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The future site of the CCC treatment center at 1616 E Burnside.  
Photo by Marshall Hammond.

## CCC to Open E Burnside Treatment Center Next Spring

BY MARSHALL HAMMOND

Central City Concern (CCC), a non-profit agency that serves low income and houseless people in Portland, is close to finalizing plans for a new 70-bed residential treatment center on E Burnside for people experiencing substance use disorders. They expect to start admitting patients by spring of 2025.

While the name of the center is one detail yet to be decided, the mayor's office announced the location of the center at 1616 E Burnside Ave. earlier this year.

CCC placed the winning bid two days after the building was put up for auction in late 2023, according to a press release from governor Tina Kotek's office. Within 10 days, CCC, with financial pledges from state, county and city government officials, finalized a purchase agreement. The governor's office announced the purchase in January.

The building was purchased for \$15.5 million and renovations are expected to run between \$2.5 and \$3 million. Funding for the project comes through a joint effort with the state chipping in \$6.25 million, Multnomah County contributing \$6 million, the City of Portland another \$2 million and \$3 million coming from CCC's own funds.

Before the building was put up for sale it was Lolo Pass, a trendy European-inspired hostel and hotel designed to cater to travelers of various income brackets with both luxury hotel rooms and multi-bunk dorm rooms.

Why Lolo Pass was put up for auction is unclear, but the site has many attributes that make it an ideal spot for a behavioral health center, such as a laundry, kitchen facilities and proximity to mass transportation and several methadone and other outpatient treatment centers.

According to city officials, the new center is desperately needed to fill a gap in Portland's substance use disorder treatment capabilities. CCC employees told reporters that a significant number of people were going through its detox treatment programs only to be released "onto the streets." Without a supportive, stable envi-

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## Metro 2024 Community Placemaking Grantees

BY KRIS MCDOWELL

In its eighth cycle, Metro's Community Placemaking program has awarded 10 community-led creative projects funds totaling \$209,800. The program continues to support equity-centered arts and culture-based efforts that strengthen community and foster connections to different neighborhoods across the greater Portland region. Three of the projects will host activities at Metro properties—Blue Lake Park, Lone Fir Cemetery and the Brunish Theatre.

The Community Placemaking program asks community groups to define their own challenges and place-based opportunities. The grants support innovative, community-driven solutions that advance racial equity, address regionally significant, complex issues and build resilience through the transformation and activation of public spaces. Placemaking helps create spaces that encourage feelings of belonging and safety, especially when people honor art and culture, filling the gaps that infrastructure cannot address.

Metro received 88 applications requesting more than \$1.8 million in funding. An advisory group that included Metro Councilors and six community members who work at the intersection of arts and social justice in the greater Portland region reviewed the applications in two rounds, deliberated and reached an agreement on the 10 projects recommended to receive

grants. The grants will be led by and benefit Black, Indigenous, Latine, Chinese and Ethiopian communities; youth; families; entrepreneurs; the Black and African transgender, queer, nonbinary, two-spirit, intersex community; and people experiencing homelessness or housing insecurity.

The grants, available for projects ranging from \$5,000 to \$25,000, do not require organizations to provide matching funds. Grant-funded activities are expected to take place March-June. Two of the grants were awarded to SE Portland organizations—Black and Beyond the Binary Collective and artist Horatio Law/MediaRites Production.

The \$21,000 grant to Black and Beyond the Binary Collective will support a series of events for Black-African transgender, queer, nonbinary, two-spirit, intersex community in the spring and summer with the goals of deepening interconnectedness, celebrating culture(s) together and building a shared space for self-expression and joy. The events will allow the community to be centered and feel safe in the face of persistent transphobia, homophobia, anti-Blackness, ableism, ageism and other forms of oppression. Event attendees will feel supported and less alone, with a community they can count on and skills they can build to support themselves and each other.

Artist Horatio Law and MediaRites

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## Considering an Electric Vehicle?

BY KRIS MCDOWELL

The purchase of a vehicle is a big decision. If you've been considering buying an EV (electric vehicle), before jumping in it's a good idea to consider the costs of doing so—the up front costs, the ongoing costs and the potential "lifestyle" costs.

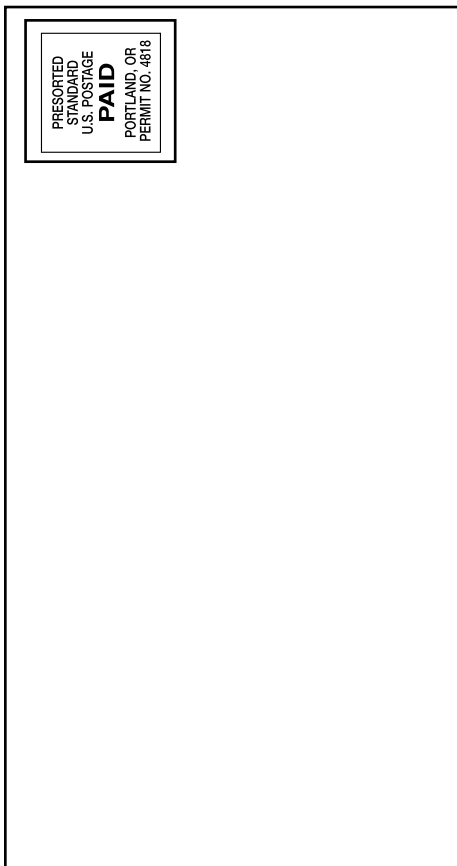
Usually when considering the purchase of a vehicle, the first thing that comes to mind is the up front cost to purchase the vehicle. Portland General Electric (PGE) has an EV Costs & Savings Calculator (bit.ly/3PrLZuv) that shows a wide variety of models with details on cost, range, charging, environmental benefits and how much you can save by driving electric. There are all-electric vehicles that don't use any gas, as well as plug-in hybrids that run like an EV, using battery power, but then are able to switch over to gas power when the battery is depleted, and extended range electric cars that have a small gas generator that kicks in to charge the battery when it's depleted.

With the rise in EVs, there are a number of rebates and tax credits that may be

available to help offset the cost to purchase one. Rebates and incentives vary depending on model, purchase date and personal income. Forth, a local nonprofit whose mission is to electrify transportation, has a list of incentives, rebates and savings broken down into federal tax incentives (up to a \$7,500 tax credit), state rebates, county incentives (up to \$5,000 for Multnomah, Clackamas and Clark County drivers) and charging infrastructure rebates and credits. Explore the savings available to you at [forthmobility.org/why-electric/incentives-rebates](http://forthmobility.org/why-electric/incentives-rebates).

All vehicles require periodic maintenance, however EVs do not require as much maintenance as gas-powered ones since they don't need oil changes or air-filter replacements and their regenerative braking (recovering the energy normally lost to braking) saves on brake pad replacements. Maintenance like service checks and tire rotations will still be needed however. According to AAA, if maintained according to the automakers' recommendations, EV's

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# Rs Representatively Speaking

BY STATE REPRESENTATIVE  
ROB NOSSE

When the recommendations from Governor Tina Kotek's Central City Task Force came out last year before the legislative session started, I was disappointed to see that the arts weren't elevated as much as I hoped they would be as a part of the value proposition of what would draw people to the downtown Portland core. I mean, I get it. I probably would have prioritized public safety too. Thankfully, during the recent legislative session, the legislature and the private philanthropy community were able to step up and help, and the Governor agreed and signed that bill. A lot of new money and resources are coming to the arts sector in our state and in Portland as a result.

In addition to the public safety challenges that downtown has been having, I think we need to factor in the impact that remote work has had on the foot traffic in downtown. Fewer people are coming to the office every day, which means fun things to do will have to replace work as the primary driver of downtown activity. Concerts, plays and other arts events will create the vibrant downtown that will continue to make Portland the cultural destination it needs to be in order to thrive. These types of events will not just bring in Oregonians from across the state, but tourists from all over the country and even other parts of the world.

That is why I am glad to say another exciting development is in the works that will help downtown Portland. At the beginning of April, I had the chance to get a briefing on plans for a downtown arts and culture destination that would ultimately replace our aging Keller Auditorium. This idea is pretty awesome. Portland State University (PSU) wants to capitalize on its role as a jewel of downtown Portland and is pitching the idea that we build a state of the art, 3,000-seat auditorium on the current site of the University Place Hotel on SW Lincoln St., just a few blocks from the Keller. The facility PSU is proposing will also include a second,



smaller venue, a hotel and conference center with on-site restaurant and bar facilities, educational and community spaces and an outdoor plaza. In short, this would be a complex connected to Oregon's most diverse university—and its College of the Arts—alive with energy 365-days a year.

During the presentation, I kept thinking that this seems like a no brainer. Yes, it might cost us a little more in the "short run" to build a new "thing," but in the long run we get a better facility, and we don't have to stop what we are doing at the Keller to update that facility while we are building a new one.

The benefit of building something new from the ground up doesn't just mean it will make use of the latest acoustic technologies and climate friendly materials, but it also means that the Keller Auditorium can stay open during the construction period.

Rebuilding the existing Keller Auditorium means closing that space for an extended period, which means Portland will miss out on several seasons of shows. Imagine missing even just one season of Broadway Across America, let alone two. With arts venues in such a perilous state across Oregon, the arts community cannot endure losing out on so many big shows. Closing the Keller for construction would in effect be a return to the dark days of the pandemic, as thousands of people who might have seen a show at the Keller would no longer be visiting and spending money in our community. Again, refurbishing the Keller means NO shows for an extended period of

time—several years!

The other thing I really like about the PSU proposal for a performing arts and culture complex is that it's a "both and" idea. Not only does it provide a new site for our city's world class performing arts future, but it also opens up a world of possibilities for the existing auditorium site across from the iconic Keller Fountain.

Here is the thing: Successful cities of the future are not going to look the same as they did even just a few years ago. Central Business Districts can't be all about business anymore. Downtown Portland's thriving future depends on drawing people with a dynamic mix of work, retail, play and learning options. PSU is eager to play a leading role in this future, and this visionary proposal for the city's performing arts future signals to me that they are serious about making a difference.

City Council will be hearing about all the options relating to the future of Keller Auditorium on May 29 and will be voting on the city's pick sometime this summer. I urge you to learn more about the options which have been covered by a variety of news sources. Once you do, I think you'll agree that PSU's vision is the best for Portland and for our future as a lively arts city. I hope our city council will vote for the PSU option. As always, there is more to come. Stay tuned. Hopefully we can also figure out how to retrofit and convert some of the office buildings that are being underutilized into housing. But that is a different topic and column entirely.

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## Finding a Great Workplace By Evaluating Their Online Reputation

BY DALE DIXON, CHIEF INNOVATION OFFICER, BBB GREAT WEST + PACIFIC

The process of finding a job has evolved, and it's because expectations have grown. Jobseekers are looking for more than just securing a paycheck. There's now a higher priority placed on finding a workplace that allows its team members to thrive and grow and is worthy of their trust.

Checking those boxes starts by looking at an employer's online reputation. Experiences shared by former employees, recent customers as well as other important factors can help you determine the trustworthiness of a prospective workplace.

We're in the heart of job-hunting season when job openings and job searches are at their highest. Before you decide to respond to a job posting, make time to delve into the reputation of any company that catches your eye.

Start your research by checking BBB reviews (bbb.org/all/customer-reviews) to evaluate verified customer feedback and sites such as Glassdoor to read employee impressions. Experiences shared on those two platforms can be instrumental in shaping your perception of the company.

As you read reviews, focus on consistency and responsiveness. For example, is the same issue mentioned over and over again? How does the business

respond to those issues? Does the business respond at all?

Responses often offer a glimpse into the employer's commitment to resolving issues and putting their customers and employees first. It's a factor BBB considers when accrediting a business, and it's a crucial aspect that jobseekers should take into account, too.

And be sure to exercise caution. Not all reviews carry the same weight. Some may be influenced by trolls or disgruntled employees, potentially leading to biased or unfair assessments. So, be discerning when you encounter a few negative reviews or a single person posting identical negative comments across multiple platforms.

Beyond online reviews, there are other avenues to explore when researching a company's reputation.

### Company website

Begin by looking over the company's website. It's where you can gain insights into the organization's mission, values and culture. Dive into sections such as 'About Us,' the careers page and any company blogs to get a deeper understanding of their character.

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## Housing Crisis Report for People with Disabilities

BY KRIS McDOWELL

SE disability non-profit Community Vision has recently released "Access Denied: An Overview of the Housing Crisis for People with Disabilities," a report to raise the awareness of how the housing crisis uniquely impacts people with disabilities. The report identifies three primary issues: affordability, accessibility and discrimination.

"Access Denied" explores how inequities in income from employment, restrictions on Social Security income and inadequate investment in rental assistance impact housing choice. It also discusses accessibility standards and their disconnect from the current estimates of the number of people with disabilities. The report brings to light the difficulties of locating accessible housing due to widespread noncompliance with accessibility standards. Lastly, the report examines fair housing and equal opportunity as it relates to housing providers' duties to grant reasonable accommodation requests and match people with disabilities to accessible dwelling units.

The report was done through the lens of history that for much of the 20th century doctors and government officials advocated for and largely achieved the wholesale segregation of people with disabilities from society. Disability has received little consideration in the design

and building of housing units and people with disabilities have had few opportunities to influence public policy and building codes. As a result, decision makers and the public may not be aware of the needs of people with disabilities; the report is intended to fill this gap in knowledge and suggests solutions that promote equity for the disability community.

The 42-page report calls for swift action and collaboration among government agencies to address the limited housing options for the disability community. "Now is a critical time for advocacy around affordable, accessible housing," said Jennifer Knapp, Community Vision's executive director. "People with disabilities have been struggling to access homes in the community for a long time, but there is new momentum to build housing that meets their needs."

Although state legislation passed in 2019 requires cities to develop housing production strategies to meet the future needs of Oregonians, including accessible housing as a necessary part of Oregon's future housing stock, Community Vision says new housing rules must be equitable and induce accountability mechanisms. "We are hopeful that the renewed attention to the need for accessible housing will dramatically ease the crisis," said Housing Access Director Allen

Hines, author of Community Vision's report. "People with disabilities deserve homes we can afford that grant us the greatest independence possible, free from discrimination."

Hines is a lifelong wheelchair user and has worked in disability services and advocacy for more than a decade with a focus on housing for people with disabilities since 2018. At Community Vision he leads a team that supports people with disabilities in finding appropriate housing in the community and providing education and resources to sustainably maintain housing independence. Access the full report at [bit.ly/49OH0eO](http://bit.ly/49OH0eO).



## Multnomah County Still Needs Fixing Elect someone who is changing it.



### The Oregonian

April 9, 2024

"...in less than a year [Julia Brim-Edwards] has emerged as the board's most effective commissioner.... She has been unambiguous in her desire to reduce the number of tents and increase shelter options, stand up a sobering center and see more transparency around county programs."

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- **NEIGHBORHOOD SAFETY:** She insisted on critical community corrections funding and more first responder staffing.
- **ACCOUNTABILITY:** She is demanding transparency, implementation of audit recommendations, and program evaluation so tax dollars are effectively spent.
- **STANDING UP FOR THE EASTSIDE:** She pushed for more investment and support for Eastside neighborhoods challenged with unsanctioned camping, vandalism, trash, and fentanyl use and dealing.
- **SMARTER DECISIONS:** Julia strongly opposed closing warming shelters early during the ice storm.

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## New Avenues INK: For Your Printing and Philanthropy Needs

BY ANNALISE SHORB

Full of ink-stained and hard-working hands, New Avenues INK is a hub for opportunity and building self-confidence. New Avenues for Youth, an organization created to support youth facing housing instability and homelessness, has worked hard to span even farther than just meals and counseling. The organization provides 24/7 services for youth 9-17 years old, from education and housing to employment and job training. New Avenues INK, a social enterprise to mentor and teach at-risk youth, is an offshoot of New Avenues for Youth that provides career and internship opportunities to the youth they serve.

A decade ago, a printing press was donated to New Avenues for Youth, which began the process of starting INK. At first, the press was used in the company's central office and later moved to a separate space. Around two years later, what started as a small side business began to evolve into a full-scale print shop, outgrowing their original site and moving into the SE Portland location in which they currently reside.

Eventually, the manual press was joined by a second press, followed by a third, fully automated press this past July,

which INK invested in with hopes of being able to expand youth programming. This third press increased their capacity from 100-200 shirts a day to 400+ per hour, promising even more possibilities for the program to continue to blossom. However, high production has never been the main goal for the company; rather it's to create a higher capacity for fostering more opportunities for youth.

The print shop works with 25-40 interns each year, providing 160-hour internships for a \$16/hour salary, where interns get critical experience in screen printing, practice quality control and learn about the process of shipping and receiving products. During their time at INK, they get to work on at least one personal project of their choice and are provided opportunities to market, grow the business and learn how the shop functions. Jennie Vinson, director of enterprise at New Avenues for Youth, shares that the internship "has lots of flexibility and is tailored to your ideal experience."

Nevertheless, working in this industrial environment is a lot of hard, manual work, and interns play a critical role in the company. With few employees, interns are vital to production and

daily tasks essential to the organization's efficiency. However, this hard work is not without the benefits of learning new skills, helping interns get real-life career experience to identify their goals and learning how to be self-sufficient. As Jeremy Burg, business manager of New Avenues INK, shares, "At INK, interns will have a low barrier introduction into the working world, getting experience with soft skills a person would need for any job, from communication to showing up on time."

Even as an INK internship comes to an end, the support doesn't stop. Not only are interns provided with on-site experience, but they also get to work with a career coach to identify opportunities for longer-term employment and help find tools to lower the barriers many face when finding suitable and successful employment options. "We have a high percentage of youth who go on to maintain gainful employment after their internship here at INK, as well as many who have gone on to work in the screen printing industry, develop clothing brands and explore a higher education in design and fashion," states Burg.

The efforts of the organiza-



New Avenues INK, a company offering internships to help youth get into the working world. Photo by Jeremy Burg.

tion's career coaches go above and beyond, showing just how invested INK is in the community, prioritizing people over profit. That being said, INK still works to make a profit, and earnings are given to their non-profit mother company, New Avenues for Youth, to fund the many aids for houseless and at-risk youth.

A company that provides so much support needs some love in return! "I would love folks to know, especially business owners and anyone who needs branded merchandise, that they can trust us to produce the products they need with the same level of care and quality that they would receive elsewhere, while also making a real tangible impact on a youth's life and reducing the effects the houseless crisis has on

our community," explains Burg. Vinson echoes similar hopes of growing the business and reaching more clientele.

"I would love for people to know that no matter how busy they are, or limited on time or financial resources, working with us is a great way to take what you may already be doing and contribute to ending youth homelessness in Portland," continues Burg. "We are a great way to take the money an organization would already be spending and invest it back into our community!"

To learn more about New Avenues INK and their services, follow them on Instagram @newavenuesink, and don't forget to consider them when looking for a company to fulfill your printing needs.

## Considering an Electric Vehicle?

from page 1

annual maintenance cost is \$949 less than gas-powered ones.

The cost to charge electric vehicles depends on both the vehicle and your driving habits. EVs vary on the range they can go, many going 100-300 miles on a full charge. Most EV owners charge them at home, which can be done by using a standard wall outlet (Level 1) or a faster home charger (Level 2) that uses a 240-volt outlet. Level 1 chargers are great for overnight charging as it will take eight hours for a full charge. Level 2 chargers can fully charge in four hours, making them ideal for charging at home, work or on the road. PGE's Smart Charging program offers savings up to \$300-\$6,000 with rebates on Level 2 chargers and electrical panel upgrades as well as ongoing bill credits available. Similarly, Pacific Power offers savings up to \$500-\$1,500 for Level 2 chargers.

Another cost to consider, especially if this will be your first EV, are any potential lifestyle costs. Traditional gas stations are relatively easy to find. But depending on where you're driving, EV fueling stations can be more challenging to find. Think about

what your average driving range is, as well as how often you take longer trips.

If you're on the go and need to "gas up," there are nearly 1,250 public charging stations available with more popping up all the time. Level 2 chargers take longer but typically have a lower charging session price while fast chargers (Level 3) get the job done more quickly (up to 240 miles per charging hour), albeit at a more expensive price. There are a number of apps available to

help you locate a charging system near you.

As with any vehicle purchase, you'll want to take a test drive to find the right model. If this is your first EV, a longer evaluation may be helpful. Forth offers multi-day rentals; visit forth-mobility.org for details.

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## Voting Assistance for Voters With Disabilities and in Preferred Languages

The Tuesday, May 21 primary election is just around the corner and includes candidates running for Multnomah County Board of Commissioners, Metro Council and federal, state and judicial candidate positions, as well as ballot measures. All registered voters in Multnomah County will receive a ballot for this election. Ballots will be mailed out starting Wednesday, May 1.

Voters with disabilities can request voting assistance from Multnomah County Elections' Voter Assistance Teams. The bipartisan team of election workers can provide assistance or support in people's homes, at a hospital or care facility or at the elections office. This support is always free.

Employers or union representatives are legally prohibited from providing voter assistance.

People can also request voting assistance in their preferred language. Multnomah County Elections has multilingual staff available and can also provide an interpreter, free of charge, to anyone who needs assistance in voting or the elections process in a language other than English. Telephone or video interpretation is available in any language, including American Sign Language.

Support is available for any step of the voting process, including marking or reading the ballot and understanding election rules and steps in voting. Voters who



need assistance can visit [multco.us/elections](http://multco.us/elections), call 503.988.8683 or email [elections@multco.us](mailto:elections@multco.us).

Candidates running for the City of Portland elected offices will not appear on the May ballot. These candidates will appear on the November 5 ballot. For more information, visit [portland.gov/vote](http://portland.gov/vote).

## New Bus-Only Signal at SE Intersection

In partnership with the Portland Bureau of Transportation (PBOT), TriMet is making it easier for buses to move through intersections and past heavy traffic. That means riders can reach their destination faster on the bus than they would by driving.

A bus-only signal has been installed at the intersection of SE Hawthorne Blvd. and 11th Ave. The signal is part of a network of recent improvements on the SE Hawthorne Blvd. and Madison St. couplet, benefiting four popular bus lines.

The new system saves riders in this corridor nearly 30 seconds, on average, every time they go by bus. The time saving is made possible by using cutting-edge technology that reduces the amount of time buses have to wait at red lights. Powered by artificial intelligence, transit signal prior-

ity is changing the game for bus travel on Portland's east side.

With transit signal priority, traffic signals get an automated alert when a bus is approaching. This changes the timing of the light, giving the bus a green light to proceed. Seven signals along SE Hawthorne Blvd./Madison St. have now been improved with this technology. The signals communicate with buses and each other using a cloud-based network to keep buses on the move.

A bus-only signal can allow buses to safely proceed after the light turns red for other vehicles, or give them the go-ahead before the light turns green for everyone else. This allows TriMet's buses to move ahead of the traffic flow and better serve the stop at SE 12th Ave.

The signal is designed with safety in mind. Having two iden-

tical sets of lights, one for buses and one for everyone else, would be confusing. Instead, the bus-only signal displays simple icons. Whether the main light is green, yellow or red, bus operators can see the icon displayed by the bus-only signal and know whether to stop or go.

Altogether, transit signal priority means riders spend less time sitting in traffic and buses arrive on time more often. These new signals build on the success of the transit signal priority of TriMet's Frequent Express line, FX2-Division, where up to six minutes are saved in each direction, as well as Rose Lanes along SE Division St. There are 57 traffic signals in this network, including 11 bus-only signals along SE Division St. from SE 11th Ave. in Portland to Cleveland Ave. in Gresham.

## Mt. Tabor Park Named as a Spotlight Site

Mt. Tabor Park has been named as a 2024 Spotlight site by prominent environmental advocacy group, Leave No Trace. The Spotlight program is the newest educational offering from the organization and Mt. Tabor Park is the only Oregon park, and one of just 24 nationally, selected to receive the honor.

"The goal of the Spotlight project is to raise awareness and implement research-based solutions to protect Mt. Tabor Park," says Portland's Vibrant Communities Commissioner Dan Ryan. "It's an important natural resource that must be cared for and preserved for years to come, and we appreciate the help of the Leave No Trace Spotlight program." Leave No Trace principles include: know before you go; take your trash and pick up pet poop; leave what you find; keep wildlife wild; stick to trails; and be considerate of others and share our trails.

"We look forward to working with dedicated groups such as the Friends of Mt. Tabor, the Mt. Tabor Neighborhood Association and several other community

partners," says Portland Parks and Recreation (PP&R) Director Adena Long. "Our park rangers have enjoyed a long partnership with Leave No Trace, and we're all excited about this current effort." Since 2016, rangers have been implementing Leave No Trace principles.

"The Spotlight program is an amazing way to highlight the power of community and the difference people can make when they unite to protect the outdoors," says Dana Watts, Executive Director of Leave No Trace. "The Spotlight program at Mt. Tabor Park encourages Portlanders to protect and celebrate nature."

A Subaru/Leave No Trace traveling team will be at the park Thursday, May 9-Saturday, May 11. They'll work with PP&R, community members, local organizations, land agencies and park rangers on natural area restoration, Leave No Trace stewardship and more. Check out the full Mt. Tabor Spotlight event schedule, at [bit.ly/4aS0Res](http://bit.ly/4aS0Res) and mark your calendars to learn and participate in a stewardship project.

## Abortion Access Website Launched

The Reproductive Health Program at Oregon Health Authority (OHA) has launched a new website that makes it easier for people to seek abortion care information and services. Although the Supreme Court overturned *Roe v. Wade* two years ago, abortion remains legal and protected in Oregon. Anyone who comes to Oregon for an abortion has the legal and protected right to that service, not just Oregon residents.

The Abortion Access in Oregon website ([oregon.gov/abortion](http://oregon.gov/abortion)) includes pages and links with current and accurate information about accessing abortion services including different types of abortion services; legal rights and privacy; a list of abortion providers in Oregon; resources for accessing abortion services outside of Oregon; different options to help cover the cost of abortion services; and abortion support, including resources for travel and emotional support.

"As challenges to women's reproductive freedom mount

across the country, OHA remains staunchly committed to protecting access to a full range of reproductive health care—including and especially abortion, fertility services and contraception—for all those who live in and visit our state," said OHA Director Dr. Sejal Hathi. "The foundation of access is knowledge: of your rights, of available services, of the nuts and bolts of obtaining care. This website takes us one step closer to sharing that knowledge, and enabling greater access to protected care."

The Abortion Access in Oregon website was created in collaboration with community, clinical and state partners to ensure the information it contains is relevant to and accessible for people seeking abortion care in Oregon. OHA's Reproductive Health Program, based at the state Public Health Division, has asked community, clinical and state partners to share the website link with their colleagues and staffs, as well as with community members and patients they serve.

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## MCL Events For All Ages



*The Orchid Trio*

Multnomah County Library (MCL) invites the community to join in a variety of free, fun events for all ages this month. “Our spring programming lineup is overflowing with events that reflect our diverse communities and offer opportunities to learn new things, connect and just plain have fun,” says Events and Reader Services Manager Alison Hallett. “With events all throughout the region and for all ages, you’re bound to find something for you!”

At the Belmont Library, highlighted events include music, drawing and painting. Sunday, May 12, 1-2 pm, The Orchid Trio plays classical, popular and

world music. The string trio, composed of violinist Siying Ge, violist Deborah Shuster and cellist Quinn Liu, is excited to share an appreciation of chamber music performance and collaboration with audiences. To celebrate Earth Month, Bug Out! Drawing and Painting Insects takes place Saturday, May 18, 11 am-noon. Investigate real insects and create detailed nature-based drawings and paintings.

MCL offers programs and services for community members at locations across the area all-year round. Check out what’s happening at [multcolib.org/events-classes](http://multcolib.org/events-classes).

## Right to Repair Law Passed

Governor Tina Kotek signed a landmark right to repair bill (SB 1596) into law following the legislature’s short session this year. The new law, which goes into effect January 1, 2025, is designed to make it easier and less expensive for consumers to fix their broken devices, while reducing the tons of electronic waste that wind up in landfills.

Under the new law, which is similar to California’s right to repair law, manufacturers of consumer electronics and household appliances must provide the repair tools and information required to diagnose, maintain and fix their products and will extend the right to repair phones, tablets and other digital devices. Consumers will be able to take their broken devices to the independent repair shop they choose, or fix it themselves, instead of being locked into the manufacturer’s repair service.

The law is also the first in the nation to prevent “parts pairing,” which refers to a manufacturer’s practice of using software to identify component parts through a unique identifier. Manufacturers can use parts pairing to prevent access to repair

or confuse the consumer about a third-party repair’s efficacy. As consumers increasingly purchase products with a software component and those products are connected to the internet, the lack of clarity around repair rules can mean these devices exist in a gray area where, even after a consumer purchases a product, the manufacturer retains control and ownership of it.

Justin Brookman, director of tech policy at Consumer Reports, said, “Consumer Reports actively supports laws to protect a consumer’s right to repair their own products. It reduces waste, saves consumers money, and offers you more choices when it comes to maintaining your expensive gadgets and appliances.” Brookman went on to say, “We’ve seen California, New York and Minnesota pass right to repair laws in the last two years, and Oregon’s law now means that nearly 70 million Americans have the right to repair the devices they own. The law also raises the bar for future right to repair legislation by preventing software from becoming a tool to enforce manufacturers’ monopolies on the repair process.”

## BDS Proposed Fee Changes

The Bureau of Development Services (BDS) is proposing changes to fees for its various services. Fees are set to cover the costs of providing services and 97 percent of the bureau’s revenues are derived from fees.

BDS faces increased costs for labor as well as materials and services during the fiscal year that begins July 1. Most fees are proposed to increase by eight percent. Fees for a few programs, such as Field Issuance Remodel and Accessory Short-term Rentals, are proposed to increase by more than eight percent.

The proposed fee increases are intended to recover current

and past inflationary cost increases and help maintain service delivery. Changes in these fees are subject to review and approval by Portland City Council.

BDS also provides permitting and land use review services for properties in some unincorporated areas of Multnomah County, and those fees are subject to review and approval by the Multnomah County Board of Commissioners.

Portland City Council will consider the proposed fee increases in a public hearing Wednesday, May 15. Interested individuals may provide testimony at this hearing, either virtually or in

person (details at [portland.gov/council-clerk/engage-council](http://portland.gov/council-clerk/engage-council)). City Council is scheduled to vote on whether to approve the fee increases Wednesday, May 22.

The Multnomah County Board of Commissions will likely consider and vote on the proposed fee increases for properties in unincorporated areas in June, the date of which has not been determined. Visit [bit.ly/44eHxFL](http://bit.ly/44eHxFL) for the date of upcoming Board meetings and how to submit comment, in person or virtually.

For complete details on the proposed changes, visit [bit.ly/44bjZRZ](http://bit.ly/44bjZRZ) to review the fee schedules.

## November Ballot Candidate Mixers in May

SE Uplift has two candidate mixers planned for this month to allow residents in the district to mingle with candidates who are running for the mayoral and city council races that will be on November’s ballot.

First up is a Mayoral Mixer Thursday, May 17, 4-7 pm at The Laurelhurst Club, 3721 SE Ankeny. The event is hosted by Neighbors West/NW and SE Uplift Neighborhood Coalition, emceed by Poison Waters, and will

feature candidates vying to be Portland’s next mayor.

The following Thursday, May 23, is a SE Uplift open house and City Council District 3 Candidate Mixer, 6-8 pm. Join neighbors from throughout the district at a fun and informal event to mingle with candidates running for City Council in District 3. In addition, take a look at the climate-friendly renovations SE Uplift has made to their headquarters, a hub for civic engage-



ment and community gatherings in District 3, at 3534 SE Main St.

Registration and additional information for these, and other SE Uplift events, can be found at [seuplift.org/events](http://seuplift.org/events).

## MAY EVENTS

**LWV PRIMARY RESOURCES** – The League of Women Voters of Portland (LWV) will have their resources for the primary election available online and in print May 1 through election day, May 21. The nonpartisan voting information can be found on [lwvpx.org](http://lwvpx.org) or [VOTE411.org](http://VOTE411.org).

**COME THRU MARKET** – The Black- and Indigenous-centered farmers market is held at the Redd on Salmon Street every first and third Monday, May through October. The first market of the year will be May 6, 3-7 pm, at 831 SE Salmon St. Visit [comethrupdx.org](http://comethrupdx.org) for additional information.

**PLANT SALE** – The Woodstock Neighborhood Association holds their annual benefit plant sale Saturday, May 11, 9 am-3 pm at the Woodstock Community Center, 5905 SE 43rd Ave. Proceeds from the sale of native and xeriscape perennials, organic vegetable starts, herbs, ornamental grasses, ground covers, shrubs, trees and houseplants will support maintenance and supplies for the Center. Email [sandy@tigerheron.com](mailto:sandy@tigerheron.com) or [deborahfarrington94@gmail.com](mailto:deborahfarrington94@gmail.com) for more information.

**PLANT SALE** – Black and Brown Herb Exchange holds their second annual plant sale Saturday, May 11, 11 am-2 pm at Black Food Sovereignty NW headquarters, 1526 SE 20th Ave. Find veggie, herb and flower offerings from local farmers. More at [instagram.com/bbhx.pdx](http://instagram.com/bbhx.pdx).

**BLOOM ANNEX** – Celebrate springtime and immerse yourself in floral delight at Bloom Annex Saturday, May 11, 11 am-6 pm and Sunday, May 12, 10 am-4 pm. Craft workshops, spring-themed beverages, floral apothecary, tinctures and more at the Water Ave. Showroom, 1010 SE Water Ave.

**PANCAKE BREAKFAST** – Enjoy all-you-can-eat Viking pancakes, scrambled eggs, sausage links, fresh fruit, strawberry compote, lingonberries, orange juice and coffee or tea Sunday, May 12, 8:30 am-12 pm at Norse Hall, 111 NE 11th Ave. Adults \$10, children 3-12 \$6, under age 3 are free.

**SYTTENDE MAI CELEBRATION** – Celebrate Norway’s Independence Day Friday, May 17, 4-8 pm at Norse Hall, 111 NE 11th Ave. This day in 1814 Norway adopted a constitution establishing it as an independent constitutional monarchy free from Danish rule. Doors at 4 pm, the Nordic Chorus performs at 5 pm and The Grand Flag Parade led by the Da Vinci Arts Middle School Band at 6 pm.

**FUCHSIA SALE** – The Oregon Fuchsia Society’s annual sale takes place Saturday, May 18, 9 am-2 pm at Tran’s Auto Repair, SE 49th Ave. and Belmont St. Hardy fuchsia pots and hanging fuchsia baskets will be available for purchase. OFS members will provide tips for successful plantings and answer any questions. Contact Susan at 503.778.5260 or [susanengland@dwt.com](mailto:susanengland@dwt.com) with questions.

**FAIR TRADE POP-UP** – Just Cause will be setting up shop at Portland Mennonite Church (1312 SE 35th Ave.) Memorial Day weekend, Saturday, May 25-Monday, May 27, 10 am-3 pm. Shop for gifts, home decor, apparel and much more from over 25 countries in Central and South America, Africa and Asia. Questions can be directed to Paula at [justcausefairtradestore@gmail.com](mailto:justcausefairtradestore@gmail.com).

Have an event coming up the public needs to know about? Send your Community News announcements to [examiner@seportland.news](mailto:examiner@seportland.news) by the 15th of the month.

# Silent Thunder

BY DAVID KROGH

In 1948 Winston Churchill spoke to the British Parliament saying, “Those that fail to learn from history are doomed to repeat it.” In *Silent Thunder*, Portland author Ephraim Weisstein portrays a story highlighting many of the most objectionable portrayals of mankind, copies several situations most people would like to forget ever happened and reflects upon Churchill’s reminder that the worst of history can repeat itself if we aren’t careful.

*Silent Thunder* is a fictional story that takes place in the year 2056. Global warming has increased worldwide temperatures by 2.5 degrees, beyond the point where scientists have said catastrophic results would occur. Catastrophic impacts including adverse weather, faltering economy, cities flooding and other areas experiencing drought, mass migrations from poor to wealthy countries and widespread epidemics have become the new norm. And with all that, a genetic mutation occurs which renders an increasing percentage of the human population mute (unable to speak). Distrust of the mute non-speakers becomes political to a point where new laws are passed creating confinement camps for these people. Non-speaking chil-

dren are torn from their families and placed into special boarding schools. Individual rights are ignored and non-speaking adults are incarcerated in camps with armed guards. Survival within the camps is often based on who is the fittest or the smartest.

At this point, it is interesting to note that several comparable historic and inhumane events are evident to those savvy with history. The Native American boarding schools, World War II Japanese American detention camps in the US, wartime concentration camps and the rise of the MAGA movement are examples of events that are similar to those depicted within *Silent Thunder* and suffered by the non-speakers. The story includes two individuals (Pia and Charlene) who through activism and heroism strive to help the non-speakers reclaim their individual rights. To that end, the story achieves both success and tragedy.

Author Weisstein is from Boston where he earned Bachelors and Masters degrees in Education and worked for several years with different private groups promoting youth and job programs. He subsequently went into independent consulting dealing with various education and

grant programs. He continued his consulting in Portland while also working in the education field. “Of local interest,” stated Weisstein, “I was the assistant baseball coach at Jefferson HS from 2017-2020.”

In addition, he also volunteered with the Planned Parenthood Advocates of Oregon (PPAO) Leadership and Advocacy Team. Weisstein got involved with PPAO “due to my outrage over the Supreme Court overturning Roe.” One thing led to another and Weisstein partnered with PPAO in the publishing of his book, as he felt the themes of *Silent Thunder* were supportive to PPAO’s mission. As a further show of support, he is donating all profits of the book to PPAO.

*Silent Thunder* is self-published and printed locally. “While this is the first book that I authored,” stated Weisstein, “I developed the story for *Replay Earth*, (a science fiction story) which a friend of mine authored.” Asked what audience *Silent Thunder* would appeal to, he said, “With themes of communal care and political corruption, *Silent Thunder* will appeal to fans of near-future dystopian works that deal with mysterious epidemics, as well as those that explore long-simmering domestic tensions.”

Weisstein said his purpose in writing this book was multifold. “The message is the threat of divisive ‘othering,’ the rise of authoritarianism and the need for people of good will to oppose it in all forms. Related, is the question of what gives some the courage to stand up to oppose backward forces, in the face of threat, terror and even death while others do



not. The two heroines are completely different personalities, yet they inspire others to take a stand.”

Besides looking at recent history, the author also relied on personal experiences in creating the story. “Like all authors, I referenced many of my life experiences. I am a child of the 60’s and 70’s and spent much of my life as a political activist. Also, like the main character, Pia, I grew up in a loving but dysfunctional family and experienced tragedy. Subsequently, I used the characters and the plot to help flesh out my questions about human nature and issues that have impacted me over

a lifetime.”

In addition to being self-published, the author is also self-marketing the book. “The first phase of marketing *Silent Thunder* was done exclusively online. I conducted seven virtual readings, including one sponsored by PPAO’s leadership. Next, I would very much like to partner with one or more SE Portland bookstores and conduct on-site readings. I hope that this article will help in that respect.”

*Silent Thunder* is currently available to order online. Additional information about the book and the author is available at [linktr.ee/silentthunderbook](http://linktr.ee/silentthunderbook).



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## Metro 2024 Community Placemaking Grantees

from page 1

Production will receive \$21,000 to support the “Serenading the Departed” project downtown and in SE Portland at Lone Fir Cemetery. The project seeks to reconnect Block 14 in Lone Fir Cemetery with downtown’s Chinatown

during the Ching Ming Festival. Old Town/Chinatown embodies many of the issues facing today’s deeply divided society, including the recent rise in anti-Asian hate crimes that evoke previous efforts to expel Chinese immigrants from the country. The deterioration of Old Town and the emptying out of Chinese businesses, residents and aging elders all contribute to the fast disappearance of Chinese American history and culture in Portland. Block 14 is a forgotten corner of the Lone Fir Cemetery that had served as temporary, segregated gravesites for members of the Chinese community during Portland’s early days.

Performances of Chinese

instrumentalists, Cantonese opera and storytellers will take place in Chinatown and be broadcast to Block 14 via media technology as a virtual offering to honor the deceased. Afterwards, the public can see the performances anytime in augmented reality (AR) through their mobile device using a QR code embedded in the cemetery. The performance will be shot so that the virtual performers will appear to be standing on the cemetery ground.

A full list of grantees and information about applying available at [bit.ly/PlacemakingLinks](http://bit.ly/PlacemakingLinks). Metro will begin accepting applications for the 2025 cycle of grants in August 2024.

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# Top 10 Pepper Varieties to Grow in Pacific Northwest Gardens

BY PRITHA GOLDEN STEELE

One thing to know about peppers is that they truly love the heat! While we don't have the hottest climate in the Pacific Northwest, we can still grow beautiful peppers here. It simply takes more care to get a productive pepper crop in this climate than in a warmer southern climate.

One way we like to improve our success with peppers is by being selective about our pepper selections and choosing varieties that are early to mature. It is also very important to plant peppers at the right time to maximize their growing season. Here in Portland, we aim to plant peppers around June 1 when nighttime lows are consistently 50 degrees and above.

Below is a list of 10 peppers varieties that have given us excellent results. Additionally, it can be helpful to know that sunlight and heat are what cause pep-

pers to ripen and either get spicy or sweet. So, as a general rule, smaller peppers will typically sweeten up or spice up earlier than larger ones. As well, peppers that are harvested green will often be ready earlier than peppers that we harvest red, orange or yellow.

### Carmen

This red Italian pepper is sweet and very productive. It can be hard to get a nice bell pepper crop in our climate, so Carmen is a great replacement. It ripens more easily than a bell pepper and it can be used the same way culinarily.

### Jimmy Nardello

This super sweet frying pepper is a favorite of chefs and gardeners alike. The fruit is long and thin-walled, allowing you to throw whole peppers into a pan, blister the skin and serve them as a mouthwatering appetizer or a

side dish.

### Baby Bell Peppers

Baby bell peppers ripen early because of their small size, and they are a big hit with kids. Excellent for a little snack, these peppers are a fun and delicious addition to the garden.

### Glow

If you want to grow a standard size bell pepper, this variety is one of the earlier ripening bell peppers, which means you can still get a nice ripe fruit even in our climate. As well, they are fun to grow for their beautiful orange color.

### Padron or Shishito

These small frying peppers are some of the earliest peppers we get out of the garden and some of the most delicious. Harvest peppers green when they are about 2"-3" long. Flash fry them in oil, generously salt and eat them whole. If you like some spice in your food, about one in 10 Padron peppers have some kick. If you are not a fan of spice, Shishito are milder and would be a great choice.

### Joe Parker Anaheim Chili

These NuMex type peppers have a mild spice to them and are



Carmen Peppers photo by Portland Edible Gardens.

excellent for roasting, smoking, stuffing and canning. As a pepper that you typically harvest green, it is another variety that is ready earlier in the season. This variety is very productive and reliable.

### Tiburon Poblano

Tiburon Poblano produces beautiful large dark, blue/green peppers with excellent flavor and a little bit of kick. They are typically harvested green but they will eventually turn a deep red color, slowly getting spicier the longer they hang on the vine. The plants can get tall and produce a nice heavy crop.

### Habanada

This pepper is packed with complex, fruity Habanero flavor but without the heat. These peppers are so flavorful that it only takes a couple peppers to com-

pletely transform a dish or salsa.

### Lipstick

If you are looking for an earlier maturing sweet pepper, then Lipstick is an excellent choice. This tapered fruit grows to be about 4" long, has a nice thick wall and super sweet flavor.

### Early Jalapeño

Hot peppers really benefit from the heat to get their spice. With our limited summer in the Pacific Northwest, Jalapeños are an excellent choice for growing. They are quicker to mature than many other peppers and produce an abundance of fruits on a single plant!

*This article was originally posted on the Portland Edible Gardens website, portlandediblegardens.com.*

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# Prevent and Treat Tick Bites

BY LEGACY-GOHEALTH

Human encounters with ticks are skyrocketing as climate change and other factors expand their territory and swell their numbers. Oregon is home to the western blacklegged (deer) tick, which spreads Lyme Disease. In the past six years, an average of 40-50 confirmed and probable human cases of Lyme Disease are reported in Oregon each year, according to the Oregon Department of Public Health's (ODPH) latest count.

As spring warmth draws Oregon residents out of their houses and into the green, tick nymphs will be waiting, arms outstretched, hoping to find their next meal from a human host. "Most outdoorsy people are rightly wary of the tiny arthropods, which despite their painless bites can transmit more than a dozen harmful diseases," says Alexis Smithers, nurse practitioner at Legacy-GoHealth Urgent Care. Smithers shared her tips on how to prevent bites and handle the ones that do happen.

Before you go, learn about the types of ticks in the area and the diseases they carry. Ticks can be tiny and extremely hard to find. Unfed nymphs are about the size of a poppy seed and unfed adults

are more like a sesame seed or an apple seed.

If you're outside regularly, use an insect repellent containing DEET to prevent ticks from getting on your body. The US Centers for Disease Control (CDC) also recommends treating outerwear, boots and camping gear with products containing 0.5 percent permethrin, which is an insecticide and repellent that doesn't affect people when it is dry. You can buy permethrin-treated gear through some retailers, or you can apply it to clothing and gear yourself, but you must follow strict safety precautions.

The CDC offers landscaping tips that discourage ticks, such as putting decks, patios and play structures in sunny areas and creating a three-foot buffer of gravel or wood chips between woods and recreational areas. Choose light-colored outdoor clothing to make it easier to spot any ticks that have latched on. Finally, once outdoors, keep pant legs tucked into socks and shirts tucked into waistbands to avoid giving a hitchhiking tick direct access to your skin.

As soon as you're inside, drop your clothes in the dryer and run it on high heat for at least 10

minutes. High, dry heat kills ticks because they are sensitive to arid environments. Damp clothes may need even more time in the dryer. If the clothes need washing first, use hot water.

In the meantime, promptly perform a thorough tick check of everyone who was outside. Check for ticks on children, paying special attention to hiding places such as in and around hair, in and behind ears, in body folds such as the groin, armpits and the back of knees, in the belly button and around the waist.

If there is no other adult to help with your own check, use a hand mirror or a full-length mirror to make sure you've thoroughly checked your body. Once clear, jump in the shower to rinse off any unattached ticks.

Don't forget about pets as they can carry ticks to you and are susceptible to some tick-borne diseases, too. Talk to your veterinarian before using pesticides and repellents around pets.

Check for ticks daily on pets that spend time outdoors in tick habitats—especially in and around the ears, around the eyelids, around the tail, under the

*continued on page 17*

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# Staying Safe in Work Zones

BY KRIS MCDOWELL

As construction season kicks into high gear, the City of Portland urges travelers to use caution to save lives and prevent injuries to essential workers. Portland Bureau Transportation (PBOT), Portland Water Bureau and Portland Bureau of Environmental Services (BES) crews will be out in neighborhoods across the city doing indispensable work, such as filling potholes, renewing fire hydrants, installing new sewer pipes, restriping

roads, fixing leaks, clearing catch basins, building curb ramps and sidewalks, grinding and paving roads and more.

"Our city maintenance crews repair and maintain essential infrastructure that supports our community every hour of every day. It is important to be aware of their work zones, to ensure the safety of both our workers and the public.

When navigating through areas where maintenance work is

being conducted, especially near maintenance holes and trenches that may be difficult to see, please exercise caution by reducing speed, adhering to posted signage and staying alert," said Dawn Uchiyama, Director of BES.

The majority of people killed in work zone crashes are people driving and their passengers. In 2021, 778 drivers and their passengers died in work

*continued on page 17*

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# AE Arts & Entertainment

## Science Pub: Honeybee Behaviors

OMSI's Science Pub in May is SWARMED! Intelligent Honeybee Behaviors with Mandy Shaw of the Portland Urban Beekeepers Tuesday, May 7, 7-9 pm. It is no secret that honeybees are smart. They communicate by dancing and hold the recipe for nature's sweetest treat, honey. But there's something else that bees are perfectly programmed for, swarming. One of their most important biological functions, swarms are often feared and misunderstood by outsiders. Join urban beekeeper Shaw for an inside look at the drama, biology, communications and reasons why bees swarm.

Advance tickets (with suggested \$5 donation) are recommended. There is also a Zoom option for those who are unable to join in person (advance registration required). Visit [omsi.edu](http://omsi.edu) to reserve your space. OMSI's Empirical Cafe will be open, offering prepackaged salads, sandwiches and movie snacks. The bar will be open to guests that are 21+. No outside food or drink is allowed.

## Artichoke Fundraiser

DeNicola's Italian Restaurant, 3520 SE Powell Blvd., holds a music-filled fundraiser for local non-profit Artichoke Community Music Tuesday, May 14, 6-8 pm. The organization is dedicated to building community by creating an environment that preserves and enriches the acoustic and folk music tradition. They are a venue, school and community with an active outreach program for underserved populations.

The night features The Fabulous Deck Boys and their original, unpredictable alt rock country blues. Admission is free. DeNicola's will donate a portion of the evening's food and drink sales to support Artichoke's work.



## Yoga, Beer and Wine



Yoga + Beer® is a community centered around connection, which began hosting classes at Rogue Farms in Independence 11 years ago. What was originally conceived as a one-time event has evolved into classes at over 50 breweries, wineries, cideries, coffee roasteries and other local businesses. Coming up in May, they are offering two classes at locations in SE Portland.

Saturday, May 11, 12-1 pm instructor Lisa Gurnsey will be leading a class in the barrel room at Enso Winery, 1416 SE Stark St. Next up, Sunday, May 19, 12:15-1:15 pm, the class takes place at Gigantic Brewing, 5224 SE 26th Ave. Join instructor Lexi Stickel in the brewery's barrel room. Tickets can be purchased for just the all-levels yoga classes (\$17) or as a combo with both the yoga class and a post-class glass of beer or vino (\$23-27).

Details, registration and a full listing of classes throughout the area at [cheersandnamaste.com](http://cheersandnamaste.com). Classes often fill up, so advance registration is recommended. Participants need to bring their own mat or towel.

## Beatles Experience

Liverpool Legends, four talented musicians and actors, hand-picked by Louise Harrison (sister of George Harrison) to honor her brother's legacy and recreate the band that changed the world forever, brings "Beatles Experience" to the Aladdin Theater Sunday, May 12, 7:30 pm. Experience the complete history of The Beatles, starting with the early mop-top hits, such as I Want To Hold Your Hand, She Loves You and Twist and Shout. Then take a Magical Mystery Tour down Penny Lane, through the psychedelic era of Sgt. Pepper and in The End; Come Together and sing and dance to classics like Get Back, Here Comes the Sun and Hey Jude.

The one-of-a-kind Beatles show is narrated by Louise Harrison, who was an instrumental part of the promotion of The Beatles in the early years. With precise attention to every musical detail, along with costume changes, vintage instruments and special effects, Liverpool Legends will make you feel like you are watching the real thing.

All four members of the tribute band have mastered the looks, mannerisms and the thick Liverpool accent that makes the experience totally authentic. Liverpool Legends seem to "possess" the personalities of John, George, Paul and Ringo, making the lighthearted banter with the audience irresistible.

Tickets (\$45-\$80) available at [aladdin-theater.com](http://aladdin-theater.com). Doors open at 6:30 pm at the Aladdin Theatre, 3017 SE Milwaukie Ave.

## OPB and ProPublica Podcast

A new Oregon Public Broadcasting (OPB) and ProPublica podcast, "Salmon Wars," tells the story of Columbia River salmon through the voices of a Yakama Nation family. Now available on all podcast platforms, the six-episode series tells the story of the salmon of the Columbia River in a way not heard before: through the experiences of a tribal family that relies on the fish as essential to their way of life.

Randy Settler and his family are all members of the Yakama Nation and fishers who have lived on the river their entire lives. They have been deeply affected by the Northwest's salmon policies for generations. Over the last century and a half, many forces have eroded their and other Native peoples' access to salmon. Treaties removed them from their traditional fishing areas. Dams massively reduced the number of salmon that swam in the waters. Environmental contamination further poisoned the well. Now, climate change threatens the salmon's survival.

"Salmon Wars" dives into who's to blame for the salmon vanishing, what can be done about it before it's too late and why the disappearance of salmon impacts us all. The series is reported by OPB Investigations Editor Tony Schick and ProPublica Video Journalist Katie Campbell and produced by Schick and OPB Podcast Producer Julie Sabatier.

"Salmon Wars" is collaborative journalism at its finest," said Sarah Blustain, Assistant Managing Editor at ProPublica. "For more than a year, Tony Schick teamed up with ProPublica reporters through our Local Reporting Network to produce a stunning investigative series into how tribal access to salmon has been destroyed for generations. This podcast gives audiences the chance to hear the powerful and poignant voices from those generations for themselves."



# AE Arts & Entertainment

## Blonde on a Bum Trip



Fuse Theatre Ensemble presents the world premiere production of *Blonde on a Bum Trip* by Mikki Gillette Thursday, May 16-Sunday, June 9 at Reed College. The play follows pioneering trans actresses Holly Woodlawn, Candy Darling and Jackie Curtis as they claw their way from off-off-Broadway to experimental theatre to underground film stardom in Andy Warhol's factory scene. Ambition, pettiness and envy swirl as the trio's deep bonds in this backstage comedy.

The cast is composed of Ruby Welch (Candy Darling), Juliet Myan (Holly Woodlawn), Riley McCarthy (Jackie Curtis), Heath Hyun (multiple roles) and Cosmo Reynolds (multiple roles). Playwright Mikki Gillette is an award-winning trans woman who was named one of Portland's 25 Most Influential Artists by *Willamette Week*.

Performances take place Thursday-Saturday, 7:30 pm and Sundays, 3 pm at Reed College Black Box Theatre in the performing arts building, 3017 SE Woodstock Blvd. Tickets, available at [fusetheatreensemble.com/blonde](http://fusetheatreensemble.com/blonde), are "give as you're able" with a \$25 suggested donation.

## 2024 Blues Carnival

Join Health Care for All Oregon for an unforgettable night of music and cultural fusion at the Blues Carnival Friday, May 10 at the Aladdin Theater, 3017 SE Milwaukie Ave.

The benefit concert is a celebration of rhythm and joy, featuring performances from the Norman Sylvester Band and Bloco Alegria's Carnival Party. Norman Sylvester, the "Boogie Cat," brings his soul-stirring blues and Mardi Gras Showcase direct from Louisiana. Bloco Alegria brings an exuberant celebration of Brazilian Carnival, complete with vibrant energy, dazzling costumes and samba beats.

Tickets at [hcao.org/blues-carnaval-2024](http://hcao.org/blues-carnaval-2024). Both general admission (\$30) and VIP tickets (\$100) are available for the 8 pm show. VIP tickets include a pre-show Rhythm and Rio gathering at Classic Pianos 6:30-7:30 pm with refreshments, beverages and updates on Oregon's Road to Universal Healthcare and Oregon.

## Get in on the Love Buzz

Sidestreet Arts is all a-flutter about May's show, *Love Buzz*, running Thursday, May 3-Sunday, June 2. Five very different artists have created pieces for this delightful bee-centric exhibit—painters Lea Barozzi and Jacquelin McIntyre, painter and comic book artist Bridgett Spicer, ceramicist Michelle Gallagher and functional ceramicist Brenda Scott.

Most of McIntyre's artwork is painted with oils, but she also creates with collage and assemblage utilizing many different materials. Among these different mediums, she feels that collage is the most expressive medium, helping her find balance and order in each painting. Her favorite subject matter is nature and she is particularly fascinated by the forms, colors and uniqueness of flowers whether they are living or wilting to their final beauty.

Scott grew up in the north woods of Wisconsin and came to Oregon in 2005. Her interest in art started at an early age by drawing on her mother's walls (something her mom is still mad at her for) and found an instant love in the process and medium of clay. Most of her work is functional and should be used daily. A morning cup of coffee can be elevated by enjoying the time with one of her artful, handmade mugs.

Spicer enjoys working in a variety of mediums: pen and ink, acrylic paint, collage and digital illustration. Most of all she enjoys a mixed media situation, or what she calls "art mélange." She is also the creator of "Auntie Beeswax," which appears in the *Willamette Week*, and makes cartoon art and merchandise.

Sidestreet Arts, 140 SE 28th Ave., is open Thursday-Sunday 12-5 pm and online at [sidestreetarts.com](http://sidestreetarts.com).



"One Pound of Honey" by McIntyre



"Tea With Honey" by Scott



"Mad Bee" by Spicer

## Mt. Tabor Art Walk

The Mt. Tabor Art Walk returns for its 17th year Saturday, May 18 and Sunday, May 19. This local show and sale is a Portland favorite featuring 38 juried neighborhood artists at 25 sites in the beautiful and friendly Mt. Tabor neighborhood. Take the opportunity to see a variety of high-quality visual art and meet artists in their studios, homes and community spaces. Some of the diverse media presented include paintings, ceramics, sculpture, photography, glass, jewelry, book arts, fabric art, mixed media, mosaics and 3D printing.

Additional information and maps, listed by artist and by site, found at [mttaborartwalk.com](http://mttaborartwalk.com).

## Films and More at Tomorrow

Tomorrow Theater, 3530 SE Division St., continues to roll out a jam packed lineup of shows in May, including the following highlights. Saturday, May 11 celebrates the 30th anniversary of the Wong Kar-wai masterpiece, *Chungking Express*. The touching study of love, connection and heartbreak follows two melancholic Hong Kong policemen that fall in love, one with a mysterious underworld figure, the other with a beautiful and ethereal server at a late-night restaurant, feeling just as raw today as during its 1994 release. Portland band The Fourth Wall will play a set inspired by the film at 7 pm, with the film following at 7:30 pm.

The following day, Mother's Day, offers a double header of films, *Mommie Dearest* and *Steel Magnolias*. The 1981 highly quotable camp classic *Mommie Dearest* is hosted by Portland's fabulous Donatella Nobody. Get ready to clutch your pearls and pay homage to the ultimate portrayal of maternal complexity. The performance starts at 4 pm, with the film at 4:30 pm.

That evening at 7:30 pm is a special screening of 1989's heartwarming *Steel Magnolias* starring Sally Field, Dolly Parton, Shirley MacLaine, Daryl Hannah, Olympia Dukakis and Julia Roberts. The iconic film beautifully captures the resilience, strength and boundless love that mothers embody every day. There will be goodie bags for the first 50 moms and mom figures.

*With Love and a Major Organ* hits the screen, preceded by a painting craft session, Saturday, May 25. The 2023 film is set in a world where everyone's heart is an object and there's a strong societal pressure to dampen emotion. At odds with this overly pragmatic society, lonely virtual insurance broker Anabel always follows her heart. After a series of devastating emotional blows, she rips her heart from her chest and gives it to a man she's fallen for, the strangely unfeeling George. The painting craft session, where people can take home their own anatomically correct or artistically inspired heart, starts at 6:30 pm, with the film at 7 pm.

Finishing out the month Friday, May 31 is *The Cat and the Canary*, a 1927 silent horror comedy film. Seattle-based musician Corey J. Brewer performs a new live score with a creepy croon over expansive basement beats and eerie synth gurgles. Doors open at 6:30 pm for the 7 pm film and performance.

Tickets for these shows (\$15-\$25) and a full line up at [tomorrowtheater.org](http://tomorrowtheater.org).

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## Wellness Word

*Editor's note: Wellness Word is an informational column which is not meant to replace a healthcare professional's diagnosis, treatment or medication.*

### How to Encourage Motivation

Let's dive into how to encourage motivation when you don't want to \_\_\_\_\_ (fill-in-the-blank). First, assess if your resistance to \_\_\_\_\_ is simply avoidance of something that would be beneficial for you or if \_\_\_\_\_ is not actually going to enhance your wellbeing. When it comes to changing habits that we know will be beneficial for us, it's normal to have feelings of resistance due to fear of failure, fear of success or not wanting to rock the boat in a relationship.

Examples of things that might not enhance your wellbeing are doing a type of exercise at an intensity that isn't actually beneficial for you, taking on extra work to make extra money when it will be detrimental to your physical and mental health or trying to fix a relationship that just needs to end.

Watch out for any "shoulds" in your mind when pursuing what you want. Rather than focus on the "should" of \_\_\_\_\_, shift your attention to the reward that you will get from taking action. Define what is beneficial for you, like getting a little closer to your goal, increased feelings of confidence, increased energy, feeling lighter or feeling more capable. Notice how good you feel during and after. This is so important. Focus on the reward and you'll be more inspired to repeat it. After four to six weeks, it will be a normal part of your routine and a priority in your life. The rewards of things like having an emergency savings account, a more capable body or a stronger relationship are likely to increase the happiness chemicals in your brain lead-

ing to more motivation.

Start small. Five minutes, \$10, one task. Choose one part of the house to clean like unloading the dishwasher. Take a five-minute walk around the block. Save \$10 per week. Choose a digestible amount of time, money or activity to start with. Focus your attention on being present with what's enjoyable about the experience, such as how your feet feel as you walk along the pavement, the strength in your arms to put a stack of plates into the cabinet or the inner strength of expressing yourself assertively. As you feel the benefits of your actions, you'll feel motivated to do more.

Create a routine. Choose a specific time each day, week or month for this activity or task. Get a buddy. Join a group. These things will motivate you to stay the course. My husband and I have our own "state of the union" every third Thursday of each month at noon to check-in about what's going well and what can be improved in our relationship. We also have a financial state of the union monthly too!

Learn to say no. Treat your exercise/finance/relationship time like a doctor's appointment. If you get another invitation, say no. Create a wide boundary around this time so that meetings or other daily obligations can't infringe on it.

Think of your future self and how the benefits of doing this activity will extend to a healthier and happier you in three months, a year or five years. By changing your diet or having a consistent exercise routine now, you may reduce health complications like

heart disease, diabetes or dementia in the future. By saving and investing \$10 a week now, you'll be investing in your future financial security. By cleaning your house consistently, you'll feel the peaceful effects of a clean and tidy space, reducing your stress and increasing your wellbeing.

Know that you will hit resistance. When this happens, notice the resistance, label it in your mind and then move quickly towards the thing that you are resisting. Put those sneakers on quickly. Go grab the cleaning supplies. Jump online and move money from your checking to savings or to an investment fund. You can also increase your energy by clapping your hands, snapping your fingers, vigorously patting parts of your body to wake them up and get them moving or giving yourself a full body shake. Put on some high energy music that gets you going! Most importantly, if you just can't get moving, be kind to yourself.

Shaming or criticizing yourself for not "making progress" will only keep you stuck in the cycle. Being kind and generous towards yourself, like you would to a small child who is learning, will be far more effective in motivating you towards what you want.

Cut this article out and put it on the fridge right next to the goal that you want to encourage motivation for. Let me know how it goes!

*Stacey Royce*  
Trauma-sensitive Yoga  
Therapist  
[subtlebodyexperience.com](http://subtlebodyexperience.com)

BA

## Business Association Notes

### 82nd Avenue Business Association By Nancy Chapin

Greetings and welcome to May! This is a very busy month, including the opportunity to remember the mothers in our lives with special thoughts and activities Sunday, May 12. There are lots of opportunities on and near 82nd Ave. to find a card, share a meal, run an errand or otherwise create a smile.

The Avenue's businesses and residents are also busy talking to and working with many local organizations, including PBOT, TriMet, arborists, residents and more to help us create a community again rather than a highway.

We also have a few more roses, if your 82nd Ave. business has room for a garden. Keep up with us at [82ndaveba.com](http://82ndaveba.com) and see you next month.

### Belmont Area Business Association By Blake Armstrong

The Belmont Area Business Association (BABA) is pleased to announce that our end of summer event, the 2024 Belmont Street Fair, is accepting applications for vendors, sponsors and performers!

BABA is also hosting our Belmont After Hours Network event! Come together with us for an evening of networking and collaboration at our annual small business mixer. Connect with fellow business owners, exchange insights and discover potential collaboration opportunities. Hosted by Horse Brass Pub, 4534 Belmont St., Wednesday, May 15, 4-7 pm.

To sign up for the fair, RSVP for the After Hours Network and all things BABA, please follow our Instagram account, @belmontdistrict and visit our website, [belmontdistrict.org](http://belmontdistrict.org).

*continued on page 19*

## HAND By Jill Riebesehl

Perhaps because downtown is just across the river from us, the Hosford-Abernethy Neighborhood Association (HAND) has taken an interest in a large revitalization effort under consideration by the city. We have heard from two groups—one wanting to modernize or replace the Keller Auditorium and another, from Portland State University and friends, that would build an arts, education and culture venue on four acres a few blocks away. These two plus one other, at Lloyd Center, will be going before City Council in a few weeks.

The upcoming primary election ballot is filled to the brim. HAND focused on just one race this year: the Multnomah County commission. So saying, at our April meeting we listened to the last contestant for the District 1 spot.

We received an unexpected visit from four uniformed firefighters wanting to let us know that the city is tightening its belt and our long-needed, fully functioning Station 23 (which only opened last year) may be a victim. They brought us up to date on a significant increase in services since it opened. We and surrounding neighborhoods had not had adequate emergency coverage for a long time. We also discussed access difficulties posed by the tracks. The Board voted to throw its weight behind keeping the status quo.

We also discussed problems resulting from a popular Ladd 500 event (April 21), where assorted cyclists drive around and around the Ladds Addition inner circle. Serious collaboration among organizers, neighbors and the city may be needed to better handle the event next year.

And for all those who may be interested in taking a look at the tiny sanctuary soon to open off of SE Division St. and 19th Ave., HAND is scheduling a short visit there for 6:30 pm, at the front end of its May 21 general meeting. Avalon Village is expected to open, behind cedar fencing, in July. Also on our agenda is a report from OMSI about waterfront park plans, which include a new dock to access the river. We will be inviting OMSI representatives to join the meeting. Come one, come all.

The HAND Board meets 7 pm at St. Phillip Neri the third Tuesday most months. We are exploring some kind of future Zoom participation.

## Montavilla Neighborhood Association By Louise Hoff

The Clark Arboretum Welcome Event is Sunday, May 19, 2-3 pm. Our Montavilla Neighborhood Association Parks Committee is combining efforts with Clark Elementary and the Parks' Learning Landscape Program to offer a fun hour for families and neighbors to explore our 52 trees with their brand new identification tags. Lisa Wilcke, Tree Steward, has a tree bingo game for adults and tree crowns for the kiddos to make and wear. Molly from the Learning Landscape program is supplying a map for each family and we will have some scrumptious cookies, some tiny maple trees, pinecones and more.

Kerasun Orsag was one of the original founders, along with other parents of CSS Clark Elementary back in 2012, to establish the Clark Arboretum with Urban Forestry trees which are divided into groups: International trees, US history trees and Native trees. Easy parking is available on SE 89th Ave. behind Clark Elementary and along Berrydale Park on SE Taylor St.

Artists in Residence are back at Vestal Elementary! Montavilla Jazz is in its sixth year of residency, engaging students through the lens of jazz around the theme of family identity. Save the date for Vestal's Social Justice Night, Thursday, May 30, to hear the compositions that develop during the course of the residency!

Montavilla neighbors and businesses are having regular meetings with city and county officials about good neighbor agreements with the homeless shelter on SE 82nd Ave. and the nearby PDX Love Outreach facility. *The SE Examiner* continues to provide excellent updates.

## Mt. Tabor Neighborhood Association By Nadine Fiedler

The Mt. Tabor Neighborhood Association's April meeting on Zoom focused on several important topics, including the critical and ground breaking work being done by Portland Clean Air; MTNA's shift to hybrid meeting—starting in June we hope to welcome both in-person and Zoom participants to our meetings, more details next month!; in response to a letter from MTNA and Southeast Uplift, Multnomah County Library has said they will look into establishing a temporary location, at least for holds pickup, while the Belmont Library branch is closed for a year-long renovation; the MTNA Board election in May—the Board has current vacancies and MTNA encourages neighbors to get involved to help support the neighborhood; a neighborhood history project event, with lots of photos and info, will be held Thursday, May 16, 7-8:30 pm, at the Windermere realty office, 5015 SE Hawthorne Blvd. We welcome those who grew up or have strong ties in the neighborhood to come and contribute photos or short oral histories.

We invite all neighbors to come be a part of the process! The next meeting will be Wednesday, May 15, 7 pm. You can find a link to all meetings under the Meetings and Events tab on our website, mttaborpdx.org. Come join us!

## Richmond Neighborhood Association By Allen Field

The Richmond Neighborhood Association (RNA) met on April 8. Meetings are the second Monday of the month, 7-9 pm, in-person at Central Christian Church, 1844 SE Cesar Chavez Blvd., and via Zoom. The link to pre-register for Zoom is on the agenda, posted to richmondpx.org, and the RNA Announce listserv. To be added to the listserv, email richmondnasecretary@gmail.com.

The Board discussed the annual Board election and the May 18 Richmond Spring Cleanup. The annual Board Election will be Monday, June 10 and Tuesday, June 11, 6-8 pm at Central Christian Church. Ballots will be posted on the website, emailed to the listserv and at the church.

At the beginning of the June 10 RNA meeting, candidates for the Board will give short statements. People can then go outside to vote. Ballots can also be cast 6-8 pm on June 11 at the church.

There are eight open seats for two-year terms. If you are over age 18, reside or own property or a business in Richmond, you may be a Member of the RNA and are eligible to run for the Board and vote. Richmond's boundaries are the south side of Hawthorne Blvd. to the north side of Powell Blvd., and SE 29th Ave. to 50th/52nd Aves.

The deadline to announce candidacy is midnight Monday, May 13. People can announce at the May 13 RNA meeting or by email to richmond.pdx.chair@gmail.com. More details on the election and the candidates will be added to website in mid-May.

Saturday, May 18 is the Richmond Spring Cleanup and Metro Household Hazardous Waste collection event. People can bring a car/truckload of bulky waste, or metal/electronics/Styrofoam for recycling, for FREE, to Central Christian Church, 9 am-1 pm. NO construction or demolition material will be accepted.

continued on page 18

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# Prevent and Treat Tick Bites

from page 11

collar, under the front legs, between the back legs and between the toes. Remove any ticks immediately and consult your veterinarian.

If you find a tick, remove it immediately. The longer it is embedded, the greater the chance it can transmit diseases. While some tick diseases can be transmitted in minutes, the bacteria that causes Lyme lives in the tick's midgut and isn't usually transmitted until the tick has fed for 36 hours or more, Smithers said.

Put on gloves if you have them and get a pair of fine-tipped tweezers or a specialty tick removal tool. Grasp the tick as close to the skin as possible and pull straight out using pressure that is firm but not crushing. Do not twist or jerk, which may cause mouth parts to detach and remain in the skin, causing infection. Don't crush the tick or attempt to burn it or coat it with nail polish

remover or ointment.

Place the tick in a sealed bag or jar in case a physician needs to identify it. You can also take photos of the tick on a light-colored background and next to a reference item, such as a ruler, coin or pin. Finally, swab the area with rubbing alcohol to remove any remaining bacteria. Cover the area with a bandage and wash your hands.

Removing a tick promptly makes problems less likely, however you may want to consult a healthcare provider. Diagnosis and treatment are based on a variety of factors, including the type of tick, tick-borne diseases prevalent in Oregon, how long the tick was attached and patient symptoms.

The CDC does not recommend taking antibiotics in every case. In Oregon, your provider may recommend a single prophylactic dose of the antibiotic

doxycycline to lower your risk of infection, in the appropriate circumstance. You should also go in if any of the following symptoms arise within 30 days: a red bull's-eye rash at the bite site; a significant, expanding rash near or away from the bite; flu-like symptoms including a fever, chills, headache or nausea; swollen lymph nodes; weakness, fatigue, joint pain or swelling and facial paralysis.

Talk with a clinician if you can't remove all parts of the tick or if the site becomes painful, changes color or starts to ooze. Bringing the tick or photos of the tick can help your provider develop a treatment plan.

Ticks and their diseases can be worrisome, but knowledge and skilled health providers can help people manage their risk. "Legacy-GoHealth is proud to help patients continue to enjoy the outdoors as part of a happy, healthy life," Smithers said.

# Finding a Great Workplace

from page 3

## Social media and LinkedIn

Social media platforms and LinkedIn profiles serve as excellent resources for understanding a company's culture and its interactions with its audience. Companies often use these platforms to showcase events, community involvement and support for specific causes or nonprofits, providing valuable insight into their values and priorities.

## News articles

For well-established companies, you can often find articles on business and news websites that shed light on their history and

reputation. Look for information on leadership stability, significant events such as layoffs or recognition for employee-friendly policies.

Selecting a trustworthy employer can profoundly impact your job satisfaction and overall well-being, so you're right to hold high expectations. Invest time in thorough research to enhance your chances of securing a job with a company that resonates with your values and offers a conducive work environment.

For more information on connecting with a trustworthy business, visit [BBB.org](http://BBB.org).

# Staying Safe in Work Zones

from page 11

zones (based on National Highway Traffic Safety Administration data), making it all the more important for drivers to slow down and stay focused while approaching and passing through a roadway work zone.

Work zones play a crucial role in separating construction and maintenance activities from traffic. They provide a safe area for workers and a safe route for all road users. However, work zones also frequently involve changes in traffic patterns and rights of way. Those changes, combined with the presence of workers, and the frequent movement of work vehicles, may lead to crashes, injuries and fatalities.

"No matter the job, no matter the weather, our crews work diligently to serve Portlanders and keep our city moving," said PBOT Director Millicent Williams. "Our work zones are not just for our employees, but for all people traveling in the area. Please slow down when traveling through work zones for everyone's safety." In addition to slowing down, the bureaus ask Portlanders to follow these safety steps.

## Keep your distance

Rear-end crashes are extremely common in work zones so it's important to maintain extra space between you and the person in front of you at all times. Be alert and watch for sudden stops. Additionally, for the health and safety of everyone, give crews the space to complete their work while maintaining proper distance.

## Slow down

Work zone signs apply to everyone traveling through, whether the person is walking, biking, rolling or driving. Follow construction zone speed limits

and don't tailgate. Speed was a contributing factor in more than 31 percent of fatal work zone crashes in 2019 nationwide, a 26 percent increase from the year prior.

## Use an alternate route

When possible, avoid streets with posted work zones.

## Be alert and look out for all road users

Put your phone down and pay attention to the road conditions ahead. Distracted driving, which includes using your phone, is illegal.

## Carefully move over

When possible, give workers more room between them and your vehicle, but do not veer into an oncoming traffic lane.

## Stay clear of construction vehicles

## hicles

Heavy vehicles travel in and out of work areas and can make sudden moves. While it's interesting to see machines at work, keep a safe distance from the work zone if you plan to watch.

## Expect delays and be kind

Work zone activity often leads to congestion, delays and traffic queues. Be understanding that crews are working to get you through the work zone safely, while also completing street improvements efficiently.

"Our workers take care of our most critical needs—improving our streets and getting water to the tap," said Water Bureau Director Gabriel Solmer. "Let's take care of them too. Thanks for showing your gratitude by proceeding with caution through worksites."

## Crossword Answers

Turn to page 19 for the puzzle.

1	S	2	W	3	A	4	M	5	A	6	W	7	A	8	Y	9	O	10	L	11	D
12	H	E	R	O	13	M	A	R	E	14	B	E	E								
15	O	V	E	N	16	A	G	E	S	17	T	A	N								
18	W	E	N	T	19	T	E	A	20	T	A	R									
21	T	H	E	E	22	S	H	I	N	23	Y										
24	R	U	G	25	T	E	N	S	E												
26	C	27	F	A	R	A	28	W	A	29	Y	T									
30	A	R	31	E	A	S	32	S	H	Y											
33	P	E	N	C	E	34	I	S	35	N	T										
36	P	E	T	37	M	R	S	38	I	R	O	N									
39	O	A	R	40	R	O	O	T	41	N	I	N	E								
42	D	I	G	43	O	R	A	L	44	E	A	T	S								
45	D	R	Y	46	W	E	R	E	47	S	L	O	T								

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# NN Neighborhood Notes

from page 15

We also have a large U-Price-It rummage and plant sale. See [richmondpx.org/richmondcleanup](http://richmondpx.org/richmondcleanup) for details on what you CAN and CANNOT bring to the Cleanup.

By May 13, contact [richmondcleanup@gmail.com](mailto:richmondcleanup@gmail.com) to sign up for a seniors/disabled pickup service to have your stuff taken to the church.

Metro will also be collecting Household Hazardous Waste, which is limited to household batteries, compact fluorescent lights (CFL) (no broken bulbs or fluorescent tubes), meds and sharps. NO paint, chemicals or cleaning supplies will be accepted. See website for details.

We need volunteers to fill the 11 am-3 pm shifts. Pizza lunch will be provided. Contact [richmondcleanup@gmail.com](mailto:richmondcleanup@gmail.com). If you have a passion for recycling, helping our seniors or getting involved in fun community events, this is the event for you.

The next RNA meeting is Monday, May 13. Everyone is welcome. Come and check out a meeting and learn about ways to get more involved in your community.

## South Tabor Neighborhood Association By Cathy Kudlick

Come meet your neighbors by joining the South Tabor Neighborhood Association (STNA). We meet in person on the third Thursday of the month (for details, visit [southtabor.org](http://southtabor.org)). It's free and open to everyone who lives, works and appreciates the rectangle bordered by SE 52nd Ave., SE Division St., SE 82nd Ave. and SE Powell Blvd. Future 'meetings' might be held outdoors in one of our many green spaces.

Mark your calendars for Saturday, June 8 for our annual event where we invite neighbors to host yard sales and show off their gardens. More details will be available in next month's *The SE Examiner*.

We're reviving "The South Tabor Crow," our quarterly online neighborhood newsletter! Subscribe at the STNA website or be on the lookout for snail mail from the STNA that will give further information.

Our land use committee (which meets the third Tuesday of the month, two days before our regular meetings) has been educating interested neighbors about the ins and outs of permits and zoning, which impact new construction and much more in our neighborhood.

Share your enthusiasm for South Tabor by joining our low-key Board. Several three-year terms are open, including Treasurer, Land Use Chair and Events Chair. It's a great way to interact with neighbors about things that matter to you. At our May meeting we'll be collecting nominations.

The next meeting will be Thursday, May 16, 7-8:30 pm. We'll list the location on our website, on our Facebook page, our mailing list and on NextDoor.

## Sunnyside Neighborhood Association By Gloria Jacobs

In April, the SNA Board voted to support efforts to fight the CEI Hub, which stores volatile chemicals and fuels along the Willamette River.

The SNA, in partnership with nearby residents and area businesses, is planning to repaint Sunnyside Piazza at SE 33rd Ave. and Yamhill St. later this summer. If you are interested in helping with planning, please email [sunnyside-piazza@googlegroups.com](mailto:sunnyside-piazza@googlegroups.com).

Interested in meeting the candidates for District 3 council seats? SE Uplift will be holding a candidate mixer Thursday, May 23, 6-8 p.m. Find more info and RSVP at [shorturl.at/kqA17](http://shorturl.at/kqA17).

Annual Board elections are Thursday, May 9, 7 pm at SE Uplift. If you are interested in joining the Board for a two-year term and would like to learn more, please send an email [president@sunnysideportland.org](mailto:president@sunnysideportland.org). Everyone is invited to come and vote. It's always a fun meeting. It's pretty short and there are refreshments!

## CCC to Open E Burnside Treatment Center Next Spring

from page 1

ronment to temporarily house and provide services for those fresh out of detox, some were relapsing into their previous drug use patterns. The new center is designed to provide such an environment.

"This program will provide temporary housing and treatment for people experiencing substance use disorders who will benefit from a more structured level of service," says Andy Mendenhall MD, CEO of CCC. "Medicaid data informed us we needed more of these services, and aligned leadership empowered rapid success with this project."

The center will be drug and alcohol free and will provide housing and "step down" services to people experiencing drug use disorders. In addition to serving people with acute needs, there will be "community reintegration" services for residents who are progressing in their treatments

and need help finding permanent housing or employment. The total expected length of stay for a resident will be six to nine months.

The facility will be operated by 55 full-time employees and staffed 24 hours a day. Residents who leave the facility during their stay will typically be accompanied by staff members or approved recovery support specialists.

The decision to create the center was based on recommendations made by the Portland Central City Task Force, which is composed of state and local community and business leaders with the goal of revitalizing "the economic well-being and future of Portland's Central City." The task force is co-chaired by Governor Tina Kotek, Dan McMillan, CEO of Standard Insurance company, and includes Portland Mayor Ted Wheeler, County Chair Jes-

sica Vega Peterson and CCC CEO Andy Mendenhall.

The group released a report and list of 10 recommended changes on December 11, 2023 that included "a charge to expand residential substance use disorder treatment services." According to Mendenhall, those recommendations, which were made public after the bid, led directly to the joint state, county and city decision to fund CCC's purchase of the building for the new treatment center.

"The urgency and collaboration that made this purchase possible is precisely the kind of leadership this moment demands," said Governor Kotek. "I want to thank my colleagues at the County and City, as well as Central City Concern and CareOregon for rising to the occasion. See a problem, see a viable solution, run toward it."

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# BA Business Association Notes

from page 14

## Foster Area Business Association By Jeff Lynott

The Foster Area Business Association (FABA) is in full-planning mode for the second annual Foster Summer Soiree Saturday, June 22. Mark your calendars for a day of sidewalk sales at local businesses, live music and entertainment in Laurelwood Park and fun activities at various locations along SE Foster Rd. If you can't wait for June, join FABA and the Foster-Powell Neighborhood Association for the "Third Saturday in the Park" event (May 18) with free yard games for the community.

Learn more about FABA's events at [fosterarea.com/events](http://fosterarea.com/events).

## Hawthorne Boulevard Business Association By Nancy Chapin

Welcome to May! So much going on and so many things to do and prepare for.

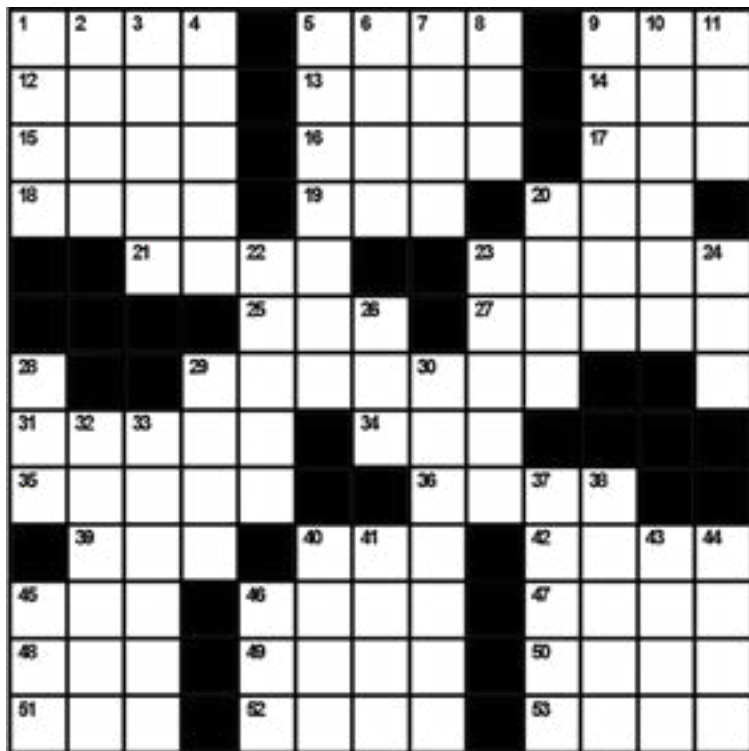
One of them is Mothers Day, Sunday, May 12, a day to contemplate and remember the people in our lives who are or were our mothers or who served in that role. The Boulevard offers many ways to say thank you — a card, a reminder of the good times over a meal or a treat, an adventure, an opportunity to reminisce, run an errand or go shopping, have a manicure or other self care time together or in memory.

It is also the time to start preparing for the Hawthorne Street Fair, Sunday, August 25, as many potential participants have been doing. For more information go to [hawthorneblvd.com](http://hawthorneblvd.com).

## Work Your Noggin'

Across

- 1. Did laps, say
- 5. "Shoo!"
- 9. Timeworn
- 12. Star
- 13. Filly's mother
- 14. Stinger
- 15. Convention \_\_\_\_\_
- 16. Seemingly forever
- 17. Car color
- 18. Shoved off
- 19. Iced with lemon?
- 20. Sticky stuff
- 21. Prayer pronoun
- 23. Bright
- 25. Hairpiece
- 27. Rigid
- 29. A long way off
- 31. Parts
- 34. Like a wallflower
- 35. Copper coins
- 36. "\_\_\_\_ she lovely?"
- 39. Pooch, for example
- 40. Lady
- 42. Strike while the \_\_\_\_ is hot!"
- 45. Canoe equipment
- 46. Dig like a pig
- 47. Cat's lives
- 48. Archaeological site
- 49. Examination type
- 50. Chows down
- 51. Out of the wet
- 52. Lived
- 53. Coin receiver



- 4. Time division
- 5. Not the highest grade
- 6. Hourly pay
- 7. Territory
- 8. 70's rock group
- 9. Come by
- 10. Gets smart
- 11. Lair
- 20. Anonymous references
- 22. Clear the blackboard
- 23. Doesn't go
- 24. "Is the soup \_\_\_\_?"
- 26. Exxon product
- 28. Explosive device
- 29. It's the truth
- 30. Referee's tool
- 32. Fix
- 33. Available power
- 37. Half courses, in golf
- 38. Judicial tribunal
- 40. Extra
- 41. Crowd noise
- 43. Catch \_\_\_\_
- 44. Home, informally
- 45. Not matching
- 46. Commotion

Answers found on page 17

Down

- 1. Vegas attraction
- 2. "\_\_\_\_ Only Just Begun"
- 3. "You \_\_\_\_ kidding!"

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## Neighborhood Happenings:

### Mt. Tabor Art Walk

Saturday, May 18-Sunday, May 19  
10 am-5 pm  
mttaborartwalk.com

Come enjoy quality visual art at the 17th annual Mt. Tabor Art Walk! This is a wonderful opportunity to meet some of Portland's local artists right in their studios. Representing all kinds of media from photography to ceramics to paintings, this is a Portland tradition you won't want to miss!

### OMSI Sci-Fi Film Festival

Ongoing through Thursday, May 23  
omsi.edu/exhibits/sci-fi-film-fest

OMSI's Sci-Fi Film Festival this Spring showcases over 40 of science fiction's most memorable films over an eight-week period. From older classic movies to more recent sci-fi films, this festival appeals to all ages and interests. Visit the website above for a full schedule and come enjoy your favorite movie on the Empirical Theatre's giant four-story screen!

### Oregon Wine Month

oregonwine.org/events-programs/oregon-wine-month

May is Oregon Wine Month! Visit the above website to see any special events or tastings in your area.

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Inventory

2.3 Months

Ave Sales Price

\$600,800

Median Sales Price

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Ave Days on Market (YTD)

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Change in the Past 12 Months

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