A Day of Climate Action

The clever signage, massive show of activism and informational presentations about living in harmony with nature were the kind of education experience advocated by curriculum specialist Bill Bigelow.

A member of Portland Public Schools Climate Justice Committee, the former Franklin High teacher was nationally recognized recently in a Teen Vogue article in which he championed weeding out textbooks that fail to acknowledge human-caused elements in the crisis.

Bigelow claims that an evaluation of

The District Office

The District Office, at the corner of Stark and MLK, is one of Portland’s first cross-laminated timber buildings; a new and exciting innovation using decarbonized methods and materials, which significantly lowers the carbon footprint.

This type of timber lends itself to create high hopes for timber jobs and sustainable forestry.

Cross-laminated timber is a wood panel product made from gluing layers of solid-sawn lumber together. Each layer of boards is usually oriented perpendicular to adjacent layers and glued on the wide faces of each board in a symmetric way so the outer layers have the same orientation.

This building took about eighteen months to build, and was entirely pre-fabricated off site. This increased the speed of putting the building up. Because the bones of the building are constructed of wood, the interior is also beautiful and natural.

“This is a good template for developing the next round of commercial real estate in SE Portland,” said Brad Nile, Andersen Construction and District Office builders.

At six stories, the building includes five floors of new office space with

SE Updates

By Midge Pierce

Population Counts Matter

The federal 2020 Census is coming. It can determine whether Oregon gets another House seat or not.

It may come as a surprise that it will mostly be conducted online. That will make it more difficult to count rural Oregonians, those living on reservations and those distrustful of Government. Special efforts are underway to reach them.

The so-called Get Out the Vote Count is part of Oregon’s Census Equity Focus of Oregon that will supplement federal funding to reach some 1.3 million so-called hard to contact individuals known as HTCs.

Partnering with United Way, a consulting group called Dancing Heart seeks some 10,000 volunteers to work at assistance centers or help locate HTCs. Some 150,000 are in Multnomah County, comprised of non-English speakers, people of color, Native Americans, single parents, renters and the unhoused.

Solve Volunteers Clean Up

By Lashaya Gordon

From Astoria to Brookings, Baker City to Medford, over 5,500 dedicated volunteers came out in full swing, Saturday, September 21, to take care of Oregon as part of the annual SOLVE Beach and Riverside Cleanup, sponsored by the Oregon Lottery.

This year, an estimated 28,261 pounds of trash and marine debris were collected from more than one hundred and forty project sites including beaches, parks, waterways, urban spaces and natural areas across the state.

Beach cleanups took place along the entire Oregon Coast, from Astoria to Brookings, attracting thousands of visitors and locals alike to aid in the fight against marine debris.

The most common items found during the event were tiny plastic pieces, cigarette butts, discarded fishing rope, glass, and plastic bottles.

Portland’s Central Eastside’s Clean-up gave a new definition to “deep clean” with ten divers (from Adventures with a Purpose) diving into the Willamette River, retrieving bikes, scooters and countless skateboards. Recovered items were loaded onto a barge and brought to shore, where volunteers lined up to unload.

Volunteers in the Central Eastside neighborhood cleaned litter and installed placards on storm drains, reminding citi-
By Midge Pierce

The fate of the city’s Neighbor- hood Associations continues to shift following Commissioner Chloe Eudaly’s threats to Council colleagues for their refusal to support a controversial code proposal. The proposal would have gutted Portland’s nationally rec-

Cracks in Code Change Surface

How beautiful the leaves grow old. How full of light and color are their last days.

al’s overhaul.

Outrage surged after Wil- liamette Week’s publication of Eudaly’s emails warning fellow Commissioners she would damage their reputations if they failed to back the change.

Since the backlash, Eudaly indicated she would work with colleagues on a code that looks “very different than it does now.”

Positioned as a way to bring under-represented groups to the public influence table, the initial draft released in July by Eudaly’s committee omitted mention of NAs, which are currently code-protected groups eligible for funding, landuse notifications and fee waivers.

While the draft has been modified to list NAs, code objection linger over its lack of pro-

cesses to ensure transparency, nondiscrimination and fair orga-

nizational selection criteria.

NA leaders call the rewrite an aspirational mission statement, not a code.

Under Eudaly’s watch, OCCL is riddled with challenges of hostility, miscommunication, misrepresentations, divisiveness and, above all, dismantling demo-

cratic practices.

Her extraordinary threats to colleagues follow her charge that NAs are enclaves of racist, white, Colonial-style obstruction-

ists, views frequently echoed by her OCCL Director Suk Rhee.

At this writing, neither Eu-

daly nor Rhee had apologized for breaking trust with their commu-

nities.

Letters and op-eds praise the plan’s vision to expand the pool of groups that receive fund-

ing and official City recognition. Criticism arises from the propos-

al’s lack of accountable proce-

dures.

Lack of operational struc-

ture is a key reason that two members of the Code Change Committee declined to endorse the draft.

Their “Minority Report” says the proposal largely ignored a 2016 audit recommending strengthening support of NAs and helping their diversity outreach.

Co-authors Linda Nettekoven and Hilary Sundleaf Mackenzie said the code severely limits “the very goals of increased com-

munity engagement it set out to expand.”

The authors caution that OCCL is preparing to restructure Coalition offices and funding mechanisms.

They describe their com-

mittee experience as well-inten-

tioned but highly flawed with inadequate meeting minutes, no acknowledgement of NA contrib-

utions to the City and no serious attempt to alert NAs to the Com-

mittee’s work. Failure to inform NAs of code change procedures is a sore point with leaders who see it as a pattern of OCCL aban-

don its public service responsi-

bilities.

As pushback mounts, so do OCCL pitch meetings. At East Portland Community Center last month, Rhee blamed NA leaders, all volunteers, for not deducing that event notices are posted on OCCL’s website.

Addressing how OCCL’s changes will translate at other bureaus that currently inform NAs about landuse, transportation, infra-

structure and livability issues, code project manager Sabrina Wilson said multi-bureau meet-

ings are a next step in the change process.

Staffers spoke of conces-

sions already made to the original draft. In addition to now listing the ninety-five neighborhoods, they pledged that NAs will retain current benefits and a phrase was deleted that granted the Director sole authority to select organiza-

tions for official recognition.

Concern remains about a sunset clause that would allow the City to cease NA recognition after two years.

In an op-ed for The Oregonian, Rhee wrote that NAs would be recognized “until more equi-

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What do Neighborhood Associations do?

By David Krog

Every part of the City of Portland is included within a neighborhood, and all of these have Neighborhood Associations (NA) which residents and businesses can be involved with. At latest count, there were ninety-four recognized neighborhood associations and seven neighborhood coalitions within the City.

Because NAs are in the news today due to actions proposed that may change their status, a short look at they do is in order.

All residents in the City, whether homeowners or residents, business owners and operators, are automatically members of their NAs for their respective area.

Many people don’t pay much attention to their NA unless something of concern is occurring within their locale or if there is a neighborhood or business event of interest to them.

Most NAs meet monthly at locations within the area, usually at a school, church, or commercial business that has meeting space. Meetings and events are advertised usually at the neighborhood website or in newsletters distributed within the area.

Officially, current City Code 3.96 authorizes and defines NAs, neighborhood coalitions and business associations describing minimum standards and functions for each. For NAs, the primary functions identified are encouragement of public involvement; providing recommendations to City agencies on topics that affect them: livability, safety, and economic viability regarding land use matters, housing, transportation, social and recreational services, etc.; to provide budget comments as relate to neighborhood improvements; undertake projects and activities in support of the neighborhood, and cooperate with other NAs and the Office of Community and Civic Life (OCCL) in regards to operation of district coalitions.

By complying with these standards, neighborhoods would be recognized by the City and provided with support benefits. It should be noted that the OCCL is in the process of rewriting City Code 3.96 and eliminating the authorization and functions language.

Having served ten years on my own NA board, here are some real examples of what neighborhood associations do.

There is a working board of generally ten people who are responsible for attending monthly meetings and heading up committees and ongoing tasks. Next, neighborhood volunteers serve on committees or help with tasks.

Normal tasks include: reviewing permit and other referrals from the City for comment or action (such as liquor licenses, land use actions, etc.); annual cleanups, picnics or national night out events; fundraisers, meetings with businesses regarding good neighbor plans or issues involving neighborhood impacts; participation in training provided by district coalitions; prepare and distribute neighborhood newsletters, and more.

During my participation, the City stopped doing individual neighborhood plans so our NA went ahead and prepared our... turn to page 19

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**RIP Eyes Anti-displacement**

By Midge Pierce

Just as Portlanders were getting used to the idea of three and four-plexes in their single family neighborhoods, a proposal surfaced to allow six-plexes.

Locals wary of the Residential Infill Proposal (RIP), may reel at the thought of additional densification. Yet a proposal by activists that would allow six-plexes if half were affordable is under consideration at City Hall as a way to address displacement.

The RIP draft has been in the works for four years as a solution to the City’s housing crisis and the anticipated arrival of some 240,000 new residents.

In response to concerns that neighbors would be priced out of neighborhoods if their homes and apartments were demolished, project planners are seeking ways to minimize displacement.

In addition to considering incentives for adding units to existing houses, the mayor’s office is evaluating whether six units would spur affordable development to help rehouse those forced to move, according to Project Manager Morgan Tracy.

At a recent SE Uplift land use meeting, Tracy seemed unsure whether the notion would gain traction.

The squeeze-more-in proposal comes on the heels of summer’s Legislation ending single family zoning in cities statewide. United Neighborhoods for Reform calls it a “luxe” housing bill sponsored by multi-dwelling developers. The mandate beat Portland to the densification punch.

As planners spin multiplex housing in residential neighborhoods, it’s hard to argue that Portland needs affordable housing. Whether densification gets us there is a source of debate.

Virtually the entire City, affordable in 2000, is now beyond the reach of many today. About half of Portland residents are priced out of average rents of $1400 for studios and one bedrooms.

Even a unit in a six-plex could run $380K, surmised Tracy, price levels that might attract builders but would still limit buyers.

Tracy steered focus to plan revisions intended to lower out-of-context housing heights, discourage McMansions, encourage design features, eliminate minimum parking requirements and add requirements for a percentage of “visitable” units with wider doorways and no-step entries.

As developers look for cheaper land to make the economics of construction pencil out, he indicated East Portland, with its large lots and lower costs, will become attractive for redevelopment.

Montavilla, Brentwood-Darlington and Lents, areas near

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turn to page 19
Montavilla
By Brad Donahue

With the signs of fall in the air it’s sort of like back to school for the Montavilla Neighborhood Association. In our case it happens that it’s time for our annual election of board directors, October 14 at 6:30 pm. MNA meets at the Montavilla United Methodist Church, 232 SE 80th Ave. There are currently at least nine vacancies on the MNA board you can nominate yourself for.

Every nominated person will get a chance to talk about themselves and why they would like to be on the board. If you are elected, you could become Chairperson, or a treasurer, or a board member that helps out and contributes ideas and resources.

If you are interested in being on the board or want more information about the election or the neighborhood association, go to montavillapdx.org. There’s a place (the button looks like =) to enter your questions or comments and send them to us. We look forward to meeting you and talking with you.

A number of things come to mind when I think of the benefits of a NA. One of them is to meet new people and share ideas. Another is to learn about ways that we can help each stay safe.

There are a number of issues around the community that are of concern to people, traffic safety being one of them, dealing with and helping the homeless is another. There are any number of these things can be put on the table and talked about. People can help out by being part of one of several committees; we have a Safety Committee, a Land Use and planning committee, a homeless committee as well as a Communications Committee.

Usually we reach out to community members of formal organizations to bring in presentations. Recently we had the Portland NET Portland Neighborhood Emergency Team present ideas of what to do in extreme disasters, such as a major earthquake. In the past we have had candidates for different regional offices come talk about why they want to be elected.

HAND
By Jill Riebesell

Actions this month reflect just two ways the Hosford-Abernethy neighborhood is often asked to lend support. These are examples of how neighborhood associations intrinsically concern themselves with residents and the city as a whole.

Portland Fire & Rescue visited our September meeting, sounding the alarm about understaffing of the station nearest us, No. 23. The station, at Gideon and SE 13 Place, is charged with eighteen neighborhoods and the city as a whole.

They asked for our support. These are examples of how neighborhood associations intrinsically concern themselves with residents and the city as a whole.

Thus, if a HAND resident suffers cardiac arrest, an adequate rescue effort cannot be guaranteed. The low staffing affects rescues for serious accidents and house fires. The latter requires a fire engine, which the station has, but can’t use. To keep it in good working order and to operate requires four people. Without an adequate staff...

The HAND board voted to encourage the city to budget for staffing at Station 23 and to invite other local neighborhoods to support our request.

On a completely different front, we voted to support two components of Better Housing by Design, a comprehensive plan created by experts and volunteers to guide Portland as it moves into the future. One of the goals is to preserve our history as we modernize for increasing population.

The plan goes to the City Council October 2. We agreed to lend our support for two ways to preserve those multifamily unreinforced concrete masonry buildings in Ladd’s Addition with a historic designation, most of which lie along busy corridors: (1) allowing transfer of height allowances to other projects to help defray the cost of seismic upgrades and (2) supporting disallowing certain bonuses in the event a historic structure is demolished as an incentive to rehab rather than rebuild.

Aside from these actions, conversations included alerting people to the Climate Strike; talking over city plans to change City Code 3.96 to remove neighborhood associations from mention in the code; learning about a movement initiated by HAND members with parents concerned about a Catholic Charities plan for low-cost housing at St. Philip Neri; and learning about Oregon Rail Heritage Center’s intentions to install the old turntable.

HAND meets Tuesdays most months at St. Philip Neri. All are welcome.

Sunnyside
By Colin Wonnacott

The Sunnyside Neighborhood Association is hosting a panel discussion to address challenges we face as the city continues to change. Crisis and Conscience: Understanding and Responding to Portland’s Housing & Homelessness Emergency will be the main focus for our October Association Meeting.

The panel will be held at Sunnyside Environmental School’s Auditorium, 3421 SE Salmon St., Thursday, October 10 at 7 pm. We invite everyone to join us for this important and informative discussion.

For information please visit sunnysideportland.org.
PTA advocating for children
The National Parent Teacher Association (PTA) has worked toward bettering the lives of every child in education, health and safety for more than 120 years. Founded in 1893 as the National Congress of Mothers by Alice McCallum Birney and Phoebe Apperson Hearst, National PTA is a powerful voice for all children, a relevant resource for families and communities, and a strong advocate for public education. As the largest volunteer child advocacy organization in the nation, they are the conscience of the country for children and youth issues and have established programs and called for legislation that improves children’s lives, such as:

Creation of Kindergarten Child labor laws

Public health service
Healthy/healthy lunch
Juvenile justice system
Mandatory immunization
Arts in Education

Today, the issues that affect our children extend beyond their individual schools. PTA’s nationwide network provides parents with the forum and tools to collectively influence decisions that affect children at their schools, and throughout their districts, within their states, and across the nation. PTA’s mission is to make every child’s potential a reality by engaging and empowering families and communities to advocate for all children.

To find out how you can join contact your local school or PFA.org.

LVW ballot measure forum
The November 5 special election includes six measures on Portland area ballots. The measures include:
- Continuing current tax levy for Portland Public Schools; Bonds for Metro parks and nature; City charter changes protecting the Bull Run watershed, and City charter changes authorizing city participation in emergency mu-
- nal aid agreements.

Learn about these measures at the nonpartisan LVWPDX voter forum, Monday, October 21, 6:30-8:30 pm, at Multnomah County Boardroom, 501 SE Hawthorne Blvd. Video record-
- ings of the forum will be posted on the League of Women Voters of Portland website (lvwpdx.org) and on.tvize. all.org.

Explanations of all six measures, including one for Troudale and another for Sauvie Island, will be available at the League’s election information website, Vote411.org beginning on October 1.

Mt. Hood Trails presentation
Come to the Holman Au-
- ditorium at the Multnomah Coun-
- taining Center, 527 SE 43rd Ave. at 7 pm Thursday October 25 with a history of the past, present, and future of the trails on Mt. Hood with Tom Kloster and Steve Kruger. The evening will begin with renowned Oregon nature photogra-
- pher Tom Kloster giving us a history of trails on Mt. Hood. His presentation is richly illustrated with photographs from his own collection of historical photos, as well as with his own work. Do you know what the first trail was on Mt. Hood, and how it came to be? How people got to the trails, when there were no roads leading up to Mt. Hood? Who built trails, and why?

The second half of the evening will focus on the current Mt. Hood trail system, how it is—and is not—maintained, and discussions for future trails are in the works. Steve Kruger, executive director of Trailkeep-
- ers of Oregon, will be giving this part of the presentation, bringing us up to date on what needs to be done for our current trails, which ones we could lose, and proposed trails we could help to build. All of you who love to hike and climb on Mt. Hood, could qualify to become a Mazama. Sponsored by the Conservation Committee, this event is free, with a suggested donation of $5 to the work of Trailkeepers of Or-
- egon gladly accepted.

Proposed new license plate
Oregon Wildlife Foundation has launched the Watch for Wildlife campaign to get Or-
- egon’s next wildlife license plate approved by Driver and Motor Vehicle Services (DMV). Oregonians can show their support by signing one online at the address below.

The plate features a mule deer and the Cascade Mountain Range and was conceived by the Foundation and partners to raise awareness about wildlife-vehicle collisions on Oregon’s highways and roads.

Mule deer are an iconic western species whose numbers are already in decline due to habi-
- tat loss, They are further imper-
- ilized as they cross busy Highway 97 in central Oregon during their annual migration.

“Preventing animal collisi-
- ons on roadways is important to all Oregonians,” said Tim Greseth, executive director of the Oregon Wildlife Foundation. “The Watch for Wildlife license plate will help. We can reduce collisions, reduce roadkill, and improve habitat connections for wildlife. It’s a win-win.”

The DMV’s process to es-
- tablish a new specialty license plate requires the plate sponsor to sell 3,000 vouchers. The voucher is redeemable for the plate once the sale requirement has been met and the plates are in production.

The $40 plate vouchers are sold exclusively through the Foundation’s website.

Mann house subject for development
Innovative Housing, a non-profit that helps find affordable housing for low-income families, submitted a proposal to convert the historic Mann mansion in the Laurelhurst neighborhood into affordable housing.

The home was originally built in 1910 and is on the National Register of Historic Places. The property has sixty-one bedrooms, thirty-nine bathrooms, a commercial kitchen and amenities like an auditorium and exercise rooms. The home and its first residential facility specifically designed for the elderly. It was initially supported by pioneer developer and banker Henry Winslow Corbett and Amanda Reed, whose estate established Reed College.

Innovative Housing would make necessary renovations and improvements to turn the home into one of Portland’s more affordable housing based on income as the city attempts to take on the growing housing crisis.
Goodbyes at SE Uplift

Molly Mayo is departing as Executive Director of SE Uplift Neighborhood Coalition. She has been an educator and has played a critical role in the success and development of the organization.

Mayo’s work at SE Uplift has been deepening relationships with community organizations and neighborhood groups.

Under her guidance, SE Uplift has opened a Community Engagement and Fiscal Sponsorship Program to facilitate groups in connecting to the SE Uplift network and is able to provide meeting space to many different organizations.

She also led the Board of Directors through the process of developing a new mission statement for SE Uplift that removes exclusive language.

Fiscal Sponsorship Manager, Gaby Saldaña-Lopez and Summer Intern, Lashawn McCarty will also be leaving SE Uplift.

Saldaña-Lopez served as a Summer Intern for the past year. Under her management, SE Uplift’s Fiscal Sponsorship Program has brought attention to the success and development of community groups and has deepening relationships with many different community groups.

Under her guidance, SE Uplift and Sankofa NW.

Send your Community News announcements to: examiner@seportlandnews.com

Recycling tips for October 2016

Find yourself talking about recycling when you shop, in line at the grocery or just chatting with friends on a regular basis? In this generation, the average American family uses over 800 plastic bags, spray bottle tops, then marketed as “waste in waste.” Since 2001, Teracycle got their start from post-consumer plastics and is using the mail-in recycling program for their difficult-to-recycle bits of plastic and select food wrappers, plus new documentation for recycling beyond the curb at local businesses andfan-

No Ivy Day – Portland Parks & Recreation invites you their annual No Ivy Day Saturday October 26.

In 2012, Teracycle partnered with tobacco companies to create a collection andrecycling system for the countless acetate filters found in cigarette butts. The filters are refined then converted into shipping pallets, benches and ashenes. Seasonal and non-profits collected the bottles and the proceeds in what was dubbed the, “Bottle Brigade.”

Over time, the company partnered with large corporations to sell their product, use their bot- tles, and assist companies in find- ing waste solutions. Perhaps you have seen examples of their upcycled pencil pouches and tote bags made from stitched together juice pouches, or fused together plastic bags called “to-Totes.”

Later, the company began producing plastic pellets from post-consumer plastics and moved from manufacturing to li- censing products.

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A hundred years ago, Walter and Arnold Kuhnhausen opened their first appliance business with locations in both Portland and Seattle. They figured that since half of all Americans had electricity, people could afford the modern appliances this technology supported. They sold vacuum cleaners and washing machines; every housewives’ dream.

Eventually they decided on just one location here in Portland at 617 SW 3rd between Morrison and Alder. By the time World War II broke out, they knew that the rationing of metals would be hard on their business, so they added furniture to the mix.

When they first started carrying furniture, it was all mid-century modern or colonial. Heywood Wakefield was a popular mid-century modern brand at the time, and is still sold today. Being entrepreneurs as they were, Walter, his son Ross and Arnold looked to purchase a bigger location and that space is where Kuhnhausen’s is in operation today at 2640 E. Burnside.

Kuhnhausen’s sells mostly furniture and lamps, but also eclectic wall and decorative art, and pillows. One of the business’ present day owners, Shelley Howard (Kuhnhausen), recalls coming to the store as a child with her dad Ross to watch The Wizard of Oz on a color TV, in the home appliance section.

“We didn’t have a color TV yet, so we got to watch it here.”

All four of Ross’s kids spent time at the store and were “hired” to do the dusting. Ross’s son Neal was the first offspring to take to the business, coming to work in 1968. Neal especially liked hanging out in the back room with a guy named Leo who taught him how to fix broken appliances and everything else that needed fixing.

After Leo retired, Kuhnhausen’s stopped carrying appliances and became primarily a furniture store. Around the late 80s, Jan Stewart (Kuhnhausen) came to work, and often had her two young daughters, Allison and Claire, in tow.

By the time Shelley came to work there in the 90s, the furniture line had become more traditional and gone were the colonial and mid-century modern, until recently that is. Those classic pieces still adorn many homes today.

When Ross retired, his three oldest children didn’t miss a beat and took on management of the store. Sadly, Neal passed away in 2017, leaving the three-legged stool wobbly until Claire, Jan’s daughter stepped in to help. Claire was employed for awhile after college, but found a teaching position she was educated to do. She eventually realized that selecting and selling furniture was more to her liking – it’s in her bloodline.

She has the perspective of her generation to share in choosing furniture to sell along with the impeccable taste her aunt and mother already possess. One of Kuhnhausen’s mantras is to offer “furniture that fits.” They aren’t only referring to available space, but making sure a person is comfortable and that furniture is what they really want.

“What I learned from my grandpa Walter was to give people the most information they need to be comfortable about making a decision,” Shelley said.

“My generation is shifting away from easily obtained and disposable furniture to quality, long-lasting and locally-made things,” Claire said.

Biltwell is one of their most popular sofa manufacturers, made here in Portland. Whittier is another brand of furniture made locally.

The showroom display vignettes are filled with sleek, chic, mid-century modern and transitional furnishing and other accessories. The clean lines and fascinating designs are like a modern incarnation of the Art Nouveau era.

Claire’s favorite pieces are of mixed material like the metal and leather end-table/magazine holder she was purchasing for herself. “I live in a small space and pieces like this really do fit.” Kuhnhausen’s has a large selection of creative, beautiful and practical pieces – a reflection of abiding good taste.

Nowadays, Kuhnhausen’s is owned by women. It’s a business; one Jan, Shelley and Claire know well. They can offer knowledge, advice and years of cumulative expertise in helping you find the right furniture for your home and life.

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HOWNW.COM™ is a unique public service website that acts as a comprehensive homeownership resource to homebuyers with information Without Obligation.

HOWNW.com™ contains a searchable, multi-lingual database of homebuying programs available in Multnomah, Washington, and Clackamas counties. Potential homebuyers enter the area they wish to live in, number of people in their household, and their annual income to discover financial programs and resources available to help them become homeowners.

The website walks consumers through the homebuying process and includes features such as 100 Questions and Answers for Buying a Home, information on finding a loan, a real estate glossary and much more. In addition, information on consumer issues such as predatory lending, finding a healthy home and credit is provided.

HOWNW.com™ lists homebuying seminars that meet the requirements for homebuyer counseling required by some loan and assistance programs. This innovative homeownership tool provides anyone contemplating homeownership with a one-stop information resource on the home buying process as well as the potential for finding a unique lending program that could assist them in achieving the American Dream of owning their own home.

FOR MORE DETAILS, VISIT WWW.HOWNW.COM

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Business Walkabout

Present of Mind

By Nina Silverstein

Retail businesses come and go, but Present of Mind at SE 36th and Hawthorne has been a stronghold in inner SE Portland, surviving many changes in the neighborhood. This month, the store celebrates thirty years in business.

Presents of Mind is a sole proprietorship owned by Cinnamon Chaser.

The decision to open the store was a no-brainer, because, “No one was offering independent, personally curated, one-stop gift shopping,” said Seasons Kat Sparks, who currently runs the shop.

“You had to go all over town to pull together the best options for cards, gifts and gift wrap. Presents of Mind finally put everything under one roof.”

Visitors find gifts of all kinds in the store from trendy, classic and humorous, to local, exotic and even gourmet.

“We hand-select our gift products, apparel, jewelry and accessories, as well as our cards and giftwrap from independent local, eco, fair-trade and artist lines, primarily in the Pacific Northwest, if not from Portland,” she added.

She puts cards, jewelry and apparel at the top of the list of the most popular purchased items. There is a varied selection of t-shirts, toys, housewares, socks, bath and body products, stickers and books too.

“Hawthorne was a very different street when we opened thirty years ago,” Seasons explained.

“But we have always felt part of the community.

“Being part of our neighbors’ births, deaths, birthdays, graduations, etc., ties us to the people in our neighborhood in a unique way.”

The adult children of many of the people who have shopped in the store over the years are now coming in with their kids, so there’s something to be said about meeting the gift needs of different generations.

Presents of Mind has been politically vocal, especially regarding human rights and equality.

“We have received unwavering support from the community and are proud to foster efforts of inclusion, and to raise funds and awareness for many local charities over the years,” she added.

Present of Mind, 3633 SE Hawthorne Blvd., hosts its 30th anniversary in-store celebration October 4-6. See presentsofmind.org or phone 503.230.7740.

Propaganda The Salon

By Nancy Tannler

When Scott Kane, owner of Propaganda the Salon, was a student at Catholic School in New York City, his parents were often called to make sure he got his haircut so that it didn’t touch his ears; that was against the rules. “I remember really enjoying getting my cut, especially when I went to one of the nicer salons.”

After high school, he realized his manual labor job working for Manpower in Florida was not the career path for him. Looking for something inside with air conditioning, maybe some cool clothes and creative, Scott remembered his early experiences at the salon and thought that might be a job that suited him. Obviously it did, as Propaganda is celebrating twenty-five years in business.

The road to this point in time came partly from finding the creative hair stylists and having the talent to learn from them. In the 80s he made his way to Los Angeles and attended the Vidal Sassoon School. Sassoon was a British-American hairstylist, businessman, and philanthropist who had come to LA in the seventies and developed a reputation for his innovative cuts, creating the classic bob.

Scott had the good fortune to have Ian Givat and Gordon Nelson, famous British hair stylists and teachers, as mentors during this time. They too, were peers of Sassoon.

Scott learned from the best and eventually became a teacher himself, spending a lot of time traveling. After one three week stint, he came home to his baby daughter Chandler, and realized he was missing too much by being on the road all the time. Since her grandparents already lived here in Portland, the family decided to move here.

“What I liked about Portland after living in LA was the ‘disheveled elegance’ of the people. I noticed people wearing Birkenstocks with socks and it seemed okay.”

Scott Kane
Little Beast Brewing

By Nina Silberstein

At a time when they were making beer and selling it to beer bars, bottle shops and some grocery stores, Little Beast Brewing founders Charles Porter and Brenda Crow didn’t have a place where people could try the beers they made all at once.

It was always their desire to have a pub, so when the space on SE 34th and Division opened up, their dream of a taproom became a reality in the spring of 2018.

Little Beast crafts wild, wood-aged and blended beers with diverse cultures think Saccharomyces, Brettanomyces, Lactobacillus and wild flora.

These are farmhouse-style beers that have their roots in Belgian traditions and brewed to showcase a complex mix of yeasts and bacteria.

They also have a popular fruit beer series. Little Beast works with local farmers from around Oregon who add their fruit to beers that age for months, and even years in their barrels and tanks.

In addition, they brew and serve IPAs, Pilzners and many other styles, but are known for their mixed-culture farmhouse ales.

Charles grew up in the Midwest and spent a lot of time foraging, experimenting and cooking with ingredients he had scavenged. In college, he studied field biology, which has had a huge influence on his brewing career and his interest in fermentation science.

He started brewing professionally his last year of school and began experimenting with wild yeasts and cultures. It started with breadmaking, but when he moved to Hood River in 2003 to brew for Full Sail, he started a home brew club and began using wild cultures in beer.

He left Full Sail in 2007 and was head brewer at Logsdon Farmhouse Ales, where he became famous for making beer with Brettanomyces and seasonal fruits. In 2015, Charles left to start up Little Beast with Brenda.

Brenda is a Portland native, culinary arts graduate and expert in the business of specialty food, especially in cheeses and charcuterie.

Working alongside and promoting farmers, fishermen, and makers, she has passionately followed her belief that great food is the essence of a good life.

Brenda works to make sure that the Little Beast’s beer garden offers year-round warmth and comfort, and the crafts of beer making and scratch cooking with good ingredients are prominent and in all of their endeavors.

The pub on Division is small, so brewing does not take place on-site. The brewery is located in Clackamas, on Highway 212, but it’s not open to the public.

3412 SE Division St.
503.208.2723
littlebeastbrewing.com

Looptworks

By Nina Silberstein

CEO and founder Scott Hamlin witnessed first-hand how much excess material the global footwear and apparel industry was producing and sending to landfills while he worked at companies such as Adidas, Jockey International and Royal Robbins.

In an effort to increase transparency of a broken system and upcycle excess material into new products, Looptworks was born.

The company calls itself Looptworks because it is working toward closed loop solutions; a retail model that produces no consumer waste and conserves resources by avoiding the creation of virgin materials.

That moves consumer behavior toward the purchase of quality, long-lasting products,” explained Clare Healy, Director of Digital & Brand Marketing.

Materials that Looptworks upcycles can come from a multitude of places but often fall into two categories: pre and post-consumer waste.

“Pre-consumer waste is excess scrap material from the production line of goods,” Healy said. “These are the perfectly good textiles that simply don’t make the cut, literally.”

Then there is post-consumer excess, which could be, for example, a jacket or bag no longer wanted or a basketball jersey that didn’t sell because the player was traded to a new team.

Healy said the company takes in materials from all different aspects of an industry and creates a variety of new products.

It has clutch purses made from excess leather from the belt industry, waist packs that are born from upcycled NBA jerseys, and messenger bags and wallets made entirely out of staff uniforms and leather airplane seats from Delta Airlines.

“We truly believe that the majority of textiles that end up in the landfill can be repurposed and given new life if they are put in the right hands,” she noted. “So, innovation and flexibility career guide our design and production practices company-wide.”

Looptworks customers are as diverse as its material and product offerings. They span the spectrum from travel enthusiasts and NBA fans, to music lovers.

Geographically speaking, customers come from here in Portland and as far away as Sydney, Australia.

“Regardless of product preferences and varying interest, they’re all rooting for protection of our home planet,” Healy added, “through their lifestyle choices, purchases and beyond. And they are at the core of everything we do.”

Many of Looptworks’ products are made in the US (including the Portland area), while others are made overseas. It depends on where the excess material is born.

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Concentration Pricing and Congestion

By David Krogh

Portland area interstate highways, feeder streets, and even City streets have become more and more congested in recent years.

That suggests two very different, yet interrelated areas of discussion.

The first is how to alleviate heavy congestion on I-205, I-405 and I-84. This heavy traffic is putting Portland into the top twenty in the country of worst commutes and I-84. This heavy traffic is putting heavy congestion on I-205, I-405 and I-84.

The Sightline Institute recommended congestion pricing in the area of traffic congestion pricing instead of the proposed highway expansions near the Rose Quarter as other studies have indicated the potential for increased traffic flow to be caused by lane expansions.

The City Observatory has gone beyond just the connection of I-205 and I-5 and recommended congestion pricing be implemented along the entire length of I-5 within the City.

The Oregon DOT has taken the lead in providing lane enhancements discussed previously, and is also looking into the concept of congestion pricing.

The City of Portland and Metro are both creating task forces to look into congestion pricing or street access fee establishment within the entire area.

Cascade Policy Institute (CPI) recently published a discussion of congestion pricing and impacts for citizens, favoring congestion pricing for highways with the stipulation that monies received are used for transportation purposes and not for other funds.

This has happened before in Portland with street maintenance funds being used for other purposes. Cascade seems to be the only organization attempting to bring attention to the issue of local and feeder street congestion.

Dr. Eric Fruits of the Cascade Policy Institute says, “While Portland-area policy makers give lip service to reducing congestion, the transportation policies they’ve put in place can only be described as congestion by design.”

“Road diets” such as lane reductions have choked off major arterials and sent drivers scurrying through side streets. Reduced speed limits have slowed traffic to a crawl in many areas. Speed bumps seem to be popping up faster than dandelions in spring.

Proponents of Portland transportation projects are very evident as well.

Examples in SE Portland include: Federal Boulevard expansion, the “30-year plan;” increased congestion at the intersections of SE 50th and Division and SE 50th and Hawthorne due to the closure of SE Lincoln to east/west traffic; and increased congestion at the intersection of Southeast Foster Rd.

Retired traffic analyst Brett Keeler told The Southeast Examiner that instead of taking steps to provide for worse congestion, Portland’s Bureau of Transportation (PBOT) tends to avoid the issue of traffic congestion by promoting transit or bicycle use instead of cars.

“Effective traffic circulation management and the promotion of transit use are both necessary to deal with local street congestion,” said Keeler.

City Commissioner Chloe Eudaly (who oversees Portland transportation bureau) recently said the city will take bold steps to try and get people out of their cars.

CPI’s Dr. Fruts has indicated, “Politics has a way of turning good ideas into bad policies. It’s very likely Portland-area politics will turn the good theory of congestion pricing into the bad practice of punishing drivers.”
Going Out  arts • performance • food

Bill Staines in Concert

Troubadour Bill Staines has written songs that have become indelibly etched into the consciousness of American sing-alongs and story songs. Indispensable in the canon of best loved songs, generations of children have grown up singing 'Peace in the Choir', 'Riverside Fair', 'My Sweet Wyoming', 'Name and Stiver'. He'll be in concert Friday October 11.
More on page 16.

2019 Portland Open Studios

This is Jeni Lee's Evening Purr. Lee is one of the artists who welcomes the public into her workspace during the 21st Portland Open Studios. This free event takes place for two weekends in October and is an excellent opportunity to see and be inspired by local artists creating works in their own studios, sharing their process. Read all about it on page 14.

Email your event news by the 20th of each month to: examiner@ineseportland.com. Visit southeastexaminer.com for all the latest SE neighborhood and city news, complete downloadable issues, Going Out and A&E features. "Like" us on Facebook and join the conversation on news and updates.
DNA via OCTC

The Young Professionals Company at Oregon Children's Theatre present DNA, a psychological thriller by British playwright Dennis Kelly and directed by WP Aluma Zoll Buchanan.

In this thought-provoking story, a local teen is presumed dead, and a group of peers spiral down into guilt and panic. A complex unraveling of reason and the chaos of group mentality unfolds.

The cast features Josh Brandford as Danny, Kieran Gethen-Gilmore as John Tate, Riley Grossfeld as Lee, Texas Levine as Abbie, London Mahoney as Mark, Sam Majors as Brian, Malakai Martinez as Cathy, Claire Volpe as Roz, Jagger Wallers as Phil, and Alexa Neas as an.

Artists for the play are produced and performed by the teen company members. Dari Buchanan, Artistic Director said: "The roles DNA here because their characters are complex, the work is challenging, and they are inspired by the opportunity to present." The teens are working with director coach Neil Landrum to use authentic accents as indicated in the script. Performances are held at the Young Professionals Studio Theater, 1929 NW Sandy Blvd, Portland, 18 through 19, Saturday at 7:30 pm, Sunday at 2 pm.

Tickets are available in advance, only at the door for groups of 10 or more with code YPACOCTC.

See OCTC.org for more.

No Think Time

Amor Adiós al Día de Muertos

Opening night October 20th. South American dance and music, a performance of the regional culture, and food that will make you sore.

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For a long time, the story of the Holy Goats has been a mystery. But now, with the help of a new book, we finally have the whole story. The story of the Holy Goats is one of mystery and adventure, as they travel from one side of the world to another, spreading their message of love and peace. The book, "The Story of the Holy Goats," is a must-read for anyone interested in exploring the mystical world of these amazing creatures. So, pick up a copy today and join us on this incredible journey.

CMG's Improvisation Summit

The CMG Improvisation Summit was a resounding success, with a large turnout of audience members who enjoyed the various performances. The event featured a range of improv groups, including the legendary Royal Improv Society and the popular Improv Chicago. The audience was left on the edge of their seats with laughter and applause as the performers showcased their skills in front of a live audience.

Artichoke has plenty of Lute, Live Music and Classes

Artichoke has plenty of Lute, Live Music and Classes. Live music and other events are scheduled throughout the week, so be sure to check the website or social media pages for the latest updates. Artichoke is a great place to relax and unwind, and there are always new events to look forward to.

The Clinton Street Theater

The Clinton Street Theater is a landmark in Portland's history. The theater is located in the historic Old Town neighborhood and is a hub for live music, theater, and other cultural events. The theater offers a variety of performances, including comedy shows, live music, and theater productions.

Stutterer Interrupted

Stutterer Interrupted is a segment on the Clinton Street Theater's TV show. The show features comedians and other performers who bring their unique talents to the stage. Each episode is a celebration of the power of comedy and its ability to bring people together.

The 3rd Annual Taborspace Gala

The 3rd Annual Taborspace Gala is a fun and exciting way to help support the beautiful Mt. Tabor Presbyterian Church building, which is a great resource for the community. The gala is open to all and includes a live auction with a variety of items, as well as food and drinks. The event is a great way to support a worthy cause while having a good time.
Bill Staines, Radim Zenkl at PFS concerts
Portland FolkSong Society

next two shows coming up are for discriminating listeners of fine acoustic music and songwriting. Both shows are presented at the Reedwood Friends Church, 2901 SE Steele St.

Friday, October 11, Bill Staines Returns to Portland Troubadour
Bill Staines’ songs are instantaneously recognizable and gleaned from some twenty-six acclaimed albums over his five decade career.

Staines’ lyrics tell timeless stories and portray a slice of America reflecting his feelings for the cowboy, Alaskan adventurers, long haul truckers, fishermen and the everyday worker. His indelible melodies linger long after a concert and his reputation as a gifted songwriter and performer have gained him international recognition. You’ll be surprised how many of his songs you remember even if you’ve never heard him before.

Friday, November 1 — Radim Zenkl Mandolinist Zenkl has pioneered a playing style in which his single mandolin sounds like two. He plays his native Czech music along with bluegrass, classical, jazz, pop and standard American fiddle tunes. Named US Mandolin Champion in 1992, he is on the cutting edge of the mandolin’s future and has recorded eight CDs.

Both shows begin at 7:30 pm (doors at 7). Tickets are $21 GA $18 PFS members $10.50 ages 12-18 available online at portlandfolkmusic.org.

\[\text{Michael Hurley and the Croakers} \]
Play every third Thursday-Saturday through October 26 at 7:30 pm. Tickets $25-$10, adult content. Presented at Shoebox Theatre, 2110 SE 10th Ave.

\[\text{More Devotedly} \]
The director of the Portland Jazz Composers Ensemble, Douglas Detrick leads his band in two sets of music at DJCE Records showcase Sunday, October 6 at The 1905, 300 N Shaver St., at 7 and 8:30 pm. More Devotedly is both the name of the band and the podcast hosted by Detrick, and both share stories of artists whose work addresses urgent issues in our democracy. Like going to a party with Pete Seeger, Duke Ellington, Ornette Coleman, and Studs Terkel all in attendance, the concert is a cultural and political discussion set to music, with songs, interview snippets and a hybrid of old-time folk, jazz, and electronic music played by Detrick on banjo, trumpet and voice; Joe Kye on violin, electronics and voice; Mike Gamble on guitar; and Chris Johnedis on drums. $5 at the door.

\[\text{Eclipsed by Patricia Burke Brogan} \]
Continues through October 13 at New Expressive Works, 810 SE Belmont St. A group of unwed Irish mothers struggle, resist, and strive to overcome the conditions in a Magdalene Laundry. The play is based on true accounts and written by an ex-nun who worked there, ASL Interpreted Performance is Saturday, October 5. See corribtheatre.org.

\[\text{Complex} \]
Written by Dominic Finocchiaro and directed by Connery MacRae has its world premiere at Theatre Vertigo. It’s a dark comedy about modern living and mass murder. When apartment complex residents start turning up dead in ever more gruesome ways, it’s left to tenant Todd to sort out the mess and stop the bleeding. Be forewarned: Complex contains strong language, blood, guts and adult content. Presented at Shoebox Theatre, 2110 SE 10th Ave. Thursdays-Sundays through October 26 at 7:30 pm. Tickets $25-$80 at theatretortogether.org.

\[\text{Selected works by Adrienne Stacey and Larry Olson} \]
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Mufu Ahmed, sculptures and quilts; Blaque Butterfly, spoken word; Chris Johnedis on drums. $5 at the door.

\[\text{RAISE YOUR PEN} \]
Is Write Around Portland’s annual party with a purpose and 20th anniversary celebration, Friday, October 11, Vitalidad Performance is Saturday, October 5. See corribtheatre.org.

\[\text{Portland Jazz Composers Ensemble} \]
Includes VIP seating + two mixed drink tickets.
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Marc’s Masonry
What do NAs do? 3

from page 3

own plan, which the City subse-
quently acknowledged. The na-
tion advocated for the City to design a
pocket park for a portion of the
neighborhood that was park
deficient. The City agreed and
had the park design made even
though it took years for the park
to actually be developed.

NAs are only as good as the
City Hall, coalitions, and the
neighbors allow them to be.

Our neighborhood asso-
ciation had lots of volunteers
from page 2

zations against each other, Rhee
said “no-bid contracts of the last
forty-five years” must stop. Re-
garding open meeting rules, she
tsaid “IFNA’s like open meetings
they can continue,” adding that
going after violators was not a
good use of OCCL’s time.

Asked how new groups
would be held accountable, she
deflected that inclusivity is the
measure of success.

As neighbors pushed for
claims and to preserve their po-

cititions of influence, a Mt. Scott-
Arleta resident said, “Don’t push
out the citizens who built this
City.”

SE Uplift (SEUL) has yet to
take a position on the Civic
Life Code Change. Opinions
were split at a September board
meeting. SEUL is SE liaison with
Civic Life.

The code conversation,
jammed into the meeting’s last
three minutes, launched with
part chair Terry Milton-Dublinski
praising the “amazing job” re-
cently resigned SEUL Director
Molly Mayo did setting the coal-
tion up for the code change and
future bidding for funds.

During Mayo’s three-year
tenure she diversified the Board’s
neighborhood representation by
adding at-large members and spe-
cial interest groups.

Before her departure, she
issued a newsletter heavy with
support for the Code Change, os-
tensibly setting herself up for a
position at OCCL.

Milton-Dublinski’s remarks
were followed by a Brentwood-
Darlington resident’s call for an
elections investigation of Eudaly.

Sam Noble of Mt. Tabor
questioned the efficacy of taking
advisory positions since SEUL
gets its money from OCCL.

Now that the back of the room
came an expletive, followed by
remarks by an at-large member
about privileged white domi-
nance.

People with absolute power are arguing about absolute power,” he said, adding they don’t
want their rights taken away.

“What about those of us
who haven’t had rights? Margin-
alized people get tired of these
conversations. There’s a whole
world happening outside of
NAs.”

Staff jumped in with re-
minders that the new code should
have an equity matrix. They claim
that only 3-5% of Portlanders are
engaged in NAs, leaving 97% in-
volved in other “avenues.”

The statements left a first
time attendee stunned by what
she perceived as staff’s anti-NA
sentiment.

Richmond’s Allen Field
spoke of the 2016 Audit’s goal
to add groups to the participatory
mix, not dismantle the system. He
said OCCL disregarded an earlier
Community Connect process that
provided an effective roadmap
for adding diversity.

South Tabor’s Pete Forysyt
された the code committee’s sin-
cerity, but reminded SEUL that
the lack of code guidelines could be
a recipe for corruption.

Throughout the City, code
critics admit NAs may not be per-
fet, but stress they are the best
tool for civic interaction given
Portland’s at-large Commission
form of government.

Leaders say the all-vol-
ten NA system cannot force
groups to engage. “You have to
show up to participate,” said an
observer.

Added another, “Complain-
ing that neighborhood associa-
tions don’t represent you is like
complaining about democracy
when you don’t vote.”

Infill Heading East

from page 4

-205, are likely to be most
im-
pacted.

Chafin criticizes call Infill another name for gentrification. Still,
Tracy thinks demolitions have ta-
tered off.

“The low hanging fruit has
been plucked,” he said, adding
that only sixty demolitions are
anticipated in the SE areas.

After listening to the Tracy
presentation, a wary Lents resi-
dent bemoaned her neighbor-
hood’s lack of a grocery store,
library and schools: “We’re
screwed over once again.”

Determined to Infill, Port-
land has yet to address the envi-
nmental impact of construc-
tion. Tearing down houses wastes
embodied energy and rips out
tree canopies that reduce global
warming.

Construction traffic has be-
come a major source of pollution.
Issues of growing congestion and
failing infrastructures go unre-
solved.

Despite a robust economy,
government seems to oper-
ate in the red, cutting budgets and
closing beloved programs. It
seems incapable of making a dent
in the homeless crisis.

A companion project called
Better Housing by Design, which
aims to add density to mixed
use (formerly called commercial
zones), has its own anti-displace-
ment measures.

Its inclusionary housing
program based on building size,
requires a specified percentage of
affordable units and it allows
affordability transfer credits to
other buildings.

A City initiative giving pri-
riety to families and individuals
displaced by gentrification has
been launched to help residents
return to their old neighborhoods.

Recent, less restrictive (and high-
ly contentious) tenant polices and
relocation fees are also intended
to reduce displacement.

The RFP draft is available for
review: portlandoregon.gov
bids/67730

Dissonance on Code Change

Commissioner Eudaly’s bullying and tantrums be-
came legendary this summer when she stormed out of
a neighborhood-sponsored art show after disparaging
neighbors as barriers to change.

At a City Council meeting, she curtly dismissed
longtime SE activist Mary Ann Schwab’s objections to
losing neighborhood voices in Code Change 3.96.

After a neighborhood meeting, Eudaly’s policy
director was apparently not admonished for texting that
neighborhoods should be put in their place because they
had too much power and privilege.

The situation came to a head when Eudaly threat-
ened Commissioners if they did not back her attempts to
scuttle the existing Neighborhood Association public en-
gagement system.

Her attacks on Commissioner Amanda Fritz were
particularly pointed. Eudaly declared OCCL was mis-
managed when Fritz ran the bureau under the moniker
The Office of Neighborhood Involvement, aka ONI.

Eudaly cited ONI’s forty-five years of “inequitable
investment in civic engagement”, a reference to Port-
land’s funding of Coalitions that provide financial sup-
port to NAs.

She implied Fritz delivered the first blow by offer-
ing code remedies Eudaly found “unsatisfactory.

In her email, she told Commissioners that it could get
“uglier” if they didn’t uphold her agenda.

I have barely begun to rally support,” Eudaly con-
tinued. “You may have noticed I’m really good at rallying
support.”

The threats were followed by a somewhat concilia-

tory Facebook post and hints that more code change ad-
justments would be forthcoming.
Chinese Medicine’s perspective on the changing season

Chinese Medicine reflects on the seasonal elements in nature to make sense of the changing needs of our bodies. Seasonal changes affect all aspects of our physical, mental and emotional health.

The shift from summer brings us from the earth element towards the metal element of autumn. In harvesting summer’s bounty, early fall has both a real and metaphorical need to separate the wheat from the chaff. As we begin letting go of what is no longer need, we must discern what is important.

We are not unlike the greater cosmos. Chinese Medicine, which drops from its summer heights, contracting inward toward the earth’s core for its summer heights, contracting inward toward the earth’s core for those seasonal illnesses. (IBS) or constipation can manifest as gastrointestinal disorders like asthma and bronchitis as well. Respiratory disorders such as asthma and bronchitis are associated with metal and it’s said that wearing white can accentuate this element. White is associated with the season of autumn, so if you’re feeling run down or experiencing a cold, consider adding more white to your diet.

Many of the same qualities apply to the skin. It releases excessive fluid in sweat, which also assists the lymphatic system in excreting stored toxins. In the summer, we are supposed to sweat outward to fight off colds and cutaneous. Seasonal fruits apple and pear steamed, stewed or baked and served with ingredients such as ghee, cinnamon and honey are good for maintaining the lungs and large intestine.

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The acrid flavor associated with fall is found in garlic, onions, radishes, leeks and ginger. Acrid works to disperse the lung energy outward, helping to fight off colds and cutaneous. Seasonal fruits apple and pear steamed, stewed or baked and served with ingredients such as ghee, cinnamon and honey are good for maintaining the lungs and large intestine.

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Mt. Tabor
By Laura Smith

The restoration work at Reservoir 1 in Mt. Tabor Park is almost complete, and the basin should be ready to fill with water in November. The Mt. Tabor Neighborhood Association (MTNA) would like to invite the community to witness the refilling the day it happens. More information will be announced soon.

The neighborhood and Mt. Tabor Park are great places for pedestrians to stroll. Here are resources that may be helpful when you plan your next outing on foot.

Portland’s new city-wide pedestrian plan is called PedPDX. Find it here: bit.ly/2hiMSY7

Portland Bureau of Transportation’s online reporting tool for reporting infrastructure issues like missing stop signs, broken crosswalks, etc. can be found here: bit.ly/2m9RDi

Ten Toes Express guided walks are free, open to all, and offered from May through September each year. Find out more here: bit.ly/2l2k99w

The September events calendar lists a month of walking events. Find it here: stepemperdps.org

The visitor information center at TravelPortland.com offers several articles on the “best places to walk in Portland.” Follow this link: bit.ly/2mrrQbQ

The City of Portland’s internationally famous, forty-plus-year-old neighborhood association system is facing challenges to its existence with changes proposed by the Office of Community and Civic Life (OCCL).

MTNA advises everyone to call the Mayor’s office and the Commissioners’ offices to advocate that proposed Code Change 3.96 be sent back to OCCL for revision and that the District Coalition offices be funded and supported.

Read more about the code change on MTNA’s website: mttnapdx.org/code. Show your support for keeping our Neighborhood Association open by attending the City Council meeting on November 14 when the Code Change is scheduled for a vote.

Richmond
By Peter Forrest

Richmond Neighborhood Association (richmondsdx.org) held its monthly meeting September 9, at Waverly Heights Church, 33rd/Woodward St. Meetings are held in the basement; enter from the east-side door. All are welcome.

The meeting included an Ice Cream Social with Salt & Straw and was well attended. Store manager Megan served Mushroom Ice Cream, which was delicious (tastes like Butter Pecan – really!). People expressed appreciation for their ongoing efforts picking up litter and addressing issues that come with being so popular. The RNA is currently working with them and the new building owners to update a 2015 Good Neighbor Agreement.

Rob Nosse, Oregon House Representative District 42, gave an overview of the past legislative session and answered questions. They passed sweeping reforms in Education Funding, Health Care, Housing & Paid Family Leave.

Accomplishments included statewide rent ceiling, additional funding for the Oregon Health Plan, referral to voters of a tobacco tax, drivers’ cards for undocumented people, and paid family leave which starts in 2018. There were “Ups & Downs along the way.”

The Climate bill was killed after Republican lawmakers fled the state to avoid a vote. A bill to limit a women’s choice and another to require sanctuary cities to assist ICE as well as others were defeated. People voiced their appreciation for Rob’s time with us and representing our district.

Teri Poppin, Civic Life, talked about the “Crime Prevention” program being rebranded as “Community Safety.” The brochure she handed out describes “a model that embraces an inclusive and collaborative vision of safety where neighbors work with each other and City staff to better address a range of public safety issues.”

She explained that the Neighborhood Watch was eliminated and replaced with “Neighbors Together,” which will help “Activate Neighbors Together,” but Civic Life wanted to take out the word “neighborhood.” Unfortunately, Community Safety has lost a lot of staff, and with the program changes not fully developed, she had difficulty explaining how these rebadged programs will operate and what specifically they will do. Teri will be retiring this November and Sarah Berkemeier (sarah.berkemeier@portlandoregon.gov) will take over for her. We wish Teri well and thank her for work with the neighborhood.

The Board and people in attendance discussed ways to increase outreach and participation. Ideas included: create an Outreach Committee, RNA meeting information in stores, a street kiosk, and A-frame sign outside Waverly Church, a one-page flyer at businesses, a Greeter to welcome people, sending agendas to apartment building managers, an RNA Welcome signage at Division S-curve at 42nd or 43rd, offer childcare, and partner with an outer-east neighborhood association.

Come to our next meeting October 14 and offer your ideas and any community projects you want to organize.

South Tabor
By Tina Kinney

Thanks to everyone that joined us in mixed weather conditions for the 10th Annual Harvest Festival on the 2nd Sunday in September. We enjoyed crafts, corn, cider, music and community fellowship once again. Thanks to all the guests, volunteers, numerous sponsors, and Trinity Fellowship for helping make this years celebration a success.

The Land Use Committee meeting on Tuesday, October 15 will host a representative from the Portland Bureau of Transportation (PBOT) and will be focused on a plan for SE Woodward between 61st and 62nd.

The pinch point along this Greenway is a safety hazard for all using it but especially for bikes and pedestrians. There are no sidewalks in this stretch, so pedestrians walk on the road.

PBOT completed a traffic survey and found that the number of vehicles using the street during high volume times exceeds the limit for a neighborhood greenway and they’re examining traffic calming options. If you live in and around this area, join us at the next meeting where you can learn about some of these measures and find out how they might affect your street.

September’s Land Use Committee meeting had a presentation regarding the proposed building of new housing behind St. Mark’s Church. Working with Do Good Multnomah this affordable housing project is to home veterans with planned completion in spring 2021. For more information go to DoGoodMultnomah.org.

As always, we invite neighbors and interested parties to our monthly meetings; Land Use next meets October 15, 7-8:30 pm, and the next General meeting will be October 17, 7-8:30 pm. Join us as we meet in the Trinity Fellowship building, 2700 SE 67th Ave. Enter on the east from the rear parking lot. For more information go to southtabor.org or send questions to info@southtabor.org.
Methodist Church tried to reach out to these neighbors by serving a weekly Hard Times Supper, but they never came, instead the houseless did. It wasn’t long before their numbers grew and there wasn’t room to serve everyone. Sunny-side United Methodist Church stepped up and offered the use of their basement and kitchen. This space became known as the Sunny-side Community House. "Our aim was to create relationships, not to be institutional," said Schweibert, who has been cooking meals here since they began the program.

They provided a weekly meal with most of the food provided by the Oregon Food Bank and through donations. Another essential of the Sunnyside Community House was that it provided a place for people to shower and wash their clothing. Schweibert spoke of how important it is for people without these facilities to have somewhere to get clean. This service was offered free of charge.

Her compassion for both the housed and unhoused was evident in how she spoke to the crowd of admirers—from both walks of life.

One compelling thought she expressed in her parting words was for people to imagine how hard it would be to get ahead if you didn’t have a good place to sleep, to keep your belongings safe and dry, a place to eat regular meals, a place to bathe and have a toilet. The unhoused are robbed of all privacy.

Sunnyside Community House was open Tuesdays and Thursdays, and Saturdays, 1-4 pm and Wednesdays 1-7 pm with a community dinner. Anywhere from ten to twenty volunteers from neighborhood and local churches participated too. "They wanted to be part of the solution." John Mayer, codirector for the past two years, has been an integral part of the scene. If he or Pat were at the Community House working (no matter what time), they would open the doors for anyone to have a bowl of cereal or a cup of coffee or to take a shower.

The perception that people living on the streets is what needs changing. "It is hard to remember that this person was once someone’s child, and they don’t want to live this way." Her best advice is to be respectful, look a person in the eye, listen to their story, talk less and try to put yourself in their place.

The Sunnyside Community House was opened for the houseless, but they never came; instead the unhoused did. It wasn’t long before their numbers grew and there wasn’t a place to provide the needed services. "The space became known as the Sunny-side Community House. "Our aim was to create relationships, not to be institutional," said Schweibert, who has been cooking meals here since they began the program.

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Scheibert explained that the perception about people living on the streets is what needs changing. “It is hard to remember that this person was once someone’s child, and they don’t want to live this way.” Her advice is to be respectful, look a person in the eye, listen to their story, talk less and try to put yourself in their place.

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She reassured people that his new position as director of Beaverton Community Development Program (for the houseless), will keep this community together until they can find another space. There are rumors as to why Sunnyside United Methodist Church decided to close the Community House, but Schweibert just said they were asked to leave. As this story is being written, it is a rainy day and in speaking with her, she is already concerned about her “poops” fate. “Who will watch out for them, who will take them in out of the cold?” They are hoping to find a place before it becomes cold.

Anyone who wants to help or needs help can contact John Mayer 503.382.9607; johnemay@gmail.com or Pat Schweibert 503.766.6583; pat@sunnysideumc.com or go to beavonbux.com.

Checks can be made out to Ministries Peace Community UMC and mailed to 2116 NE 18Th Ave Portland, OR 97212.

SE Updates

from cover

Chloe’s Challenger

In the midst of hubbub over Commissioner Chloe Eudaly’s threatening conduct toward colleagues, Mingus Mapps, who formerly worked in the Office of Civic and Community Life that Eudaly manages, has declared he will run against her for the office in 2020. He pledged a different type of leadership—service over spectacle, it caught the attention of neighborhoods on issues is important. He says NAs are not the enemy but rather, should be considered part of City solutions.

Electric or Bust Buses

You can’t buy what doesn’t exist. That’s the dilemma faced by Trimet when, instead of purchasing an electric fleet for the Division Rapid Transit Line as recommended, it bought 31 articulated diesel buses. Neighbors reacted by calling the $175 million price tag of the rapid transit project, “a waste.” They are concerned that routes they claimed were specifically designed with battery-powered buses in mind, could add time to daily commutes.

Trimet says it will no longer purchase diesel equipment after 2024. It plans to transition to all electric buses by 2040 when the current fleet’s lifespan ends. Blowin’ in the Wind update

A sure sound of fall is the drone of gas-powered blowers against fallen leaves.

According to environmental activist Albert Kaufman, those blowers are not just noisy, they are toxic. They cause cancer, heart loss and hypertension and contribute to the build-up of greenhouse gasses in the tree-friendly, environmental newsletter The Eleven, and former tree planter/vigilante/musician, Kaufman address these and other issues associated with gas blowers “hurricane force” winds.

Last year he helped launch a petition to ban gas blowers. After receiving hundreds of signatures, it caught the attention of Portland Commissioner Nick Fritz’ office which is looking at how communities in Washington and California address the issue.

Policy Director Everett Wild says the office is still “squarely” in the research phase as it examines the speculations of regulating blowers.

The issue is moving slowly to avoid unintended consequences that might make it harder, or costlier, for landscapers and low wage workers to do their jobs. One approach might be to phase in alternatives such as electric powered tools. Wild says Portland’s Parks might be a likely place to start a pilot.

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Trimet says it will no longer purchase diesel equipment after 2024. It plans to transition to all electric buses by 2040 when the current fleet’s lifespan ends. Trimet says it is putting pressure on manufacturers to improve and provide electric bus technology that is more affordable.

The time-lines seem “so close and yet so far away,” according to a spokesperson.
Climate Action Day Rally
from cover

thirteen middle and high school science and social studies books showed that every one of them misleads young people.

“We can’t look to multi-national companies to publish texts that provide accurate information about climate.”

Bigelow and SE Portland teacher Tim Swinehart are co-authors of A People’s Curriculum for the Earth. In a blog for the education reform nonprofit Re-Thinking Schools, they write of the environmental movement, “If we are grateful for the thousands of Oregonians who participated in this year’s SOLVE Beach & Riverside Cleanup, said Oregon Lottery Director Barry Pack.

“A huge thank you to everyone who volunteered at one of the over-one hundred SOLVE project sites across Oregon. You played a key role in helping make SOLVE’s Beach & Riverside Cleanup successful.”

“But it amazes me just how many people come out to clean up Oregon each year during SOLVE’s Beach & Riverside Cleanup. It makes me proud to say I am an Oregonian, and to belong to such a caring community,” said SOLVE’s CEO, Kris Carico.

“If it weren’t for the volunteers, project leaders, beach captains, and sponsors who are willing to step up and get the work done, none of this progress would be possible.”

SOLVE is a statewide nonprofit organization that brings Oregonians together to improve the environment and build a legacy of stewardship. Visit solve-oregon.org for more information.

One Hundred Seventy Five Volunteers Cleaned Up
from cover

zens that these drains flow directly into the river. An astounding 3,000 pounds of litter was collected by one hundred and seventy five volunteers during this project.

Volunteers turned out in Salem at Wallace Marine Park for a litter cleanup. In total, more than seventy volunteers picked up over five hundred pounds of litter before it could pollute the Willamette River.

Cleaning up our inland waterways, especially developed areas, is an important, but often overlooked step in combating the marine debris crisis.

“We are grateful for the specific Northwest’s timber industry is well-established.

The 90,000+ square foot building has been leased to two companies, including Hacker Architects, who designed the building and Spaces, a co-working operator. Both have substantial footprints in the building.

Hacker Design was charged with creating a dynamic and forward-thinking creative office building to provide flexibility, openness, and adaptability, while taking advantage of city views and connection to the active urban environment.

One of Beam’s goals was to attract creative types who gravitate towards these types of buildings. Beam’s partner on the project is Urban Development Partners.

The building was originally home to Portland Music. Plans call for the development of ground floor retail stores, to serve as amenities for the building’s tenants.

Opening is scheduled for January 2020.

Sustainable Office Building
from cover

ground-floor retail and restaurant space along an active multi-modal thoroughfare. Glue-laminated columns and beams, and cross-laminated timber floors, are fully visible throughout the interior – a nod to the timber-heavy industrial past of the neighborhood.

Double-height spaces lend volume and circulation to the interior, and allow tenants to create more intimate office layouts than a typical single-floor plan.

The Office features large clear spans, open floor plates, and flexible office floor plans that can be reconfigured in numerous ways over time. The architecture and design will incorporate exposed beams, and large sun-filled windows.

“This is where the construction industry needs to go,” said Leonard Barrett, project manager, Beam Development. “The building is an excellent example of biophilia, a concept that links the way people, work, live and operate within the built environment, nature and the natural environment.”

Barrett explained that these types of buildings are more common in Europe, and that here in the US, many buildings still utilize massive amounts of steel and concrete which are not as sustainable as wood. Ironic, since the Pacific Northwest’s timber industry is well-established.

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Homes Now Available in Your Neighborhood

3958 SE Taggart St. 1892 Victorian 3405 Total Sq. Ft. 4 BD, 2.5 BA 1 BD, 1 BA $980,000 4516 SE Ogden St. 2005 Townhouse 1410 Total Sq. Ft. 3 BD, 2 BA $360,000

1633 SE 50th Ave. 1911 Bungalow 2826 Total Sq. Ft. 3908 SE Yamhill St. 1905 Old Portland 3692 total Sq. Ft. 3 BD, 2.1 BA 1 BD, 1 BA $390,000 3723 NE Cesar E. Chavez Blvd. 2003 Townhouse 1410 Total Sq. Ft. 3 BD, 2.1 BA $340,000

SOLD

2322 SE 59th Ave. 1931 English 2328 Total Sq. Ft. 3 BD, 2.1 BA 3625 SE Yamhill St. 1905 Old Portland 3692 total Sq. Ft. 3 BD, 2.1 BA 3723 NE Cesar E. Chavez Blvd. 2003 Townhouse 1410 Total Sq. Ft. 3 BD, 2.1 BA $SOLD

Community Events Bulletin

VegFest
Oregon Convention Center
Saturday, Oct. 5 - Sunday, Oct. 6

Portland VegFest is a 2-day event celebrating plant-based living, with free food samples, health and nutrition speakers, chef demonstrations, Fashion & Beauty Stage presentations, Fitness Stage workouts, restaurants, films, and activities for kids and teens. There’s something for everyone! nwveg.org

Portland Nursery Annual Apple Tasting Event
5050 SE Stark
Friday, Oct. 11 - Sunday, Oct. 20

About the time the leaves begin to change color, it’s time to celebrate the abundance of apples and pears. The Portland Nursery is always well supplied with a large variety of apples and pears to taste and purchase by the pound: as many as 60 different varieties in all. Tasting lines, as well as a fresh-pressed cider demonstration and tasting, will be open during all six days of this free event.

“Howloween” at the Portland Zoo
Saturday, Oct. 19 - Sunday, Oct. 20

The zoo provides a fun and safe setting for this Halloween tradition, where costumed trick-or-treaters learn about wildlife in a fun scavenger hunt throughout the zoo. In keeping with the zoo’s mission, “Howloween” aims to be educational as well as fun. Scavenger hunts and activities are themed to teach kids about animals around the world, and their habitats and adaptations.

The Caplener Group

The Caplener Group is a dynamic real estate team that is part of the Windermere Realty Trust family of brokers.

We specialize in homes for sale in Southeast Portland, and have been representing buyers and sellers here for over 35 years. We have the kind of knowledge and insight that can only be gained through experience.

But we aren’t old school; we work with the latest and best in real estate technology. That means you can set your home faster and for more money, or find your dream house or next investment in the most efficient way possible.

We never stop learning, improving, or working hard to earn your business.