable pressure on cities like Portland and Seattle where the homeless are growing in numbers, housing is increasingly unaffordable, and available shelter space is inadequate.

Mayor Wheeler’s response, as reported by several news outlets, was that “homelessness is not a crime.” The City has a citation process in place to deal with public camping and the Mayor has indicated he wants to increase the focus on keeping public spaces clean due to the litter, hazardous materials, needles and other garbage left from said camping.

E-Scooters in Portland

E-scooters are appearing in Portland and many other cities within the nation. PBOT is allowing them in Portland under a pilot program which started in July

and is supposed to run through November 20. This program is discussed in detail at: portland-oregon.gov/transportation/77294.

A recent expose’ on the PBS Newshour showed E-scooters zipping along streets in Santa Monica, mainly using bike lanes, with very few riders wearing helmets or other protection.

The gist of the story is the concern about the safety of riders and the lack of standards and enforcement to maintain safe operations of the scooters. As of this writing, there are reportedly four different companies currently fielding between 2000 and 2300 E-scooters within Portland.

Media information about the program has been contradictory. Some stories have stated scooters could not be ridden in the streets, yet the PBOT program webpage says E-scooters can be ridden in bike lanes and vehicle travel lanes, but *not* on sidewalks or in parks, and, the riders must wear helmets.

Unlike bike rental programs, there are no designated “scooter corrals” which means scooters, when not in use, are just parked on the sidewalk. Pedestrians and ADA agencies are already taking note as many have reported clusters of scooters blocking sidewalks.

There is considerable liability at stake if safety issues and enforcement are not adequately addressed by the City and the scooter providers. Since Commissioner Chloe Eudaly is now in charge of PBOT, the public can inform her of concerns regarding E-scooters while the pilot program is still in effect.

As of this writing, E-scooter promoters are giving away 500 free helmets in a safety effort.

This promotion is temporary.

Trimet Changes its Fare System

Trimet has recently changed its fare system to the confusion of many. Paper tickets, although still temporarily in use, will gradually be phased out via a digital ticketing system called hop.

The hop system is described at Trimet’s website via myhop-card.com/home. In a nutshell, you will need to be at least slightly tech savvy to deal with Trimet ticketing from now on.

The hop system allows you to obtain a card (either from Trimet or from gift card displays at stores) and load dollar amounts onto the card for use as ticketing money. The system allows smart phone users to do the same via a Trimet hop app which takes the place of the hop card.

Trimet’s website indicates the hop app only works with android systems at this time. The system will permit payments via the mobile wallet within your smartphone, but cash can still be used to purchase a ride, although this would only be for one ride and no transfers. (Fare information is available trimet.org/hop/fares). This system works for all Trimet ride types (bus, streetcar and MAX) and also for C-tran.

For additional information contact Trimet at customerservice@trimet.org, or 503.238.7433.

Don’t Scrimp on Water in Emergencies

Last month was National Preparedness Month but in reality, says Jan Molinaro, each month requires seasonal specific preparations. Plus, in our region at all times, earthquake awareness and

turn to page 21





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Wellness Word

Editor's note: Wellness Word is an informational column which is not meant to replace a health care professional's diagnosis, treatment or medication.

Chemical peel

A chemical peel is the process of exfoliation by applying a chemical solution to the skin that causes the outer layer to shed, leading to regeneration of new, healthier looking skin. These peels can treat various skin conditions such as fine lines and wrinkles, age spots, acne or acne scarring, hyper-pigmentation, melasma, and much more. So, why are these treatments commonly overlooked?

Chemical peels are often associated with the fear of harmful chemicals being used near, or on the body. Many people assume that these peels may contain damaging chemicals. Most peels are made up of botanical ingredients. These ingredients include (but are not limited to) salicylic acid, malic acid, and glycolic acid. Each different chemical targets a different skin condition.

Salicylic acid is derived from the willow tree, and is found in plenty of over the counter moisturizers, acne spot treatments, etc. It is used to treat acne and the inflammation surrounding acne (post-inflammatory hyper-pigmentation).

In a chemical peel treatment, salicylic acid kills acne-causing bacteria, and the deeper level of exfoliation that a chemical peel offers will smooth out the rough and textured skin left behind.

Malic acid is naturally found in many fruits and vegetables, apple among them. Malic acid is packed full of antioxidants and targets anti-aging of the skin. When used for deeper exfoliation, it stimulates collagen production and reduces the appearance of fine lines, wrinkles, and firms the skin.

Glycolic acid is extracted from cane sugar, but can be made synthetically. Glycolic acid is used to treat acne, blackheads, shrink pore size, reduce oiliness, and brighten the skin. These ingredients are the powerhouse behind smooth, clean and healthy skin.

There are many other beneficial chemicals that can be used to treat a variety of skin conditions. Alpha hydroxy acids and beta hydroxy acids are the masterminds attached to chemical peels. Malic acid and glycolic acid are both examples of alpha hydroxy acids, while salicylic acid is an example of a beta hydroxy acid.

Alpha hydroxy acids work by sloughing off the top layer of dead skin cells, while thickening the deeper layers of the skin that can create a more plump, firm look to the skin. Beta hydroxy acids (specifically salicylic acid), gets deeper inside of the pores to clear them out of bacteria and debris.

Designer peels are usually a combination of both alpha hydroxy acids and beta hydroxy acids that work together to combat skin impurities. Designer peels range from treating sensitive and easily bothered skin, to resilient and tough skin.

Chemical peels are a treatment that can work both as an upkeep treatment for clear and healthy skin, or a treatment for ongoing skin conditions. There are peels available to benefit almost every skin type and most conditions.

Patients seeking skin care treatments must first go through a consultation with a licensed professional to make sure the treatment selected fits the clients needs, wants, and expectations. Most patients are good candi-

dates for chemical peels. The most common contraindications for chemical peels are treating people who are allergic to aspirin, pregnancy, or have used Accutane within the last 6 months to a year.

Once a patient is considered a good candidate for chemical peel treatments, the practitioner selects one with the most beneficial ingredients to treat the patient's concerns. Chemical peel treatments are usually spaced one month apart, but can vary depending on the peel, the patients skin condition, and age of the skin.

During a peel, patients typically experience a heat, or tingling sensation where it has been applied. Post treatment, the skin may look red and feel similar to a mild sunburn. During the next week post treatment, it is normal to have dry skin. It is crucial for patients to follow the correct after-care suggested by their practitioner.

The general aftercare is keeping the skin clean, moisturized, and always wearing an SPF of 30 or higher sunscreen. Patients typically start to observe a positive change in their skin condition after as little as one treatment, although it is recommended to do a series of treatments for full benefit, and longer lasting results.

With many clinical studies to back the results of chemical peels, it is proven to be a great option for long lasting skin rejuvenation, and a treatment for most skin conditions.

They are full of chemicals that work with your skin to combat factors such as genetics, pollution, and sun damage. While some practitioners use chemicals that are not always natural, there will always be an office that does offer botanical based ingredients in the peels they use.

Chemical peels should be considered a good option not only to treat skin conditions, but also for a boost to brighten and refresh the skin.

*Anna Wetherell, C.A.E.
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Now, as growth pressures mount, Laurelhurst’s First Annual Home Tour and historic slideshow last month showcased how history can co-exist with 21st Century change.

Sold out days before the event, ticket sales were double what had been expected. With positive cashflow, organizers can evaluate community and charitable causes to support and plan for a second tour next September.

The tour featured a mix of home styles from craftsman to Tudor. Selected for their stylistic significance, they demonstrated how updates, expansive renovations and ADUs can be compatible with architectural integrity.

To protect the legacy for future generations, Laurelhurst Neighborhood is seeking designation as a National Historic District.

Already listed on the National Register and open for the tour was chair Sue Carter-Low’s charming English cottage with its twenty-five brick patterns and intricate details.

“The best part of the tour was building community – over one hundred volunteers worked diligently to ensure this first Laurelhurst Home Tour was a success.”

Laurelhurst Neighborhood Association officer John Liu added his appreciation for hometour-seasoned volunteers from Irvington and planning help from the Architectural Heritage Center.

The tour welcomed “people from all over Portland, from other cities and even other states, who came to learn about Laurelhurst’s history and architecture,” he said.

Among featured homes was the Spanish-Mission style Markham House, originally a showroom for the Laurelhurst Development Company as it plotted land purchased from William Ladd’s 463-acre Hazel Fern Farm in 1909.

The house was saved from the wrecking ball a few years ago by community contributions and John McCulloch’s redesign that turned a faux second floor into four bedrooms and opened

a two-story hallway with a dramatic glass ceiling to living areas below.

At the Albee House Mayor’s Mansion, McCulloch presented a slideshow depicting historical contributions, such as the famed Olmsted family’s hand in designing the neighborhood’s curvilinear streets and development of the park.

It was once named the most beautiful on the West Coast and the first to be listed in the National Register of Historic Places.

He cited the role of streetcars on Portland’s eastward expansion, the obliteration of homes by the Banfield Expressway in 1970 and more recent losses of some 30 bungalows by infill development.

Such loss pains the fourth generation Oregonian dedicated to “preserving beauty for future generations”.

In addition to purchasing and restoring landmark properties, the foundation that bears his name is addressing affordable housing through a program it calls the Sharewell Model that provides investment opportunities in lowcost housing in an effort to end homelessness and to “steward” Portland through change. *MP*

SE Updates

from page 19

prep is a must. Molinaro is the Sunnyside Prepared co-chair and team leader.

“The kind of big disaster that will happen in the Pacific Northwest will, most likely, require all of us to shelter in place. So get your water, food and emergency shelter taken care of.”

That includes sufficient supplies of food, first aid, tools, clothing, and sanitary supplies.

Water takes up a lot more space than most realize. For an

average size family of 2.4 members, water storage for the recommended 14 days requires four strong shelves, 30 inches long and, due to leakage, preferably made of commercial kitchen-style wire.

According to Molinaro and husband Michael, basic storage requirements are being ignored by developers, builders and the Portland departments responsible for safety and welfare.

“Just like the city requires new buildings to have bicycle storage, the space for emergency supplies should be incorporated into the building codes.”

Apartment dwellers, com-

prising some 50% of Portlanders, are at particular peril, according to the Molinaros.

“If people choose not to adequately prepare themselves for disaster, then it is at their own peril, but it should not be as a result of the lack of adequate storage space.

Letters

from page 3

diseases, and reduce our ability to fight infections. According to warnings of leaf blower manufacturers, everyone within 50 feet of a blower in use should be wearing hearing, eye and breathing protection.

Portland must ban gas-powered leaf blowers for reasons of environment, health and quality of life. If everyone in Multnomah County stopped using gas-powered leaf blowers, there would be about 1,430 fewer tons of carbon monoxide emitted in a year.⁴

Portland’s reputation as an environmental leader of cities, as well as its duty of care for the health and welfare of its citizens, all require a long-overdue remedy to this ongoing, insidious problem.

¹ EPA California Air Resources Board Small Engine Fact Sheet, June 2017 .

²James Fallows, Lloyd Alter, Leaf Blowers Are Still a Scourge of Humanity, (<https://twitter.com/lloydalter>)

³ Jay Feldman, Executive Director of the National Coalition Against the Misuse of Pesticides, citing the EPA and NIH as his sources of information [<http://www.nonoise.org/quietnet/cqs/leafblow.htm#carblett>].

⁴ Emission estimates by the Oregon Department of Environmental Quality [Larry Bingham, The Oregonian, oregonlive.com/environment/index.ssf/2009/10/which_to_use_rake_or_leaf_blow.html]

JERRY DECKELBAUM, JD, LCSW

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Caroline Stephen

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A woman with long dark hair, wearing a white tank top and a white skirt, is lying on a patterned futon sofa in a living room. She is propped up on one arm, resting her head on her hand. The room features a wooden coffee table with a bowl of green apples and a glass of water. A side table with a lamp and a glass of water is next to the sofa. A framed picture hangs on the wall. The text 'ROCK SOFT FUTON' is overlaid in large green letters on the left side of the image. At the bottom, the address '3200 SE Hawthorne' and phone number '503.236.0921' are listed on the left, and the website 'www.rocksoftfuton.com' is on the right. The hours of operation are 'Mon. - Sat. 10-6, Sun. 12-5'.

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FMTP Takes Good Care of the Park

from cover

FMTF has ten regular volunteers and a few other spontaneous ones who man the center six days a week for a total of 30 – 35 hours. Because of all the research that has been gathered over the years, school classes sometimes come up to the park and volunteers take them on a walkabout explaining different types of trees and the geological history.

"It's so great to be here and meet all the different people and share this information with them," Hillman said enthusiastically.

The other very effective service programs started through FMTF are the Weed-Warriors whose monthly endeavors keep the invasive species to a minimum, keep the park clean, maintain paths and reroute any areas that are being over-used.

The Foot Patrol is another active group that Dennis Puetz is orchestrating these days. This volunteer patrol keeps the park safe and alerts the police or PP&R to any potential situations that need to be addressed.

Another feature of the park are two sets of wooden posts painted red, green and blue, with directional arrows that mark the three defined trails in the park. Installed around 2010, the yellow posts with the numbers routed and painted are for the 57 different species of trees in the park installed around 2012.

There are maps at the Visitor Center for both the trails and trees and every third Sunday of the month, there is a tree walk presented by Bob Rogers at 2 pm.

The new handrails were recently installed and they are beautiful and so smooth.

The butte got its name, Mt. Tabor, from the residents who purchased land on and around what came to be known as Mt. Tabor. These were the Plymptons, Prettymans, Stephens, etc. They were fairly religious people, and thought the name should be the same as Mt. Tabor in Israel.

Mt. Tabor Park dates back to 1888 when Buell and Helen Lamberson dedicated a tract of land to the city as a designated park. This land was located approximately where Reservoir 1 is on the south side of the park above the dog park.

In 1903 John C. Olmstead recommended that the city ac-



From l. to r. Cindy and Jim Clark with grandchild, Don and Anna Wesley, the 50k visitor to the park and Dave Hillman

quire this beautiful hill known as Mt. Tabor for a park. In 1905, coinciding with the Lewis and Clark Exposition, Mt. Tabor was annexed to the city.

In 1906, more than forty properties were procured or deeded to the city to be used as a public park. The acquisition of parkland in Portland coincided directly with President Teddy Roosevelt's campaign and policies for conservation that helped implement the National Parks Service and the

U.S. Forest Service.

Another notable event at Mt. Tabor was the formation of the Friends of the Reservoirs and the Mt. Tabor Neighborhood Association, led by advocates Cascade Geller Anderson and Floy Jones.

They successfully stopped the city's plans to cover the reservoirs and eventually got Reservoirs 1,5 and 6 and the entire park listed in the National Register of Historic Place.



Cake, coffee and juice for the celebration

Bettie Denny

from page 8

Like in her new novel, Denny incorporates real situations into her novels and brings the characters to life using the personalities of people she knows, as well as her from own multi-dimensional personality.

"I went to a talk by Chelsea Cain, a journalist at *The Oregonian* and publisher of *Heartsick*, she was definitely instrumental in my growth as an author," Denny

said.

Burying My Dead is a journey of horror and hope supported by the rich characters Denny brings to life.

The novel is available through Multnomah County Public Library's Overdrive collection and as an e-book. Print copies may be purchased through the website, bettiedenny.com or at Broadway Books. Book groups are encouraged to contact the author through her website or at bettie.denny@gmail.com.

NN **Neighborhood Notes**

from page 12

every third Tuesday at 7 pm, except December and August, at Carlin Hall on the St. Philip Neri campus. All are welcome.

Montavilla

By Amanda Rhoades

MNA Annual Meeting And Elections, Monday, October 8 at Montavilla United Methodist Church, Fellowship Hall, 232 SE 80th Ave. Doors open at 6 pm. Annual meeting to commence at 6:30.

We hope to see many of our members come out for our Annual Meeting and Elections on Monday, October 8! We'll have a report-out from the year and then open it up for elections.

As part of our annual meeting, we are asking people to bring food for Montavilla United Methodist Church's Open Hearts Food Pantry as a way to thank our hosts and contribute to our community's well-being. Thank you for participating.

All eleven board seats will be up for election this October. Are you ready to make your community a better place? Learn more here: montavillapdx.org/2018-mna-election

Metro Bonds Measure

from cover

renters in the region pay more than 50 percent of their income for housing. For purposes of this bond, Metro defines affordable housing as land and improvements for residential units occupied by households making 80% or less of the area’s median income. This was \$65,120 per year for a family of four in 2018.

The strategy for the 2016 Regional Framework Plan was for public investment that would create and preserve affordable homes for low-income people.

The plan includes the goal of making housing available to all income levels, by creating a regionwide housing fund to assist local governments in providing for affordable housing needs in their communities.

In 2015, Metro launched its Equitable Housing Initiative, to ensure “diverse, quality, physically accessible, affordable housing choices with access to opportunities, services, and amenities.”

After study, the Metro Council passed the resolution in June of 2018 to place the 26-199 bond measure on the ballot.

Metro’s current investments in affordable housing are the Transit-Oriented Development (TOD) program and Equitable Development Planning (EDP) grants in the amount of about \$3 million per year.

TOD funds have existed since 1998, but since 2016 they

have been focused on supporting affordable housing development in areas served by public transportation. Almost all of it is from federal transportation funding, usually combined with funds from cities, counties and private developers.

EDP grant funds come from a 0.12% regional excise tax on construction projects valued at more than \$100,000 with affordable housing projects exempt from the tax. EDP grants fund planning, not construction, but this is an important part of the effort to increase affordable housing.

On the November election ballot too is Oregon Measure 102, important to the Metro bond measure because it increases the capacity of its funding for affordable housing.

It is a legislatively referred constitutional amendment that would allow counties, and cities to build affordable housing in cooperation with private and non-profit organizations.

If Oregon Measure 102 fails and measure 26-199 passes, the bonds will provide enough funding to create 2,400 units, but if Measures 102 and 26-199 pass the bonds will provide for 3,900 affordable homes.

Provisions are included in the measure for community oversight and independent financial auditing. The local and regional administrative costs cannot exceed 5 percent of the bond pro-

ceeds.

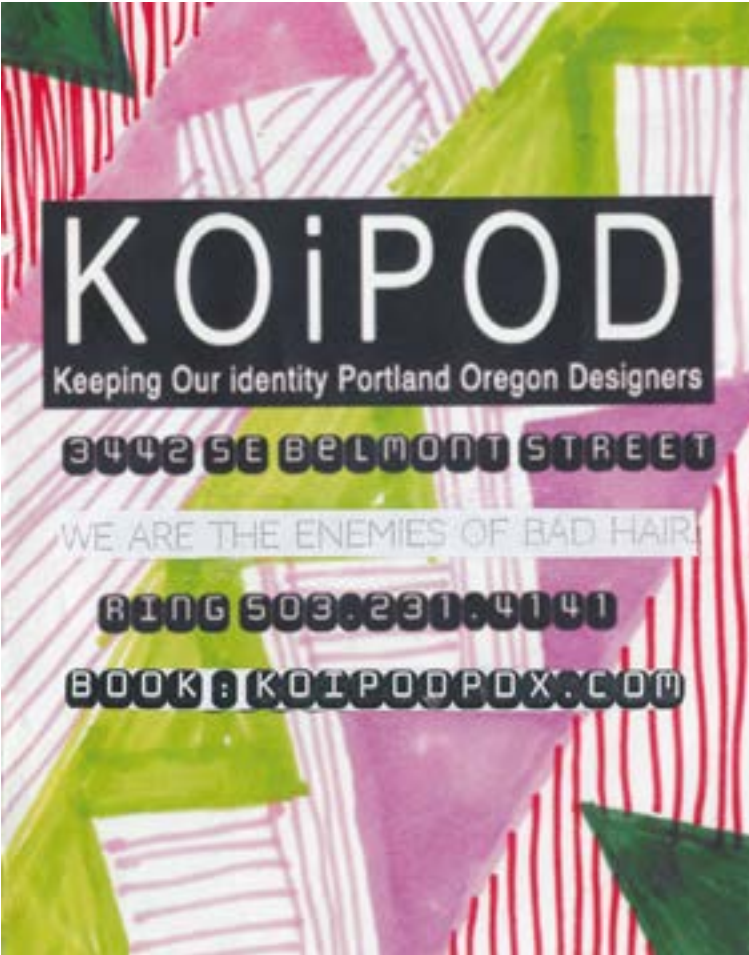
Those in favor of the Metro housing bond measure believe it is necessary due to the affordable housing crisis that exists throughout the region. As long as there is a housing shortage, affordable housing will not be built unless government plays a significant role.

The price of this bond measure is not high. With these added resources, Metro working with the regions local governments and the private sector will be able to have a significant impact in providing housing that is not available today.

Those against the measure will say that government regulations, permit fees, construction related charges, bureaucratic delay, and infrastructure funding challenges add to the cost of privately-developed housing making affordable housing too costly to build.

Affordable Oregon estimates these charges are on average about \$60,000 on the cost of a \$425,000 home, depending on its location in the Metro region. Critics say this new bond will increase the property taxes of existing property owners living on fixed incomes and therefore it is a counterproductive way to fund affordable housing.

If Metro would relax the restrictions on expanding the urban growth boundary more land would be available and more affordable housing might be built.



Keeping Schools Safe

from cover

ways and more fencing and gates if needed. Electronic screeners are not on the list.

Some schools may already have enhancements. Timelines for those that don’t will vary depending on perceived urgency and geographical bundling of construction to control costs.

Schools with poor line of sight to front doors from offices (of which there are several in SE) will get higher priority. An estimated \$5 million will come from a 2017 voter approved bond.

As for arming teachers, this was never seriously considered at PPS. During last spring’s student walkouts for peace, a more frequent outcry was, “Arm teachers with pencils, not guns.”

Although state regs have indicated that to keep guns out of schools, specific signage is required, no SE Portland schools visited had such signage. By contrast, no smoking signs are posted prominently.

Individual schools already tackle problems with common sense. At Richmond Elementary, for instance, a more stringent sign-in policy is being implemented.

At Sunnyside, principal Amy Kleiner says the drop boxes are working well and no safety or waste issues have been reported since students came back in late August.

She says the Sunnyside Community Center across from the school serves needs of those impacted by housing issues, while working to keep the neighborhood safe and clean.

“We have a partnership with this program and make meals for them on Wednesdays with our middle school kids.” Then she adds, “Of course, the horror of last spring’s horrific shooting haunt the halls of some area schools.”

Public schools may always have vulnerabilities, given open campuses and front door policies that many believe make schools more welcoming.

Last month as children filed back, however, lost books and the occasional cut or bruise seemed the most pressing problems in busy front offices.

At Atkinson Elementary, where school crossings on congested Division and backups on 60th are a keen worry, one administrator said, “I could live with fear or optimism. I choose optimism.”

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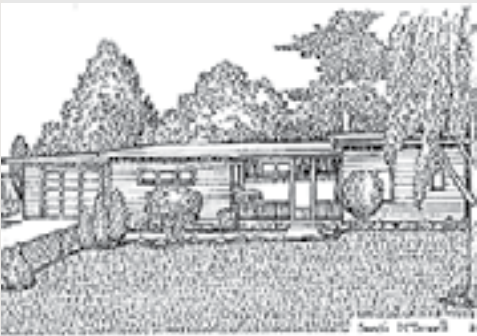


1928 SE Elliott Ave. \$829,900
1923 Side by Side Duplex Each Unit: 2 BD, 1 BA
3773 Total Sq. Ft. 1965 Sq. Ft.

SOLD



605 SE 70th Ave. SOLD
1930 English 4 BD, 1.5 BA
2511 Total Sq. Ft.



7032 SE 65th Ave. \$339,900
1930 1-Story 3 BD, 1 BA
1344 Total Sq. Ft.



905 SE 50th \$515,900
1906 Duplex Unit 1: 2 BD, 1 BA
2310 Total Sq. Ft. Unit 2: 1 BD, 1 BA

SOLD



1912 NE 61st Ave. SOLD
1941 English 3 BD, 2 BA
2758 Total Sq. Ft.



1719 SE Cesar E. Chavez \$455,000
1922 Bungalow 3 BD, 2 BA
2080 Total Sq. Ft.

Community Events Bulletin

The Wedge
October 6, 12 pm – 6 pm
thewedgeportland.com

Held in the Alder Block, home of the Portland Night Market, The Wedge is a Farmers Market-style festival celebrating cheese and everything that goes with it. Sample and purchase local, artisan cheese, specialty foods, beer, wine, and cider. Bring a cooler and stock up! This is an indoor and outdoor event and will be held rain or shine!

Apple Tasting at Portland Nursery
October 12 - 14, & October 19 - 21
portlandnursery.com/events/apple-tasting

Portland Nursery on SE Stark is always well-supplied with a large variety of apples and pears to taste and purchase by the pound, as many as 60 different varieties in all! Tasting lines, as well as our fresh-pressed cider demonstration and tasting, will be open during all six days of this free event.

Killer Pumpkin Festival
Saturday, October 27, at 11 am
facebook.com-events/443252416167233

It's going to be a killer time at this year's Killer Pumpkin Festival held at Rogue Ales and Spirits! Pair the many pumpkin brews with a delicious sampling of snacks from their special pumpkin menu. Dog, Kid and Adult costume contests and a giant pumpkin beer tapping at 5pm. This event is family-friendly and dog-friendly.



LEFT TO RIGHT: Chelsie Coon, Kevin Caplener, Caroline Easton, and Jan Caplener


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